

1) Rule for Drinking. A glass of cherry before - and a
pint bottle at dinner.

2) Rule for Prayer. Reading & prayer at ~~11~~ 11.30; 11 on
fast day to; also short prayers at 9.
1 and 3. each to be accompanied with
a distinct recalling to mind God's Presence.

3) Rule for Duty. Regular inspection at morning quarters
& after. with constant carrying of a
memorandum book.

4) Almsgiving - Seventeen dollars per month to be
put in upon my monthly drawing -

5) Fast & Feast Days - When a Collect & Gospel is ap-
pointed, meditation thereupon for half
an hour at 3 P.M.

Rules to be deliberately & prayerfully read
at my morning devotions; & a prayerful self exami-
nation in the evening -

I allow myself as having an unsettled life for
sufficient cause to anticipate or postpone a fast or
feast day -

Rules not to be added to before sent.

MAU

Mary

H. A. A

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UNADILLA

MAUMEE

ONEIDA

IDAHO

V MAUDE Y Y SOLDE H.A.M.C

VICTIM

MAUDE NELL
H.A.M.C

M Mirabel
H.A.M.C

HAMILTON

KATHARINE

J.P. Cummings

MAUDE

LADY

MAUDE

Jessie G. Solde

John Quincy Adams

John Q. Adams

John Adams

John Quincy Adams

H.B. Durand

EDITH

Yokohama

Yokohama

HELEN

PEACOCK

HIOGO

John Quincy Adams

JAPAN

MINI

Alcibiades

HELEN

MAUDE

HELEN

NAGASAKI

MA

Augusta

H.A.M.C NAG

Magasaki

AUGUSTA

H.A.M.C

Nagasaki

YELVERTON

H.A.M.C.

Heber

Magasaki

John Quincy Adams

Alfred S. Mahan
U. S. Navy

Yokohama, Japan

March & April 25th 1868.

At sea, bound to Hogo, Japan
July 5th 1868.

At sea near the Looe Islands, China Sea

January 24th 1869. EDITH

Looking (nominally) for U. S. M. S. "Albatross"

1
Yokohama, Japan

Second Sunday after Easter 1868

April 26th

I began the last book of my journal on the first day of August 1867, nearly nine months back. We were then on our passage from the island of Iohanna to Aiden. The last, owing to the greater regularity of my life was more continuously kept than any previous journals. I hope and pray that the system of self-examination thus attempted may be successful to the health of my soul, and to the glory of God.

This morning I rose rather late than usual and was delayed by more than ordinary amount to do. This troubled me both in my prayers. When I attempted them after breakfast, the sense of being cramped for time seized and distracted me. Dr. Lee was to come on board for service that a little early which pressed us. At service my attention was not good, I was guilty of being distressed by both faults of delivery or manner in the sermons. Thinking of its effect on others. I have been very willing to take dinner with the doctor, indeed I think it was hardly necessary to invite me again. Lay down at 1 o'clock and slept for an hour. Read after lunch my morning prayers were quite devout. Have engaged in one or two jostling disputes. I'm for a little irritable. Spoke a little unkindly of Ludlow once, & showing of my unkindly feelings towards him.

Evening.

Went under the weather with a present conviction that it was in great measure my own fault. Did not do anything during the afternoon - was feeling irritable and heavy. Unusually I was eating and drinking more than is right or good for me - it is affecting both mind & temper. Had some a little of it in

Waked first up to Carralls; gave orders there to the vetto to have our horses ready to morrow morning early. Waked up Dr. Lics and not finding him in, sat down & read till he came. Talked a while aft. his return and then went to church. My attention there was very poor, thoughts wandering and almost vain. I am ashamed, when I think of things that pass through my mind. How would I blush if man knew them, yet God does know. Upon my return ate a hearty dinner, being in a very bad humor also. Since dinner have read a little from Lighton.

My days lately have been marked by irregularity and by overfeeding. Let us then beware & amend.

Monday April 27th 1868

Rose pretty early this morning but still behind my intended time; and had only time for my prayer and for my reading before my morning ride. Despite the threatening appearance of the weather, I went out & started and had quite a pleasant time; a gale of wind blowing when we returned, had some difficulty in getting off to the ship. Ate heartily at my breakfast but did not overeat. Have read and said my hymn since breakfast, but at this time of day there is always more or less duty which distracts my devotions. No temptation to impatience but I still feel sure that I am as it were and the brink of it; in an irritable frame due in great measure to drinking too much.

P.M.

Had general quarters this morning. Was in a reasonable frame of mind. Received the new ward room chain. Investigated the report against the late Captain of the hold. Finished my letter to brother and mailed it. Read the newspapers. Read from Lighton at seven o'clock. Ate moderately at lunch. Since lunch have been engaged away my time a little until at last, I came to my ordinary prayers. There had a tendency to be distracted. Spoke hardly

or drunk too much; and I do not remember any wrong conversation, scandal or anything of that kind. Have not however had any time for meditation which is a disadvantage of the present time set aside for that exercise; evenings are so apt to be interfered with.

Thursday April 30th 1868.

Rose at 6.30. This is not a sufficient allowance of time and my read was postponed to after breakfast. Retired the deck shortly after seven bells, was in a very bad irritable humor. Found the devil possessing himself of me again, as he has so often done by means of that infernal fustian spirit. Spoke harshly to others, & was sent at the breakfast table. Prayed earnestly for God's help, and think I was receiving it; but I feel as though I was close to ruin many and I know He only can save me. He was so sullenly & sullenly at breakfast.

1 P.M.

My temper has been rather better during the day, and I sought the right help that it might be so. Had an unpleasant business at 12; Mr. Emory speaking so very badly and disrespectfully of the Captain as to necessitate my sending for him.

Evening

I went ashore soon after writing; walked to the mine and had my measure taken. Thence I went to the ministers and paid a short call, and from there I walked to the club. After reading some little time to Carroll's; rode out with Jones. After our return I drank a glass of whiskey, and returned to the ship. The fall off was very long & chilling but I hope I have escaped without serious harm. Mr. Farland & W. Weston came on board to dinner. I drank freely, too much I think although head & all are perfectly clear now. They remained till 7. For sins of the tongue I do not now

recall any, one or two cases of reviving some old well known scandal - as about Shuttleworth obtaining his first commission in his Corps. My main fault, if it has amounted to a fault has lain in the amount drunk to night
Friday May 1st 1868.

Rose at 6.30. Feeling a little heavy and nervous. Can there be a reasonable doubt in my mind that this smoking and drinking are injurious to me - although in the aggregate I cannot be said to be excessive in the use of stimulants. Morning prayers were earnest; did not quite complete my prayers before breakfast though I did almost.

1 P.M.

This morning we had general quarters. The cold damp weather is taking into my bones - and incummoding me a great deal with rheumatic tendencies. Some English officers visited us - received by me. The tobacco smoking at lunch & evening prayers rather lifeless.

6 P.M.

Read the Analogy pretty early this afternoon; attention a' first dull but before long I warmed up to my work. Have not had a great deal to do to day. Lingered away a good deal of time over a book of sermons.

8 P.M.

I ate very heartily at dinner to day. The report that we would return to Houg's has troubled all of us a great deal, and I sinned with my tongue and by lack of submission in dwelling upon it. Have been reading since dinner.

Saturday May 2nd 1868

Arose in good time this morning and had time for my prayers. After breakfast I determined to try and look forward to my day and also to.

7
Consider, in this my position so contrary to my natural
tendencies and such qualities as I naturally possess,
what were the opportunities & what the duties devolving upon
me. The reflection brought me into a brown study, and I have
been suffering from despondency ever since. It is a most
futile game to be in. I have prayed against it, and am
trying to throw my burden upon God but it is hard. Have
fretted and so fallen into evil. Had I seen & pray against my
danger. Fetched about the ministers; refrained from grumbling
against the Captain.

P.P.M.

I had to bend sails. Was feeling nervous, irritable
and depressed - and also troubled in spirit; for I am
not satisfied at my work, and feel as though more effects
should be visible of good; yet I know that I should be
contented whenever I find myself by the Providence of God.
Went ashore intending to have a talk with Dr. Lee on the
subject, but did not find him at home. Rode round the road
After my return called upon Mrs Phelps for a few moments.
Returned to the ship; drank a little ale at dinner. Am
not affected by what I have drunk.

Third Sunday after Easter. 1858
May 3^d.

This morning I was exceedingly sleepy and a little delirious
in writing rising. The early morning was hurried; I wanted
to get through our services on board and be off to church
on shore. Was fustful and angry about a trifling forgetfulness
of orders on the part of Mr Bradford. My attention was faintly
gone at our own service - my external demeanour comparatively
attention and devout both then and when; but oh how
vain and wandering my thoughts. How pitiable my conceits
and self-consciousness - would that it were taken as
something as it is humiliating. I received good sermons
I have heard today. - Received the Holy Communion

feelings cold and hard; I had to content myself praying calmly and thoughtfully without fervor or conscious feeling. After Church joined Mrs Phelps and walked to her house with her; she asked me to tiffin and I felt as though I should accept after some waiting however. I felt it was not fair to Ludlow, and excusing myself I made for the ship. My talk with her was not ~~unduly~~ wrong in any way, no talking of father &c. Evening.

Read a sermon but without much either of interest or of feeling. Was not then expecting to go and show as Ludlow had said he would, but as he subsequently changed his mind I left the ship at 4.30. Walked about until Church time. In Church the same fault of inattention and self-consciousness. Returned to the ship immediately after service. At a hearty dinner, but have denied myself drinking to day by God's grace. I hope I shall yet be able to accomplish the end I have in view, by self denial in this matter. No temptation to-day to evil speaking or to impatience, and no work on this the day of rest.

Monday May 4th 1868

I was exceedingly heavy with sleep this morning and almost was unable to open my eyes. I was ready for my devotions at 7. Meditated upon the "Incomparable Post" and prayed that the lesson might not be lost upon me, but deep groans upon my heart. Prayers earnest and attention. The moments were passing forever, distractions waste what can never be recalled. At breakfast I was tidy; my morning was first disturbed by the clock being behind hand and so making me late in hoisting sails. Then however said the clock was not behind hand which made me ~~be~~ vexed, for it was; and so I was tart in all my replies. That can never be recalled - those moments of unlovely irritability cannot be changed to sweet charity now. They are gone for ever - pardoned they may

be - and will be - but respect and hallow'd - never. / I prayed
and am more cheerful. Attended conscientiously to my duties.
from 7.30 to 8.

1 P.M.

This has been a busy day prayerfully forecast and for the
most part marked by willing attention to my duty, by a patient spirit
& cheerful. No opportunity for evil speaking, has offered. I have
not felt inclined to despondency. I went on board the *Memoracy* at
12 having very some business to attend to, which could not well
be postponed. They persuaded me to stay & tiffin, at thoughtlessly
but very little and was preserved from drinking without effect.

5.30 P.M.

This afternoon in the early part was rather wasted

2 P.M.

The ship began to roll quite heavily at this time, and
I thought it best to go on deck and see what was needful to be
done. The first of the afternoon was wasted as I said owing to
the uncertainty regarding our getting underway due to the steam.
My temper was a little inclined to fretfulness but I mastered in a
great measure, and my mind has been a good deal secu-
larized with the thought of the *Irreparable Past*; to save the moments
as they pass. Not that I have done perfectly but a little I
have tried. At dinner today I ate heartily, a little too much
I fear; drank nothing. Read slight reading from after dinner
until 9. For the most part I have been willing and cheerful
during the day.

Tuesday May 5th 1868

Rose in fair time this morning, very sleepy. Rapid
in dressing I was ready for my prayers at 7.00. They were
in vain, with strong effort against distraction, not wholly
successful. Attended to my duty on deck very well.
Ate moderately at breakfast. but was not much tempted to
improper conversation.

1 P.M.

This forenoon we had general quarters. I prepared by earnest prayer for the morning's work and temptations, and by God's grace I did triumph in some trifling things. Still some little time was wasted - from want of seeing quickly how to employ it. Came to my noonday reading at 11.30. Read carefully. Rather discouraged, and oppressed by a very bad cold and fever for a while that it was overcoming me. Ate heartily at lunch, but did not drink.

5.30 P.M.

At one o'clock called away the boats and sent our landing party on shore. As this took off all the line of- ficers excepting myself I had to remain and take charge of the deck. When I spent all the afternoon until the past few minutes. Several Japanese boats during the afternoon loaded with men and women. Thoughts variously occupied they what was passing around us.

9 P.M.

Sat reading in my room until dinner time. At dinner I ate heartily but not excessively and drank nothing. Since dinner have been reading until the last few minutes which I have employed in nothing excepting glancing over my photographs. Don't recollect anything very in conversation. Tempers not tried.

Wednesday May 6th 1868

This morning I was very sleepy, and rose late. Was cramped in time for my devotions, but took it out after some bells. We had General Quarters last night; I was sickly about it and ill tempered while on deck - called our man a fool, in haste. He indignantly at breakfast; and I think I refrained from some evil speaking while there. Was disposed to be vexed at the order to cross to quellant yards today but by thought and

in prayer. God delivered me, and my temper throughout was good. Have target and other exercise before me today.

1 P.M.

This forenoon was not spent faultlessly. The Captain interfered and bothered, as he is so apt to. I do not think that I gave way to my natural impatience & lethargy under such provocations entirely - but I know that in some measure I did; all which is now in the irrevocable past. Attended fairly to my duties. Prayers subject to some distraction at noon further aggravated by the incessant talking of one in the mess-room. Read before lunch. Ate heartily at that meal, but not excessively, and drank nothing. Had suppressed some movements of impatience. But the day has been one of ^{spiritual} ~~temporal~~ resistance; I suppose owing to lateness and inattention of my morning prayers.

6 P.M.

Have been a little ugly about Japanese among our board and have grumbled about our remaining here any longer. Also have dozed away some time due in part at least to heavy sleepiness. Studied Batten's Analogy during the past hour.

Evening.

Went out to dinner; drank nothing. Ate heartily but not immoderately. From after dinner until 9 reading in my room. I have given rather too much time to this. I think the whole day has suffered in a measure from my failure to rise in time for my morning prayers.

Thursday May 7th 1858

This morning I rose in better time and had sleep enough for my prayers. Remembering that time once lost cannot be repaired I was careful and prayerful for attention to them. On deck I did my duty pretty well, but not in my heart; as I did not suggest the crossing of the topgallant yard, though I know the Captain would have

wanted it. At dinner breakfast ate moderately without
much appetite, and my temper became more cheerful
and happy; we had a good deal of light jesting conversation
I had before me today exercising shipboard sail

12.30 P.M.

This forenoon I had prayed for grace for patience and
to my duty well. Doubtless I owed to this that my failure was
not worse - but I did fail very badly. The captain was pro-
ving as usual in great ways and small ways. I spoke
down some careless - cast the government of my tongue -
criticized and ~~blatantly~~ abused him, and generally talked
wrongly and without admitting my own faults - which doubtless
did. The whole thing is I lack humility, to submit my self-
will to others. Ate moderately at lunch and drank nothing. I
got on with mortified conceit for which I need mortification
O.K.M.

I read from a sermon and forgetting the fact and
resolved to try and bear better in the future. I have been
much troubled and worried by low spirits, and a tendency to
complain and reprove - against this I have prayed, and
have tried to study and turn away my thoughts from
my frustrated wishes. Success has not been perfect - yet
I have not grievously failed

Evening

In coming to anchor this evening, my temper
remained good. I had prayed for grace, and things
went on very much better than they had in the morn-
ing. At dinner I ate quite heartily but not too much
felt more craving for drink than I had before this week,
but was enabled to resist my desires. Have been reading
most of the time since dinner.

Friday May 8th 1868

This morning I was called and rose at 4.30. Got
ship underway; temper generally good. After preparing

down came to my room for my morning devotions. My attempt at meditation was distracted and feeble. When I went on deck, was immediately greeted and spoke dis-
respectfully of the Captain. Attended to my duty willingly and zealously. At breakfast ate moderately - fast a
trifle. Am feeling nervous

1 P.M.

My time was pretty fully occupied during the forenoon; that is I had to stay on deck. Was a little im-
patient at our more distant anchorage in Yokohama, and
although for the most part I held my tongue still, got once or
twice I did speak amiss - Read pretty carefully at
4 bells - being interested. Ate moderately at lunch
Have attended pretty well to my duties

6 P.M.

Lay down and slept for an hour. Then pulled
round the ship and finally went to the Provocacy, stayed on
I was there until half past four - talking with McFarland.
Have heard do not remember offending very much in my
talk. Since my return have been making a noise.

Saturday May 9th 1868

This morning I rose after seven, having been
up till midnight. Had time for my prayers
but not for reading before breakfast. Read after the
meal. Fell into wrong talking about both Carter
and McFarland this morning and was in a bad
frame of mind generally. Have been feeling rather
nervous and unwell. Attended to my duty fairly
Spirits are depressed

Evening

I went on shore at one o'clock in a depressed &
bad humor. arrogantly not desiring to go in a boat
full of other officers. I took a sampan. Went up
to the Club, met Woolverton who proposed to go

to go to the races. I agreed and we started off to Carrolls, for our horses. Brown and Carroll went with us. Stayed through two of the races and then W. and I mounted again and returned to Yokohama by the valley road. I determined to seize the opportunity to talk with him, having so fair an opening through the volume of sermons which he had lent me. I like him very much, would be attached to him I think if we were enough together; so I was both surprised and grieved to find him, after having so far turned to God, as to be confirmed on this very cruise, now to have taken to rationalist reading and as he hinted to have forsaken prayer in great degree. I should grieve to hear this of any one of course but when anything like affection is felt for the person human feeling will be more excited. We talked a good deal as he seemed to speak willingly but my tongue was fettered and I did not pray mentally. Oh the irreparable past. Walked to the club again and read until my return on board. Smoked two cigars this afternoon, and so destroyed my appetite for dinner. After dinner I smoked and have been depressed and gloomy all day. Expresed myself wrongly about an act of the captain's this evening.

Fourth Sunday after Easter 1858
May 10th.

I rose in good time this morning; in dressing my thoughts wandered, but in some measure ran to that matter to which I alluded in yesterday evening's journal. At breakfast I ate moderately. My appetite both yesterday and today has been anything but strong. Attended fairly well to my duties. Church on board at 9.30, fairly attended. Went ashore after that to service. Had a long conversation with Dr. Lee concerning the propriety or advisability of my

attempting to interfere in the matter. I asked generally beside. Mr Church's (my attention was better and devoted more fervent than of late has generally been the case) I am feeling in a strange frame of mind, restless undecided uneasy; with a strong longing to smoke. I don't think I shall be at ease until I am delivered of this present burden.

Monday May 11th 1868.

This morning I rose at 6.30 very sleepy. Thought of the Captain's faultfinding concerning the deck - and that rather bitterly. Also of my letter to - . Prayed earnest though I am feeling a little hurried and unwell - did not get through my reading. A terribly mortifying blunder made in crossing sails - I was greatly incensed but have not yielded so much as sometimes. The disposition to swear was certainly there.

1 P.M.

I am not well to day - and I have been both nervous and fretful during the forenoon. The step I have taken of writing to - has tended to keep me excited & somewhat uncomfortable -; for I am not sure in what spirit he will receive it - and I should regret an estrangement. Prayer and reading ~~are~~ were a little disturbed. I've felt and spoken bitterly concerning some actions of the Captain today - which he has been decidedly wrong.

5.30 P.M.

Lost my temper very wickedly and burst out at Daisy for what was not his fault - only misfortune. I have been uneasy, nervous all the afternoon and have not persevered in any of my efforts at study - Temper very unquiet.

Tuesday May 12th 1868

This morning I rose in good time and got by slow dressing was cramped for time for my reading.

My prayers were however earnest and not hurried. Re-
lieved the deck punctually at 7.30 and attended to my
duty fairly well - At breakfast ate moderately -
1 P.M.

Nervously uncomfortable and somewhat irritable
all the forenoon; have therefore looked out a little. I am not
well either - a headache and light fever hanging constantly
round me. Have eaten little and not been very despondent
9 P.M.

I went ashore at one o'clock. Walked to the
Club and read a few moments - then rode up to Lady
Parkes and paid my party call. After my return
from there got my hair cut &c, and went to the Club a
second time and to the Commercial, hoping that if
Woolvanton were on shore I might meet him - but did
not. Rode round the road & drank a little brandy
when I got back. Returned to the ship not long after.
Was a good deal amused by my discomfiture when Lady
Parkes asked me the difference between the Democratic &
Republican parties - At dinner I ate pretty heartily
after dinner talked with the Captain and also with Ludlow
who has his usual amiable talks on board again. Have been
reading since in my room

Wednesday May 13th 1868

This morning I rose late - was taken sick
during the night and on this morning feeling under
the weather. Did not relieve the deck before breakfast
and so had time for all my morning prayers. Read
after breakfast - Captain sent for me to talk over
the paint requisitions, I had just received a few
assurances before a letter from Woolvanton, and I was
so glad to find that he had received kind what
I had said in my own, and felt a sort of spiritual
sentimentality at the thought of good attempts to be done

to another; as is often the case I felt irritable after these feelings to discuss a earthly measure in which I was likely to be thwarted by what I considered the needless scruples of another. I have noticed before that a man, rapt in what appears to be most holy and spiritual reflections, is more than usually open to such failings of temper. The feelings are open to suspicion. Went on board the Monseacy. Carter snubbed me, and I answered back. After he left the ship; this was talked over by several of us, and I talked somewhat foolishly, & also during our general conversation other people came up for discussion. I don't know that I spoke brazenly of anybody else but such subjects are always dangerous. Lunched on board the Monseacy. Carter returns afterwards and sent for me in the cabin, I felt that my talk had been wrong that it was my duty to show an appearance of not having noticed his previous conduct. But this was not all - I felt my usual dislike to contentions & a certain sense that I might come out second best. Such mixed notions induce us all to what we do.

P.M.

All this afternoon I read a book called "The Guardian Angel" by Oliver Holmes. I found it remarkably pleasant reading. At dinner I ate moderately enough. Drank some Portac both afternoon and at dinner; it went to my head a little. I have been reading also since dinner. My thoughts have wandered off to many subjects and much tendency to vain self complacency makes itself manifest. I cannot tell well how far I yield there to but I hope that by God's grace I will overcome finally. My vain thoughts are terrible to think of. Have made one mistake this afternoon in telling the Captain of Carter snubbing me this morning. Perhaps might have

Self affronted by it. Lewis & C.

Thursday May 14th 1868

This morning I rose early and dressed in time to give myself all for my prayers. The same sources of disquiet that weigh upon me still exist in the human regard and affection I have volunteered, more than I have felt for any one in a long long time, my regrets at our separation, my anxiety to see him hold fast to the profession he made before many witnesses and to which by his own confession he has not adhered; all this mixture of human & Christ's affection makes me anxious and depressed & nervous. I am unwell which of course adds. One comfort I have that I do pray, amid all the mixture & complication of feelings that is my stay and my hope.

All these are at best sentiments and they say the recording of them tends to the fostering of spiritual pride. I have suffered from none of my usual temptations to day - in fact my mind is just now possessed by abnormal temporary emotions which have usurped in some measure the place & play of my ordinary disposition.

12.30 P.M.

This forenoon has been passed in reading a novel, for which I gave myself a dispensation. At 11.30 read a sermon. At lunch ate moderately.

Evening

This afternoon I read until I had finished "The Guardian Angel". Tried to sleep but could not fall off. Have been in a gloomy unhappy mind all this evening, against which however I have striven and prayed. I tried Butler but superficially. At dinner I ate pretty heavily. I have been singularly upset these past few days and am so still - all my fixed habits seem to have disappeared and I am in a maze - It will pass soon I hope and I shall regain my regularity.

Friday May 15th 1868

This morning I rose in good time - prayer was earnest and receiving attention. No special temptations as yet. Have been in a calmer more untroubled state of mind than has recently been the case. God will help me. Attended to my duty fairly well.

P.M.

This morning had general quarters and afterwards boat exercise. No very special temptations excepting my usual ones, and the tendency to dull disappointed inactivity of late very evident. Keelied in some measure. Was kept on deck until 12. Aft lunch ate moderately and afterwards got talking about the narrowness with which our fellows were seen about on shore. Rather a self conceited pronouncement in truth - talking credit for a very small matter.

5.30 P.M.

This afternoon I have been very nervous - and also irritable. Have not suffered so much from depression - and hope that phase is now passing by. Broke out and cleaned my bunk and have studied Butler, and talked a little; and also dawdled away a little time. I am getting anxious now to bring Butler to a conclusion. He is pretty hard work, though I think I have reaped benefit from the pursuit; but I want to get at another study.

Saturday May 16th 1868.

This morning I rose early enough to have all due time for my prayers - and devotions. Prayed earnestly for the day and hope I shall suffer less than I have done from weariness and exciting feeling - ate moderately at breakfast - attended pretty well to my morning duties. No special temptations.

Evening

Woolen tow came on board this morning having been preceded by Mr. Furland. My mind

Was a good deal distracted and thoughts inclined to be
 bitter; as was also my expressions at times. Was kept
 occupied up to noon, and had no time for my prayers
 until after lunch. Was terribly depressed after lunch.
 In truth I am disappointed. I see clearly that I had hoped
 to find friendship and sympathy in Westchester, and I
 have been disappointed - he is less inclined to like me I
 think than a month or two back. Will this only leave me
 when I was? True in one sense not in another. The yearning
 for sympathy has been awakened; shows us less than before, but
 I desire it more. The great want of my life, present sympathy
 is just more felt; before it but existed unfeelt. It will I
 presume soon pass away but the burden has been very heavy
 today. A strong disposition felt to drink, resisted in great
 measure but not entirely. Rode round the road; a very
 dreary ride to me, remembering the pleasant ones of past days
 and the fact that they were indeed past - forever. This phase
 of feeling is not altogether unknown to me. I recollect
 the last in Washington in October 1855. Such an one tried
 me entering the Naval School in 1856. They are of the nature
 of agony while they last - the heart crying bitterly for that
 which it has not, nor can have.

Had got it is one of those trials the patient endurance
 of which for God's sake, in God's strength, is beautiful & look
 upon in another and most worthy of the practice of us all.
 May He grant me grace patiently and perseveringly to hold close
 to Him saying with my heart "Behold the servant of the
 Lord he it made me according unto Thy will".

Fifth Sunday after Easter
 May 17th 1868

This morning awaked myself having had a
 very uneasy and somewhat sleepless night. Had not
 time for all my prayers - nor for my reading at all
 until after breakfast. My spirits today are in mood

heartful tone - somewhat depressed still but not with the same dead weight. Expected Dr. Lee off to officiate but he did not come; we were kept a long time in suspense owing to the mistake of the boy who had been sent up to his house. I wished then that I did not become so excited and irritable as I would need have done. The Doctor sent word that he would like to see as he would possibly sail in the Scisto this evening. I accordingly called, stayed a few moments and then went to church. Worsulton was therefore earnestly I hoped that something in God's Word either read or preached would come to his heart; it was therefore more than usually trying to hear the dull lifeless reading, so indistinct so undevotional of Mr. Bailey. Nevertheless my soul wait thou still upon God. At church my wretched self consciousness still pursued me - my thoughts either dull or wandering. After it was over went round to Dr. Lee's again and had some conversation with him; he has cheered me somewhat by assurances that he thought I had not been altogether without influence, in my career aboard here, for good. He spoke long of Worsulton - and will wish of us continue to pray for him. I regret that I had not shown more attention to the Doctor in the past - now that I feel my own aloneness more perceptibly I have sympathy for his coming.

After lunch to-day I lay down and slept for some time. After getting up began a letter to mother had written for some time when Ludlow came on board and said he had no intention of going ashore again this afternoon so I left the ship myself to attend church. As I walked up thought I would go into the club for a few moments; met Gordon there, he and I talked together for some time and then straggled out. Conversation as far as I can remember was harmless. At church my at-

attention was better and I was now devout. Has wrapped up in myself. After Church walked rapidly down in order to catch the sundown boat. While waiting for the colors to be hauled down, Lardow came along and said "Come on board and take dinner with me to which I agreed". Remained on board the "Snaf" until nearly ten o'clock. As far as I can recall our conversation was not wrong. I am not certain but that I drank a little too much but as it is hardly yet an hour since I left her, and my mind is hard and so entirely true and steady I hardly think it can be so.

Monday May 18th 1868

This morning I rose at 6.30. Had a profound sleep - and woke refreshed. I am feeling a great deal better today. At breakfast ate moderately; my appetite is slight at present. Had some men coming who want to ship but I refused them, having just prayed for guidance from God. No trials after temper this morning excepting in the case of O'Brien who was impertinent to me.

1 P.M.

This morning passed in the ordinary trifling occupations of an executive officers daily life. No special trials after temper or any other. Came to my morning reading promptly - prayers after lunch a little distracted but by talking outside mainly - somewhat dilatory in under taking them.

5.30 P.M.

Had been busy packing my box for the Pacific Mail and afterwards employed studying Butler to which I gave close attention. No special temptations today.

Tuesday May 19th 1868

Slept late this morning. Have not a really good excuse for it. However did not relieve the officer of the deck and so had time for all my prayers though my reading was somewhat neglected. Ate pretty heartily at breakfast but not by any means immoderately. Have noticed frequently in myself a lack of resolution to confront disagreeable duties, with especially where it involved anything like personal feeling and unpleasantness.

1 P.M.

Had an unpleasant scene this morning - owing to the Captain desiring me to make out a requisition for paint stating that it had been used for certain purposes - when only a part had been so disposed of. I remonstrated and the thing was not forced. Wasted my time in writing a letter to mother concerning my feelings &c as affected by the Woolvatan episode. I could have employed my hours more profitably - and afterwards I tore the letter up. Read at seven bells. Ate lunch I ate heartily - but not immoderately.

6 P.M.

Walked on deck for a spell for the sake of exercise; have studied Butler quite hard for three hours this evening. In truth it requires earnest concentration of mind to see through and comprehend his involved style. Concentrate the effort by prayer. Health is much better, and God has been pleased to relieve me from the terrible depression of the last few days. My spirits is

9 P.M.

Ate dinner to day I ate heartily; grumbled a little about the sameness which characterizes the food, the stevedores running so steadily in our groove. Received a letter from Sam Ash to my somewhat surprise. Talked about the old fellow somewhat. My feelings had reacted from the effort of the last week or so and I am now half indifferent &

and unwilling to speak to Woodvontow unless he first addresses me. Am anxious to try and get Cloud relations with the younger officers - Spoke with temper to one of our servants.

Wednesday May 20th 1868.

This morning I rose a little late. Last night got talking with Mr. Bicknell, and becoming interested in the conversation did not leave till 12. So and missed some sleep. Morning prayer pretty attentive but there is a trace of something like indifference from the ferment of last week. I am now as doubtful of my ability to do the slightest good in that case, as I was before hopeful. His own intellectual ability, the fact that I can only bring forward long and arguments &c &c. The truth is both there and now although in both cases I have prayed and I think earnestly my trust has not been perfect in God. I have longed for answers of word for the power of appeals for the human gift, and have relied too little upon the power of the truth, upon the simple preaching of the Cross of Christ. My arguments are old and simple, false, indeed to the wise, to the acute reasoner; but in as far as they are truly of God all powerful in their simplicity - Jesus Christ is the same too yesterday & day and forever.

1 P.M.

This forenoon has been quite busy for me - The rain clearing away, everything had to be loosed to dry and at last the what with cleaning up &c &c I have been very much distressed. Temper a little irritable, and I spoke quietly & harshly to Lifford and the boy Peters. Read carefully and thoughtfully at even bells, the subjects interesting me very much. Work cheerfully and thoroughly done.

6 P.M.

This afternoon I have studied Butler somewhat - but my brain has been a good deal washed, and my application has been indifferent. The chapters are necessarily

in Butter possesses little interest to me.
Evening.

This evening at dinner I proposed a change of our meal hour to seven o'clock; it occasioned some discussion not always of the most amiable description. I felt a good deal set in my ways about it. After dinner I talked some time with Leach upon deck. Have been writing in my room ever since.

Accession Day 1868

May 21st

This morning I rose earlier - after a really refreshing sleep. Dressed rapidly and had time for my prayers but not for my reading without being crowded for time. Attended fairly well to my work on deck. Since breakfast talked a little.

2 P.M.

The captain this morning refused to grant my request for the watchmen of the fore-castle to keep watches from 4 to 6. Although I am unreasonable; however the steward took his consideration for other and that they may perhaps justly find me unreasonable. Was not fit for swimming with my legs - but at the same time I do think I feel less annoyance, at being crossed than I formerly did. Went ashore at 10 o'clock. Talked a little while at Carrall's and then strolled round to see whether Dr. Lee had really found gold that he had. Talked with Mrs. Nichol. Went to church - congregation consisted of the stewardess, a lady & myself. Had I remember that when two or three are gathered together in His name, He is there among them. After church went to Carrall's again. Returned to the ship at 12. Searched heavily - After lunch talked of the arrangements that might be made for the commencement of the mess; again unpleasant allusion to the Captain.

6.30 P.M.

The evening of the 2^d Little Capuzid and as I felt it was in
good degree owing to my own Stupidity I was terribly vexed and
mortified. My humiliation prevented me in prayer and in reading
and studying. Did not get at Butler until four. I am still
feeling nervous and fidgety.

Evening.

The Monocacy was reported coming in. I went on
board officially and spoke afterwards a few words with some
of her officers. At dinner to-day ate heartily, but not im-
moderately. Drank a little wine excusing myself for the breach
of my resolution by saying that it was Ascension Day - a
feast day. I did dinner washed and took a walk with Leach
Then had a short discussion with Bradford about the change
of our hours. I don't think that I am so careful in
self examination as I was.

Friday May 22^d 1868.

This morning I rose full early, though a little
by mistake. Dressing my thoughts wandered uncon-
trolled. This was the more to be regretted for I found that when
I came to my prayers it took quite a little time to collect
myself. Took the deck at seven bells, and attended fairly
to my work. On an error and mistake occurred about a
signal made by the 'Monocacy'; did not lose my temper
very badly. Have spoken a little about the showing of the
M. in signalling &c. A little nervous and inclined to be depressed
to-day.

5 P.M.

This morning had quarters for inspection and afterwards
around the boats &c &c. I went ashore aboard the Monocacy
and subsequently on board the Snipe to pay my call as to
Gardner. Talked about various matters with him. From there
I went ashore up to Carroll to talk over the arrangements
for our excursion to-morrow. Called after that again, upon

Mrs Phelps. Returned to the ship about one. My feelings have been a little hurt, though I am without just cause. by W's refusal to join our party having intended to go with a person in shore. My hopes of a friend are evidently dashed, and that is wounding, but yet more the danger is, that failing that, I may run into the extreme of indifference to his spiritual welfare as far as I can influence it by prayer or consideration. Tried this before him praying, and the peace that He gave me was refreshing. Have wasted a good deal of time. Whittaker was on board - afterwards came the parties with the minister. I have affected some cynical tack this afternoon, affectations of indifference to things which lie out of my reach - friendship love &c &c spiritual pride and worse taking possession of my soul.

4 Evening

Found it very hard to command my attention this evening, and accomplished but very little with thoroughness. Lived at quarters a man absent; another deserted. This was again mortifying and annoying. Found it hard to rally myself though I spoke as though resigned in my prayer. At dinner I was not feeling very well. Ok moderately enough. Lived dinner I have been talking slightly. The weather promises very well for our projected excursion to Daiboo & for to-morrow.

Monday May 25th 1868

Rose this morning in pretty fair time. Am now tolerably well recovered from the fatigue of Saturday's expedition. Thoughts wandered in dressing and prayer somewhat distracted. Relieved the deck at 7.30. I am now tempted by feelings of half resentment against Woolventon, for his apparent holding our party as a "pis aller" in case of his preferred friend's failing him; also to improper using of my power to face the storm o'clock dinner on the deck - or feeling that to make the rest uncomfortable.

1 P.M.

Today has been very rainy and disagreeable. I have employed myself all the morning writing letters. At 11.30 read from Robertson's sermons. At lunch unfortunately Woolventon's Conduct Concerning the Expedition came up again. I have not yet learned to control my tongue for all my efforts, though I own that I think my comments in this affair have been to-day not unfair -; but why not hold my tongue. Succeeded in avoiding my inclination to drink.

6 P.M.

This afternoon I have spent mainly in writing letters. No special temptations.

Evening.

At dinner this evening I drank a glass of ale; this was a failure in my resolve however plausibly excused to myself. I saw dinner have been had in my room. Ate moderately at the meal.

Sunday May 26th 1868.

This morning I rose earlier. Had plenty of time for my prayers but they were rather lifeless; I think my efforts to bend my will to them were sincere. Rained at 7 bells. When hoisting sails Mr Bradford failed to come on deck and I got very much annoyed which feeling was increased by a bit of mishap which occurred forward. I spoke facetiously about this matter, showed some temper.

1 P.M.

Attended pretty well to duty this morning. Mr. Clarty came on board & talked with him. The Captain proposed to send Mr. Minister on ground. I showed my detestation of the proposition, but was able to refrain from saying very much about it.

Wednesday May 27th 1868

This morning I rose late having sat up pretty late last night. Did not relieve the officer after death and so had time for my prayers. Read after breakfast. At breakfast was a little surly in my temper, avoiding talking. Had some spare time of that odd and end kind that too generally is wasted by me; as this morning glancing and imagining purposelessly. The captain has ordered the grooman to go and show to write for the minister. This annoyed me; but I managed by God's grace to hold my tongue; so much gain at least. Thought somewhat about Woolcutan. Read carefully at 11.30. Spoke harshly about Whitehorn and his swearing and weakness, meaning it for Fletcher, who did not in the least take. Said the saying earnestly, remembering his
Evening.

Went down and slept for some little time this afternoon. Employed during the afternoon in writing a letter to Wm and also one to Woolcutan. This kept me going pretty steadily up to 5.30. Spoke in general conversation of Fletcher's weaknesses. At dinner this afternoon of an unduly strength, and was able to say myself some &c. I scolded F. a little. I have made a mistake in all my writing, I am very fond of hearing my own thoughts.

Thursday May 28th 1868

I was exceedingly sleepy this morning and did not rise as early as I should have done. Was still somewhat heavy, and felt so in my morning prayer. Rode to the well punctually at seven bells. At breakfast I ate in moderation. Spoke very plainly my opinion of the running which they are practicing recently on Whitehorn. Also spoke of the gross propensities of W. Garland. No special trial, of temper &c.

1 P.M.

This forenoon has had light employment. I find I am again neglecting trifling pieces of duty, and also some of more consequence, the innumerable constantly occurring wants of a ship. At lunch ate moderately enough. Read & prayed attentively and devoutly at noon.

6 P.M.

I was very much interrupted in my efforts to study this afternoon before three o'clock. At three I went ashore stopped a few moments at the Club. Then went to Carrolls. I made a serious mistake, feeling rather depressed drank some whiskey. Rode round the road with Fletcher. Have ^{had} no especial temptations today.

Evening.

This afternoon at dinner I showed temperance was disagreeable about affairs coming off late. It is certainly very annoying. I raved and spoke harshly and unpleasantly to different persons. Retained myself through with difficulty from speaking about our promissory to write to the ministers.

Friday May 29th 1868

This morning I rose in good time having to be on deck at 7 o'clock. My prayers were pretty earnest, but I am dreadfully sleepy, and so heavy. Retired to the deck at 7.30 - time occupied in getting sails ready for hoisting. Crossing topgallant yards - an evolution we fortunately succeeded very well. Ate moderately at breakfast, after breakfast dined upon a very little. I am conscious that there is now taking possession of me a sad tendency to uncharitableness, such as this about the mess hall for dining, towards Fletcher for his weakness, little irregularities of demeanour &c &c &c.

1.30 P.M.

Had a good many little things to attend to this morning. I gave cheerful attention to them all. Woodman came and boarded and into my room to see me. I was greatly gratified, for it seemed an assurance that he had a regard for me, which I wished. He was very nervous and fidgety, I wondered from what cause; did he think I was cocked and primed & lectured him at a moment's notice - or perhaps it was physical weakness. But I notice my own physical nervousness is rarely alone, or unaccompanied by some exciting cause. Last thus my round of prayer being myself nervous, and excited; all which was increased by feeling said &c &c. No special pair of temper or of tongue. I have borne with a patience & cheerfulness which I have not by nature some shewing from the Captain about the boat when I wanted my men for work to day.

5.30 P.M.

Have slept sound this evening. Was not so much annoyed and did not as easily yield to my feelings of annoyance when heard that the Stonewall was to have some of our crew sent on board of her. It will interfere with my exercising U'pear. Studied Butler's Analogy with care and attention.

8.30 P.M.

Head quarters after this. At dinner I denied myself a little but especially I did not smoke which is about the utmost in the way of fasting that I do. Mentioned the groom's employment at the ministers' which I should not have done for I could have foreseen the comment that was elicited. A slight discussion sprang up on the subject of legalizing prostitution, which I opposed myself. Boasted a little of success in our resolutions to day. Have kept up a good deal of thinking off and on - especially from my renewed hopes of H.; I can't help fancying when

I recall some of his words that he had some intention of speaking to me; and I regret that I did not improve in some way. My tongue was tied pretty much. But it is God's new work, and I pray daily. If He has ought for me to do, doubtless I shall have grace to do it.

Saturday May 30th 1868.

This morning I rose later than I had intended as it was a very bad rainy day. In dressing my thoughts ran again in the groove that they followed yesterday, of interest in Leaneira for W. Too much so for I found that these thoughts left little room for remembrance of Christ. Prayers earnest. Had not time for my reading. Relieved the deck at 4.30; no duty - heavy rain. Ete moderately enough breakfast.

1.30 P.M.

This has been a tempestuous day both rain and wind. Nothing to do excepting to sit quietly below and write letters or read. Such has been my occupation. Wrote a tedious long letter to Asher. No special temptations of any kind. Have written a short note to W. - begging him to come to church to-morrow - but it rained so that I doubt if I shall be able to send it.

6 P.M.

Have been pretty busy all this afternoon sketching Butler or writing or what not. I was present having sent my letter to W.

Evening.

I ate pretty heartily at dinner to day but not excessively I think. Since dinner I smoked under the poop. Have thought a good deal of W. I believe and yet not practically that God's Holy Spirit will neutralize any possible harm that I may do; and I think I am guarding myself by prayer, but there is an unfortunate tendency to day dreaming in the matter.

Have spent a half hour in meditating and thinking of
to-morrow's Communion

Wednesday 1868

May 31st

This morning I awoke at 5 o'clock and rose pretty
soonest, for it occurred to me that on this high festival it
would be well to have a little time to spare for meditation
before hand. My morning prayers were devout and thoughtful
I do not recall any temptation to impatience or restlessness during
the early part of the day. Met Woolston on shore just before
getting to church. The cordial grasp of my hand and kindly
welcome from him assured me that my note of yesterday had
not given offence. I said that I want to see him my friend, as
well as a servant of Christ, and while this is right enough - I
had a little the higher end is being sunk in the lower. At
church he and I were seated together; and my thoughts wandered
how will he feel this? or will he see that? what was then to
my hand to do, to worship God purely and simply, was not
done with my might. At the communion thoughts were under
somewhat better control, though even then the same distraction
beset me. I made resolves to be kinder to Fletcher, not to think
of his failings and weaknesses but only to remember that he
is a man to be saved or lost; also with regard to my drunkenness
the first is a matter of simple Christian duty, the latter is
only as a token of love to Him for His service. Walked home
from church with Mrs. Rice and Miss Thorn. After my
return to the ship got my tiffin and then sat a nap.

Evening.

This afternoon I was reading, without any very
special purpose. At dinner we had a visitor - and the
change of seats brought Mr. Fletcher near me. He was
more than ordinarily absurd it seemed to me. I must
try and make my purpose strong to bear with him
He moderately enough and was enabled to abstain from

wind. Conversation was general and not perfectly free from ^{me} commenting upon others - Elletby for instance. After dinner & smoking I came into my room read over my letters for the mail, and afterwards washed on deck with Mr. Dickkett, this being in pursuance of my plan.

Monday June 1st 1868.

Rose this morning in pretty fair times - thoughts wandering in dressing. My prayers were earnest but very subject to distraction. At breakfast I ate moderately; poor Fletcher again runs foul of me. Had I not better pity myself for my lack of self control. Had good success today again dressing sails & masting yards. No special temptations excepting in the case of Fletcher.

1. P.M.

This morning has been quite busy for me and I think I can distinguish in myself more self control, greater submission to what crosses me or crosses me. Read at 11.30. Lunched moderately and have been able to control my inclination to drink. Since lunch have said my noonday prayers carefully. Have not been able definitely to propose riding with F.

9 P.M.

I went ashore at 2 o'clock, met Woolcutt on the wharf and with him walked to the club where I remained reading until about three, then walked round to Barrabas, talked with Spooner a little while. Rode round the road, a rather unpleasant ride, have not behaved well. After getting back returned almost immediately to the ship. At dinner this evening was ugly about F's coming off so late, spoke disagreeably. I may as well quietly make up my mind to endure this which I evidently cannot cure. The display which I make is not Christian.

Tuesday June 2nd 1868

Overslept this morning. Did not relieve very punctually, on that account. Took time for my prayers, but felt the pressure for time. Landed sails successfully at breakfast ate moderately. Since breakfast have made out my liberty list

1.30 P.M.

The liberty men returned to-day, excepting two, in fair time and conditions. My time has been a good deal occupied and I have been a little with the Captain. Inspected the berth deck. The Captain told me that the Monocacy would leave on Saturday for Shanghai unless contrary orders came by the China from Admiral Rowan. Have had some trouble with my sails being short handed. Reading at noonday attentive because interested, Prayers also earnest. I hope I shall now succeed in altering both demeanour and feelings towards H.

Evening

This afternoon began by reading Putnam. Then the mail steamer was reported to be coming in this made some excitement. Boarded and received letters &c, with some general orders from our late new Admiral. Laughs and laughed a good deal about some of these orders - feelings hurried and excited which interfered afterwards with my studying - although I had a pretty easy chapter. At dinner I ate pretty moderately since dinner talking and reading. Have worked for a little while with Hetch on deck talking about various matters - Tendency to talk about others.

Wednesday June 3rd 1868

Rose a little early this morning. Thought wandering in dressing Relieved the deck at 7.20. But sleepers were having turned in late. Backers made me very angry this morning, not I think without sufficient cause.

Temper was tried excepting by the failure to receive my
box again. Fortunately I am not over concerned in the
matter so I don't feel greatly tempted.

1 P.M.

This morning I had been in an unsettled frame of
mind - not having a great deal to do - and nervous
& hurried - digestion bad. Read and meditated a little at
11.30 - at lunch ate in moderation - talking about the
ministers coming on board &c &c. Said the sitting after
lunch, but was distracted and nervous in this also.

6 P.M.

This afternoon I went ashore at 2, stopped for a
moment alongside the "Monocacy" - Read & smoked a
good deal at the Club - attended to some business
at Carrolls - Have suffered a good deal from
nervousness to-day, imagining & anticipating trouble
with the crew of some kind - A gentleman ashore
named Eastlake asked me with a good deal of as-
surance for a boat this evening. I granted it perhaps
but have spoken somewhat about his "check"

Thursday June 4th 1868

This morning I rose at my usual time.

The events of last evening, the frightful hold of that
terrible delusion "I cannot" upon Woolcutan's faith
weighed upon me. I felt that I was powerless and the
shadow of the Devils' power fell upon all my hopes. My
prayers were so long and loud earnest that I might
be delivered from the power of that Evil Spirit; but that
as I now believe I might never again be permitted to
fall into his hands. Breakfast ate moderately. Got
talking about Dr. McClellan and Horvitz and
told some stories that I ought to have suppressed and
that wilfully, for I thought of them and their business.
This same tediousness has followed me through the day.

37
Work during the forenoon irregular - I was listless and
very sleepy. Want to go ashore and ride with Fletcher
but am obliged to keep my engagement with Brown
for this afternoon. Slept after dinner. Am feeling very
~~weak~~ heavy - not getting much sleep last night.

Evening

Continued to feel very heavy and found it im-
practicable to fasten my attention on Butler or rather to
understand it at all. Tried to catch a little more sleep
but unsuccessfully. Went on board the Rosewall
to see Brown but found him just going out to dinner
on board the China. The boat pulled very badly, & I
was irritated and swore. At dinner I ate moderately
enough. Since dinner have read "Key Waffington." Temper
has been pretty good but I am quite nervous and
generally ill at ease

Friday June 5th 1868

Slept late this morning - needing the extra time
did not get my breakfast until 8.30. Read after breakfast.
Went on board the Monseacy at 10 and remained until 1
taking my lunch with them. Talked some time with
W. H. Adams in a pretty warm argument about legalizing
prostitution - I spoke only once or twice on religious
matters, and then as they came naturally enough - I regret
not having an opportunity to be alone with W. if only to
let him see I don't intend to force these things upon him
without consideration or tact; but the idea was perhaps a
selfish one.

8 P.M.

This afternoon just as I finished writing a gentleman
came on board to call. I received and talked with him
some little time. Read from Robertson's sermons afterwards
and went ashore in the Mrs. S. Clark's boat. Stayed reading
at the club until about half past four and from then

walked to the ship yard to see about the boat, and then to Carroll's. Talking with him spoke in a way which was not right of Carter. I am somewhat unwell just now, and am very backward in my devotions and recess in my practice. My Superior is a handsome African man.

Saturday June 8th 1868

This morning I woke about six o'clock, but did not get up until 6.30. Dressed pretty rapidly and thought of Him while doing so. Now that I have certainly done all that in me lies toward Him, can I not again devote myself calmly to my own duties immediately around me. His case is a serious trial to my faith; owing perhaps to my great interest in it. Attended to my duty fairly well, and at breakfast ate moderately. Since my appetite much less. Conversation not wrong.

12.30 P.M.

Have attended fairly to my duty to-day. Mr. Galton came on board at a little after ten, and sat here talking. I was not able to do anything for him until nearly twelve when I got down to my room and said my noon-day prayers. At lunch I ate moderately, no wrong conversation. No special temptations to-day.

5.30 P.M.

Turned sail at one, but my temper at an awkward mistake - and nearly swore. Punished a number of men among whom was the blame of the mistake. Studied Butler's Analogy for a time and when I had to give it up to attend to my feet, took up a novel and read. Have kept at the book which was French as usual, until just now. No special temptations - except just falling to a little heaviness.

Evening

I ate pretty moderately at dinner today. Lucia
 again had read my French novel, and walked on
 deck with Mr. Fletcher. My intention in doing this was
 good I think. No special temptations.

Trinity Sunday

June 4th 1868

This morning I rose in pretty good time - but
 still was late and had not time for my ~~po~~ reading. Re-
 lieved the deck at 7.30. Thoughts dressing and on
 deck still kept wandering to the old present subject of interest
 I do not believe it is good for me. I have dared to warn
 him against self-deception, against the enemy, to urge upon
 him the validity of his Confirmation Vow, his obligations despite
 his doubts - and begged him to seek the help of God's Holy Spirit
 What more can I do, unless he come to me? I am poor, and
 that I do. It is a discipline to me no doubt, but is it not true
 that it became me to practice self-discipline and withdraw
 my strenuous interest - into which so large a human element
 enters - and therefore so liable to pervert from self. Attended
 at dinner breakfast and since then have done little.

Monday June 15th 1868

I discontinued the practice of self-examination during last week in order to rest myself - and I was agitated and hurried in mind, and from thinking of my friend who was sworn to leave me. He is gone now; for good or for ill the work of the past month is done, to be done no more for ever. It has been a time of trial to me, of exercise for patience, humility, denial of self, suppression of jealousy and pique when I saw my friendship prized less than that of others. Even my faith was tried not only to trust for him, but even more faintly. The tempter suggested fear when I thought of my present unhappiness. I cannot say that I triumphed over my temptations, for I saw traces self-seeking, self-sufficiency, at least once a showing coldness instead of affection because I was hurt by neglect on his part; I do know that I sought very much his love, perhaps to the injury of my desire to see him God's. I attacked more of myself perhaps, & less of our Lord. But I did pray, and so I hope, for all my failures, that I have reaped benefit; that I will have grown in grace even though insensibly. And so I will also hope that my dear friend Westcott may be blessed through my prayers and unperfected endeavours, though God in His wisdom, and care for my partaking of His holiness rather refused me to seek the fruit as my own. And am I not content so to leave him in His hands, whose care whose love whose wisdom is perfect.

I rose when I woke this morning. My prayers despite my efforts were distracted, though earnest. I gave up my reading, and relieved the officer of the deck at 7.30. He did not come on deck to loose sail, which made me very angry. I reported the case to the Captain. It is one of those

things that perplex me. I think the man's demand is unreasonable, and inconvenient. I have no hesitation now whether I am following Christ in this thing. Officially I believe I am quite right. Ate moderately at breakfast. Since breakfast talking a little - but not wrongly - shut my mouth about the row of which I was inclined to speak.

1 P.M.

To day has been one of some annoyance for me; I bow pretty well until just at noon when my strength gave way. Something disappointing through the captain's selfwill broke me down, and I spoke harshly and bitterly about it and that before subordinates. Before this I was warned by my feelings that I was in danger. Meditated at 11.30 a little. It has occasioned a slight display of feeling between B. and myself, this morning's affair; but it will blow over I hope. Ate moderately at lunch. Since lunch said my noonday prayer heartily, and got with wandering thoughts; then were some discourses though often other than the outward words.

Wednesday June 17th 1868

Yesterday I was depressed and unwell from the excess of smoking and drinking on board the ship the evening before. Let him that thinketh he standeth take heed lest he fall. My falls have been grievous lately; twice in this week drinking so much that my mind refused to follow my night prayers; along with this has gone a serious decline in the control of my temper and tongue - and might too of duty in some degree. And I saw trace a good deal of self righteousness and spiritual pride, last month; in my efforts, as I thought, to do good there must have entered a large proportion of these evil things. These things I have done;

I rose in pretty fair times; thoughts less wandering than usual - devotions earnest. Relieved the deck - attended only faintly to my duties. Fasted at breakfast - I intend to fast three days for my sin.

1 P.M.

This morning I have felt worried by the shortcomings of the crew and consequent difficulty of doing anything properly; and I have not refrained from complaining. Once or twice I have controlled my tongue. My duty has been rather better attended to. Much time however frittered away. Temper irritable and at the bay Peter, I have once spoken very harshly and angrily. Fasted at lunch.

3.30 P.M.

This afternoon I have passed in the same general way, studying Butler; slept for an hour. Temper irritable and in some measure dull and despondent. Hope I shall rise above it soon. No special sins.

Evening

At dinner I was enabled to fast as by my resolutions. Temper not quite so irritable yet showing that was once or twice a little. A little selfish perhaps in refusing to take a share in the discussion about mess affairs. Read an interesting book which was partly against my resolves. Studying "Trench on the Parables".

Thursday June 18th 1858

This morning I rose in good times, but not so early as my awaking would have admitted. During my thoughts were somewhat upon my sin. Saw justified and subdued but ^{not} sure that I am humbly penitent. Prayers were earnest. Watch on deck from 7.30 to 8. Temper was ugly - the regular before breakfast feeling. Fasted at breakfast; since breakfast chaffing a little. Distracted just now in my prayers.

1 P.M.

~~This morning~~ This morning I have had the usual series of petty annoyances. Attended fairly to my work. My temper is still irritable, a very little throws me out, and I am downhearted and inclined to complain. At one today I have put a man in cuffs for disrespect which was I think just enough. So far as fasting and prayer are concerned I have been pretty exact in my attention but in the restraint of temper & in cheerfulness somewhat behind. But my attention has been drawn by God to the Pharisaic self-righteousness which has characterized my comments upon others lately. I have much to say but not have time all my efforts for Coolucetan, how not have made what seemed fair to outward eye full of all uncleanness. After holding my tongue for some time I finally let out about the Captains manner of dealing with requisition.

5.30 P.M.

Feeling a little faint this evening from my fasting. We are now really exceedingly short handed and I have complained about it; then there was the visit of the minister to the Dutch &c ships. The delay concerning which, and the difficulties in my way exasperated me. I have no excuse but when one has fallen he does not quickly regain his old level. Have not been entirely without self-restraint, but to the boy Peter & others very harsh, curt, and critical.

9.30 P.M.

This evening at dinner I ate rather more heartily than of late, but still denied myself and fasted. After dinner went out deck and talked for a little while, since then have read "French on the Parables" Have been meditating somewhat upon the Parable of the Pharisee and Publican. Who the Publican may be

in the case I don't know, but I do see that in myself there has been much thought of my not being as other men are - adulterers or drunkards or unjust. And when I think of it I see how many phases of that and kindred fault of self-gratulation or exaltation through comparison with others; I wish the sense of their multiplicity and embarrassment might convince me of the human impossibility of overcoming and so in some measure work their cure.

Friday June 19th 1868.

This morning I rose in pretty good time but very heavy and sleepy. Thoughts wandering during dressing &c. ~~Since~~ Prayer also not very attentive. Reading more so. Mind wandering off again to fancied discussions with others, convincing them, instead of to my own recent fall and its lessons of hypocrisy and spiritual pride. No temptations to anger yet.

1 P.M.

This morning was marked by an unpleasant scene with Mr. Bradford, caused by the late breakfast he indulged in. I was not perfectly free from the error of speaking about it. He carried the matter to the Captain, who sustained me. Took a boat shortly after this and paid the visits which have been on my hands for some time past. Told before my inability to say unpleasant refusals into taking a drink of whiskey. At lunch took occasion to express my resolve to have the breakfast table cleared at 9 AM. then told my news about the Minister & Admiral. Fasted at lunch.

6 P.M.

This afternoon after attending to some business I ~~was~~ meditated a little while. Went on shore at 3 o'clock and rode. By God's help I was able to resist temptations to drink thus breaking my fast. No special trial after temper

Coming.

At dinner today denied myself a little but not so fast as I should have done. At and after the meal conversations turned upon the Monacacy and upon other people generally - and I saw again appear my offensive superciliousness and pride. Read "Funch on the Parables". Talking since with Leach in his room. My meditation near & near to. I had very exaggrated spiritual pride & general self exaltation as a cause of my trouble.

I note that when the Captain was inquiring about the burning of oil in the stowage I said I had given no permission. But I did know they were doing it. This sprang from my reluctance to give an order stopping it because it was unpleasant.

Saturday June 20th 1868.

This morning I was excessively lazy when called and found it hard to rise. Dressed however and had full time for saying my prayers carefully. At breakfast ate moderately. No temptations as yet.

I promised last night that I would endeavour to day to recall the shameful self exaltation in which I had been indulging prior to my wretched fall. For the Monacacy's officers were hard drinkers & dissipated and used to wonder and laugh at the punctures of our mess; we and I gradually adopted the habit of dwelling upon and recalling & sneering at instances of folly, dissipation, crying down their show associates (many of whom I did not know) exalting ourselves as creditable & exclusive, different from others. It was pleasant to draw from people on show compliments to the greater decorum and reserve of our mess & to cherish the improbable supposition that our withdrawal of ourselves would be felt. It would be

well if such acknowledgments resulted in the humiliation which they ought to cause. Now when Woolverton came before as a man possibly interested in religious matters, and my heart from this reason but more especially from a sudden warm human affection went out to him, all these forenamed uncharitable tendencies became intensified from jealousy. His mess and his associations on shore became objects of my cordial detestation, not in a personal or human way; the feeling was spiritual but not spiritual godliness it was (in a measure at least) Satan as an angel of light. I was completely blinded, although I recognized the human element in my regard, and the danger of jealousy and of self seeking throughout. I did not see that my feelings towards these others were rather pharisaic - and so I railed in word & yet more in thought at them. W. himself did not escape - those whom I love are not likely to. I am perplexed to reduce these various manifestations to one head. I talked to him because I had regard for him, and because I like to talk on a subject which interests me. I don't care to vent myself much for Fatches, and I despise in him that weakness which should rather excite me to more generous help. I should daydreams of good done, convincing words spoken, victorious arguments, souls turned to God - but me in the central figure of the whole. I am harsh overbearing and sneering to offenders even in many cases whose faults are akin to my own

18th.

This morning I have again fallen into old faults in two particulars. First grumbling & criticism in Capt. English's order about sending some firemen on deck. Next Capt Carter having failed to inform foreign officers re of the Monacasy's approaching departure came up, and I spoke against him

6 P.M.

During the first of the afternoon read hurriedly and nervously from Sir R. Alcock's book on Japan. Afterwards studied Greek quite hard and systematically for an hour and a half, after which and till now reading a novel. Thoughts of my own sinfulness, more like a realizing of it have rushed into my mind. O pray God to supply me with such to counterbalance my evil pride and self conceit.

Evening.

This afternoon at dinner ate moderately. After dinner took up my novel again and read till eight. Read French on the Parables until nearly 9, and then went on deck, and walked conversing with Mr. Bicknell. Avoided a little the temptation to speak of others wrongly.

Second Sunday after Trinity, 1868
June 21st

I rose somewhat late this morning, being very heavy from being sleep last night. All the day so far has been thrown back by this fault. Prayers pretty earnest upon the whole but distracted by this shortness of time. Reached the deck at 7.30. Tacked with hove. Without saying anything very culpable I got back on the *Monaca* and was on the very verge of the old sin; so soon that I cannot feel sure of not having fallen. Ate very moderately at breakfast.

1.30 P.M.

Listened encouragingly to conversation depreciatory of some people on shore. Capt. English unexpectedly directed me to have quarters; this was a petty thing but annoyed me. I was able to hold my tongue. Went to church as usual. Remembered my guiltiness of the past week and was enabled to confess my sin devoutly and I think have benefited by the whole service. Since my return reaction and indifference have set in.

But I shall I hope overcome

6 P.M.

This afternoon up to three o'clock I read & meditated. After 3 lay down and dozed for some time. The weather is very wet, keeping it below and very quiet. No special temptations.

10.30 P.M.

This evening Carrall and Spooner took dinner with us. I prayed before dinner that I might keep my resolution about drinking and I did in effect. But after dinner I smoked. Have adhered pretty well to the right in not speaking evil of others. The evening has passed in general conversation.

Monday June 22nd 1868

This morning I was called at 5. Did not rise until 6.30. Dressing my thoughts wandered much, and a good deal to those fancied interviews & conversations in which self is always the chief centre & object of interest. Relieved the deck at 7.30. Retained in some measure expression of amazement felt at the order for change of uniform. Ate moderately at breakfast.

1 P.M.

Have been tolerably well employed all this forenoon though with some leisure ~~hours~~ moments. Temper generally good - but little tried. Neither ~~has~~ I had any great inducements to sin with my lips. Rather too much trifling conversation this forenoon though only occupying intervals of time. Read carefully at 11.30. Prayers rather distracted.

5.30 P.M.

Have attended pretty well to work this afternoon studied Greek quite hard. Have not had

any temptations to impatience

Evening

At dinner this afternoon, a man came on board and said that an American ship was ashore down the bay. I went on deck and after looking sent an officer. By my wretched lack of foresight, I neglected to send a compass &c in the boat. They had hardly an hour daylight and this neglect has caused me a great deal of self reproach and anxiety. It is sad that with such anxiety my mind does not readily betake itself to God; then again I feel rather mortification than humility. I am neither humble nor willing to be humbled. I feel as though I could stand being blamed unjustly but not to be found unworthy indeed.

Tuesday June 23^d 1868

This morning I rose early feeling weary & fatigued. The boat that was dispatched last night had not returned and I had this anxiety upon me. Saluted the French Minister at 8.30. Attended family to work during the day. Very sleepy most of the time. No temptations in particular to impatience or hurriedness. Visitors during the forenoon stood much in way of my reading. I see at last have checked impatience remembering my own failures.

8.30 P.M.

I went ashore at one o'clock today, direct to Mrs. Phelps. Paid quite a long visit there. She invited me to dinner - and I went. Had a long waiting. Drank one glass of wine. After dinner I went to the club. Smoked a cigar and read. Intended to call at Mrs. Russ but the weather came in raining and threatening worse. I returned to the ship. Very little conversation today and I do not recall any

markedly objectionable, either ashore or subsequently to my return. Noticed tendencies to pride once or twice, to reflection upon self.

Wednesday June 24th 1858

Rose late this morning being very sleepy and heavy. Did not relieve the deck until quarter before 8 and then had to omit my morning reading. At breakfast ate moderately. No temptations as yet to ordinary sins of temper and of tongue.

Saturday June 27th 1858

Rose late this morning being very sleepy and lazy. Took time for my morning prayer & and did not relieve the deck. Sat on Capt. Martin's from 10 to 12. Drank a little wine, which I felt in my head. Soc. Conversation has at times turned upon individuals; but I have not said much against any one. Temper upon the whole good though tending to irritability. Criticised old Mr Packham's our minister and in doing things showed or felt pride.

Sunday, June 28th 1858

This Sunday after Trinity.

Rose very late this morning. Last night we had an exceedingly heavy gale of wind, which kept me wakeful and watchful. The captain contrary to my expectations ordered inspection at quarters. I growled considerably about this, or rather I was tempted to do so. Although exercising some restraint it was rather external than internal. The exciting cause that it interfered with officers going to church. I saw yet did not realize that God could be better pleased by quiet submission than by dissent going. At church my attention was not good and since my return aboard I have passed an afternoon profligate of time - simply talking talking. I do think the heat of the weather partly to blame for this - I have

felt the sudden change very much, not exhaustively and yet it incapacitates me. I do not recall speaking ill of any one. Have crowed and beating the flag ship in furling sails.

Thursday July 2nd 1868

I am confounded at the utter change that has come over me - and am not able to solve my perplexities. Have I been abandoned to my own self that I may know my own weakness? Or have I greatly grieved the spirit of God and been left to my own devices? Or have I been laying on myself a burden too great for my strength, and been rebuked for my overweening self confidence. Since my efforts for W. took definite shape, and since I resolved to try and stop drinking in order to save money for the building a church at Ipswich, I have begun to fall into apparent gross sin & neglect of plain duties. It is since then I have been drunk, spoken most evilly of others - gradually neglected & had distaste for my prayers through sloth both in rising and going to bed - self examination has fallen through. Take this very day - did not rise till 7, had not time for my prayers - and after breakfast hurried about completing them - had no time nor inclination for my self examination - frittered away the morning - Monday prayers postponed because a heavy lunch with which had indisposed me. Last night I was reading a book & sat up late & was consequently sleepy. Few of the interruptions which legitimately compel attention occur during the hours properly given to prayer and reading. The fault has been mainly mine own.

Friday July 3rd

Poor entire, yet failed to get time for my prayers. Have had little to do during the morning. Lost my temper violently with master at arms & apothecary at about one; behaved very much unbecomingly.

tably. Drank a little ale at lunch. Did not fast though I ate more moderately. Have been generally gentle enough. But wilfully indulging in haughty thoughts

Saturday July 4th

Late in rising this morning - Depressed and sulky in the forenoon and much fearful as to my keeping my vow about drinking today. Gordon came on board for a very few minutes to say good bye. Had a lunch after the noonday salutes. Got saved and from breaking my vow. Still sulky & somewhat annoyed by business - inclined to cavil and grumble. Did I not refrain a little; more than I once would have done. If so this is good, let us remember my sulky nature and be humble. Read from Learning's Discourse Concerning tediousness of spirit; I am weary and lukewarm in my devotion now.

5.50 P.M.

This afternoon has been employed getting ready for sea. I have attended pretty well to my duty. Am feeling still depressed what you may call down in the mouth - with no special motive thereto. Yet feel so

Evening

This afternoon we have had a disappointment in the conduct of our steward who did not return from shore. Have been unkind in my manner to Mr. Fletcher. I am pretty good in making and furling sails. Have been enabled to keep my vow. It is blowing very fresh tonight. Am more patient than I used to be I think

Fourth Sunday after Trinity 1868
July 5th

This morning I slept very late. The night was close and warm, and all the air parts being so, I was very soggy and heavy. Did not say more than a prayer or two before relieving the deck. Ate moderately at breakfast. After breakfast said my morning prayer. The weather is pleasant as compared with yesterday and we have been very busy drying that which has been wetted the past two or three days. I restrain myself a little from censuring others though my notions are not always perfectly pure
10M.

The Captain ordered me to read the Article of War. I was very loath, but did so with submission of heart I think. Prompted to criticism however, as I do find fault in my heart
5 P.M.

I sneezed heartily being quite hungry. Not in very good spirits or humor. Have restrained my tongue a little though not my lips wholly for there was a disapproval of the Captain's manner of receiving the first suggested for utterance. Can not feel very well and have had to contend with irritability under the pressure of a great deal of work. For devotional exercise today have said the Morning Prayer and the Communion Service endeavouring to join in spirit in the last. Quick and unpleasant in my manner to some.
Evening

Allowed myself to speak censoriously and bitterly of the Captain's way of always being late in getting up to any point. Ate dinner at moderately enough. Can not feel very well, and am anxious as I am apt to be at sea, and especially in this locality.

Have checked some expressions both for myself and against others, but broke down in the instances above alluded to.

Monday July 5th 1858

Left heavy until nearly 8 o'clock today at the moderate with very little appetite at breakfast. No special temptations save to amuse myself at our exceedingly slow progress.

1 P.M.

This morning the weather is bad again. I have been in my room most of the time, but at seven bells I went under the poop and got talking with Bicknell. I expressed my opinion about J. deluding myself, Ugar, with an idea that I was only trying to find out about him; from my room after slipping into the same faultfinding with the Captain as yesterday Ugar I was entered into temptation. Monday prayers were fairly earnest.

6 P.M.

Running along the coast this afternoon, I have studied Greek pretty closely, though very nervous and unable to keep to it very long. Have also read for amusement.

Evening

At dinner today I ate moderate. Since dinner I have been on deck smoking some. Have refrained somewhat from evil speaking or seeking cut for myself.

Tuesday July 7th 1858

This morning I again rose late, finishing my prayers 10 after breakfast. The morning was very sunny and I found myself on deck from 9 to 12 getting pretty well drenched. After shifting into dry clothes, I took my lunch and then Stewart and some of the Ovidas came aboard. I so missed my newspaper.

prayer. To this I owe having broken down at
times and spoken evil of others; I have refrained a
little but not perfectly. My temper has not been
perfectly good nor have I been perfectly meek. Not
sullen. A little inclining to self conceit.

Evening

This afternoon has not been employed in any
very settled way. The same dull dreary rain still
prevailing effectually preventing any ship's work
No temptations to impatience particularly.

Wednesday July 8th 1868.

This morning I was called at 6 but by my
slothfulness did not rise until 7. Stayed in my
room until I had finished my prayers and so did
not relieve the deck until 8. My temper and spirit
were pretty good until about ten, but since then
indigestion and the close depressing air have
combined to make me somewhat fidgety. A headache
started upon me & partly nervous.

5 P.M.

This noon at lunch I ate moderately. My
digestion is suffering for want of exercise and
I can't eat much. Temper has been depressed
and somewhat sullen this afternoon; the Captain has
been annoying me and I have not submitted to him
but have talked and complained of his meddling.
Fretful peevish and irritable

Evening

All dinner two of the officers came off late
at which I saw fit to become sulky & and towards
Fletcher. I feel that contemptuous disgust that is
so common with me. Since dinner I have been
reading a novel in which I have shown that lack
of self control so common to me, and wasted time

The day has been an evil one for me, and when these failures of temper & meekness are most evident, then most appears my spiritual & other pride and self complacency. What a curious and humiliating coincidence.

Thursday July 9th 1868

This morning I rose in rather better times; I am still feeling my lack of exercise, in indignation to the consequent effects upon my temper and disposition. Had a row about the coachmen's shifting. I showed temper and although I have carried my point I do not feel pleased. It is however rather my dislike to contests than any bitter feeling. I abuse myself for my faults but how little of amendment there is.

1 P.M.

There is a good deal of work on hand today. Backus my servant is much overtasked and did not get my room ready. He is dilatory I think and I fumed & fretted and pitched into him in my most overbearing way. would not take my little annoyances in a gentle Christianlike manner. Tendency of my mind the same all the morning. Read a few letters. Suppressed totally some tokens of my evil temper.

3.30 P.M.

This afternoon I have still been feeling sullen and almost unable to do any head work. I have attempted nothing. Stomach a good deal out of order; I am not well.

Evening.

I went ashore not very long after this, walked up to the Councils and talked with them some little time. Do not remember any thing very wrong. Took a horse and rode for a little while. Stopped at Casa. Had an accident with my horse owing

to the stupidity of my vetts whom I called
a d-d fool in a passion. Returned to the ship
At moderately at dinner. Have been concerned
in my tack and decisions of tacking of self.

Friday, July 10th 1868.

This morning I arose in rather better humor
though still very stupid and laggard. Did not reach the
deck until ready for hoisting sail. This was done
tolerably well but the main topgallant sail did
not fast well. The captain was in very bad humor
and annoyed me; then he sent for me before I was
through my breakfast and made me exercise the
main topgallant yardmen. I was much ~~was~~ incensed
and did not wish to be sent under the circumstances;
my will was against it. I made just one prayer
to God, in which my heart was not true. My ill
temper wore off by degrees but without any
conscientious effort on my part. First I became
indifferent then amused, and finally quite melancholy
yet not very regretful. Have expressed pretty
freely my opinion respecting the captain's course
some day perhaps I shall have this measure sent
to me again

Earning

The captain continued his interference and I re-
mained below; I am not sure that I was entirely wrong
in keeping out of the way - though I certainly was
in speaking of him and in showing temper. Studied
Greek somewhat during the afternoon. At dinner
did not fast. My week's vow of not drinking has
been kept by God's help. Reading Quici dinner.
Temper not so much tried this afternoon

Saturday July 11th 1868.

This morning I was late again relieved the desk at 8. The whole day has been most forebore dark and hot; all the airports in an account of the heavy sea which is running. Had a Summary Court martial, prayed that I might be just in all decisions made. During the afternoon reading from Frode's Essays.

Evening.

Have had few temptations to peccation since but very much disinclined to any regular work. Rather under the weather, bilious. Inclined to complain a little about the weather - but not to any great extent.

Sunday after Trinity
July 12th 1868

How time passes. A week since we left Yokohama nearly a week since we arrived here. Rose late again this morning, the weather is so heavy and foggy. Breakfast delayed and commenced. Small arrangements of the same kind some of which but I feel much mortification at the exceedingly small number who attend our service. Have not spoken evil of any one.

3 P.M.

Have eaten moderately at lunch. The afternoon has been reading a book which mother sent me called Emmanuel. Since no temptations to speak of

9 P.M.

All dinner conversation got upon the moral of factory girls &c, rather an unclean subject & to be avoided. I do not recall much else excepting that I snubbed Fletcher once or twice a little. Few temptations but I do do very little.

Monday July 13th 1868

This morning I rose at 6.30. I went to bed last night much earlier in order that I might be ready early to-day. but still I was sleepy though less tardy. Prayers pretty earnest. Another fizzle in losing sails to day; not a very great one still a fizzle. I kept my temper only tolerably. At breakfast I ate moderately. Few temptations so far.

1 P.M.

Have had a good deal to do to-day; general quarters with variations and Company drill to do. Temper has been pretty good; with all my faults I almost hope still that I have in some measure outgrown my worse faults of temper and unreasonableness. Did not finish these jobs until 11.30 then I read a little, said my morning prayers carefully and earnestly. Ate moderately enough at lunch. Have endeavoured to keep my tongue from evil though not perfectly.

9 P.M.

This afternoon I was exceedingly nervous and uncomfortable; irritable, with difficulty restraining myself from outbreak. Studied Greek but with very indifferent application. The captain decided to haul into another berth this afternoon which accordingly we did after supper. Nothing occurred to trouble us very much. At dinner I ate moderately. Heavy and tired to night and so the reading I have attempted has not been very fruitful. Have a little repained from talking of myself.

Tuesday July 14th 1868

This morning I rose earlier - and as I had not to rehearse the deck had plenty of time for my prayers &c &c. Lost my temper a little in losing sails but not very markedly. Ate breakfast at moderately but little appetite

1 P.M.

This morning we had some drill to which I attended for a while. No special temptations during the morning. Ate moderately at lunch. Noonday prayers reverent and earnest. Spoken ungenerally of the Captain's tact &c.

Evening

I have spoken disparagingly of the Captain's tact and also of other officers, forgetting too that the Captain has introduced two or three decided improvements. Studied Greek - and some Algebra and read from Longfellow's translation of Dante. At breakfast ate moderately. Since dinner a Mr. Vues came on board, and after talking with him and his leaving, I read from Sadler's Emmanuel. Have not had many temptations this day, but I do notice a very easy unpleasant manner of address in myself.

Wednesday July 15th 1868.

Dilatory again in rising; thoughts wandering. At breakfast ate moderately. Have not had many or any temptations to day.

1 P.M.

This morning we had a good deal of drill. I became rather irritated at the latter part of the day, by the constant prodding but I became quiet pretty soon. Ate moderately enough at lunch. A loud mouthed discussion of political matters carried me away after lunch.

5.30 P.M.

This afternoon I attended a little to work and studied Greek. At 3 went ashore, talked a little with Frank and Mainwright. Called upon Mr. Van der Hyde the object which took me ashore. No special temptations. Have again talked about the Captain's tact &c.

61.
Evening.

I noticed that my feelings towards Fletcher still are those of very marked dislike. He was heartily at dinner a little so much so I fear. After dinner talking until 8 o'clock. Am not feeling very well this evening.

Thursday July 15th 1868

This morning I rose in fair time and had sufficient for myself prayer &c. No special temptations up to the present time. Ate moderately at breakfast.

1 P.M.

Have refrained from speaking ill of others as far as I can recollect. No special temptations. Am feeling annoyed and vexed by the petty cares and duties of my position. Ate rather much at lunch. The heat oppresses me and I tend again to drinking too much for the clearness of my head.

Evening.

Still the same disinclination to duty with an increased repugnance owing to the constant supervision of the Captain. Was on the poop for a great part of the afternoon listening to and at times joining in a conversation in which the attitude of science & religion towards one another was discussed. Observed that it is well to hold one's tongue under such circumstances. Studied Greek afterwards and then read for amusement up to dinner hour. Ate dinner ate moderately though I think I am tending to overeating again. No special temptations that I recall - though once I spoke of the good report which Admiral Bell had given us.

Friday July 17th 1868.

This morning I rose in fair time. Not feeling very well. General Quarters this morning passed off quite well as did all our exercise. No special temptations that I recall. Read at 7 bells - Dined myself a little at lunch - being Friday - Annoyed about the bright air spots which the Captain has inflicted upon me

Evening.

At lunch to day I ate pretty heartily though denying myself a little. During the afternoon I was partly employed in writing a letter. Found fault with Mr. Dehant's, in which I felt temper and showed some; also when he came to me afterwards I was frowning and disdainful - Took the deck when the men were ashore from 4 to 6 in the afternoon. All dinner ate very heartily, quite hungry but denied myself a little. After dinner went up on deck talked a little with Now. - Read in the ward room afterwards until now My manner is very bad to Subordinates, freezing and cynical. I must be very unpopular.

Saturday July 18th 1868

This morning I slept late - not rising till very nearly seven o'clock. Had not to relieve the deck and so was enabled to get through my devotions quietly. At breakfast I ate moderately. During the forenoon I have not had much to do; it has been a general loafing day. Expressed my opinion very decidedly on the subject of black lists, not wrongly however. I think.

Evening

This afternoon I made some effort to study to write & to read, but I am feeling the lack of exercise and I was really physically unable to go on. Went on deck and walked for a little while

Then finished my letter. I have been tart and unpleasant in my manner to Mr. Fletcher at dinner. I both ate and drank to some excess. I think I would perhaps do better to stop drinking again. Have given I attended to orders for duty. Read this afternoon but mind not very clear but sullen or ill tempered, nor much tempted to pride or conceit.

Sixth Sunday after Trinity
July 19th 1868.

This morning I rose late being very much oppressed with sleep. Had not full time for my morning prayers. Ate bread the deck a little before 8. This last week my mind has been very full of the slight attendance upon Divine Service; and I had feared that the Captain was going to institute compulsory service. Today I spoke to him, and obtained permission to address a few words to them upon the matter. My timid consciousness made this a difficult task, and I did it in much trembling and fear. Let me remember that the larger attendance was therefore due only to God, for my words were most faint and halting. Read a little after service and said the Litany. ate pretty moderately at lunch. Since lunch have been engaged in a conversation in which religious matters were touched upon; these are dangerous and too apt to trench with irreverence.

Evening.

This afternoon I have been exceedingly sleepy and heavy and have found it very difficult to give my attention to anything that I have undertaken. This continued all the afternoon up to dinner time. General Frank came on board to dinner. The conversation sometimes took rather an objectionable form, which I didn't want

To smile at and yet found it difficult to avoid. I do not since dinner talking with Nover. have certainly restrained myself from gossip and get not perfectly at heartily at dinner but not I think overcome.

Monday July 20th 1868.

This morning arose in tolerably good time, and was attentive and careful in my prayers. At moderately at breakfast. Since breakfast have attended to my duties only tolerably; the weather is somewhat against me but I should not yield so easily. Now, & in some measure consequently I have spoken unadvisedly not without restraint but yielding to impatience; carelessness and reluctance to work.

5 P.M.

I have been inclined very much to sullenness this afternoon; have striven somewhat against it but without much success - though with some. The day has been one of disappointment & mishaps. I have been more patient than I would need have been. Have been in a cold clammy perspiration which has been much against me, feeling sick. I have not held my tongue sufficiently in check, worked at Quirk during the afternoon.

Evening

The fortune of the day seemed to change about this time. Got the hammocks down &c, then furl'd sails in doing which we made remarkably good time, about which I boasted. Then furl'd ship rapidly and successfully. Temper and patience therefore have not been greatly tried this afternoon. Neither do I recall sinning with my lips. The earlier part of the day was heavy and gloomy the latter part, comparatively easy enough.

Thursday, July 21st 1868

This morning I rose a little late through fair oversleeping. Did not relieve the deck until nearly 8 o'clock but I took time for my prayer and reading first. I was in a bad ugly humor in the morning as I and most are at the same time. At breakfast I ate moderately enough - since breakfast and through the forenoon I have attended pretty well to business, and been even temper'd. The Captain's vagaries do not worry me so much, though I would most gladly get clear of this pottering house cleaning. It is foreign and detestable to every feeling I have. No very special temptations remaining.

This afternoon at lunch Ludlow came to me with a new order of the Captain's concerning bright work. I was very much annoyed. Was not the claret I had been drinking partly the cause of my expressing my vexation so audibly. I think now in all coolness that there is cause for vexation and annoyance but might I not have refrained more perfectly. Studied Greek for some time. Went ashore at 3 o'clock, walked round Kobe for some time; sat and talked with Mr. Simons. Conversation not wrong as far as I recall. Strolled leisurely down to the boat. Got back on board by dinner. Ate & drank moderately enough at dinner. Spent dinner reading & having a little talk harmless.

Friday, July 22nd 1868

This morning rose early and as it was Bradford's deck, had the morning to myself. Ate moderately at breakfast. The Captain ordered an exercise with the sails in the morning and we had it. At every thing that went wrong he got angry.

I am having a great many trials of small kind to
humble me. Interference in trifling details, forcing
similarly unimportant things to be done against my
taste and wish. Today I have rebelled very much
at heart and I am very sad. I am trying to force
my will to submit, but it is very hard, very hard.
Yet I myself am equally disregardful of others, respecting
of Fletcher and I will have my own way. May God
help me, to turn these things to my souls health - to
increase in perfection

Evening.

The stress upon me this afternoon was
not quite so strong, but I found myself perplexed by
my pretty strong conviction that the employment to
which I am forced was a waste of time, and by the
opposite fact that I am bound to obedience & submission.
Spoke once or twice slightly of the Captain - he has
said and done some very queer things to day. Studied
& study Greek but was interrupted by the Costa Rica
coming in. Had hoped for a letter from Woodcutaw
who said he would write to me from Shanghai.
I did not place much faith in this promise at the
time but yet had some hope recently. Mr.
Arthur came on board at dinner, and dined
with us. Conversation general and as
far as I remember harmless. He remained
until 9. Dined & reading a novel.

Thursday July 23^d 1868

This morning I was a little late in rising
very heavy. Said my morning prayers devoutly.
A breakfast ate moderately enough. I have
had no very marked annoyances or trials to
day; it is fortunate for I have felt, and showed in
one or two trifling points a tendency to growling

and to anything but cheerful obedience. ~~Constantly~~
~~I surrender down~~ ~~superior~~.
 6 P.M.

This afternoon I have not been greatly annoyed - but my mind has been filled with suggestion of biting replies that I might make to the Captain &c. Have worked a little at Greek, but have constantly felt the perplexity between my active unengaged professional duties and the desire for the religious or other study.

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Monday July 27th 1868

We spent the last few days of the week in Osaka. This morning I got up in tolerable time & dressed rapidly. Have felt unwell and under the weather to-day. The feeling has persisted all day. Have started the men to work at various jobs. Talking in the ward room have spoken a little unkindly of one or two persons. Few faults marked, of commission.

4 P.M.

This afternoon at lunch I ate moderately. Have spoken once or twice a little roughly of the Captain, & once very unkindly to Mr. Fletcher for whom I have no kindness. Have studied Greek during the afternoon and have not fully. No special temptations to sins of commission.

Evening.

I relieved the officer of the deck for an hour just after four. After Mr. DeLahanty returned was relieved by him. Quarters soon after at 5.30. All duties I ate pretty heartily though I think not immoderately. The rain which spoiled my paint did not anger me. Nervous from indigestion after dinner, a symptom increased as usual by dissuatory novel reading. Read some religious

matter between 8 and 9. I stand in great need of a very thorough & minute amending of my life, as carelessness even in things lawful, but not expedient.

Tuesday July 28th 1868

This morning I rose pretty early; but as I had to take the deck before 7 o'clock had not time for all my prayers. Released at this time. Had been in a pretty good temper most of the morning and have attended to duty fairly well. No special temptations but my thoughts and feelings are very dull and lifeless. Had repressed some tendency to complaint &c. Have been able to keep my vow.

5 P.M.

At lunch ate moderately enough & indeed am now feeling hungry. Mr. Hall came on board. I have failed to do as much as I might to help entertain him. Showed some little self will in my manner of receiving an order from the captain, though my endeavours have been for patience & propriety for the most successful.

Evening

No special temptations, excepting through Fletcher whom I feel a keen dislike for every day - culpably. At dinner I ate very heartily - but was enabled to keep my vow - Since dinner talking for a little while and after that reading devotional works. But I am desultory in this, and also inattentive, listening to & soon joining in conversations that is going on around.

Wednesday July 29th 1868

This morning I rose ~~at~~ at 6.30, not being called before. At dressing I tried to keep my thoughts in good hand but did not succeed very well. My prayers had time for but not for any reading. The Costa Rica arrived about half

past week, and this with mail ~~to~~ occupied my thoughts until 8.30. Feet depressed & vexed at the business on hand, and most severely the kind of work that I have to do, with capacity I feel for much more intellectual work. My tendency was to despair, hardly an exaggerated word in view of my keen feelings of how, humanly speaking, I had thrown myself away. Since still I struggled and in part attended fairly well to my work.

5 P.M.

At lunch today I ate too much - After lunch I found very little left to do. Went around on deck - read some from Gaulbard - studied Greek. After studying I read desultorily which always disagrees with me, and makes me a little sick.

Evening.

I was on deck attending to trifling things until six. At dinner ate again too much; if I don't expand in drinking I seem to make it up by overeating. Since dinner I have been talking a good deal in a very trifling way and have read. In my religious reading showed my customary lightness & inattention.

Thursday July 30th 1868.

This morning I was very sleepy and heavy - Rose at 6.30. Disappointed last night by weather & also this morning about blacking ship's rigging. Took it willingly. Amago about having to send our boats away suddenly, but took it more cheerfully than once, and helped in so doing by thinking of God. Had spent too much time in reading Spear - put hurried and my stomach out of order. No special temptations.

5 P.M.

This afternoon at lunch I ate less not feeling very well. Afterwards I read from Gauthier; at and finished sails. Have studied somewhat during the forenoon Algebra. Mind wandering & dull not turning readily to sacred things.

Evening.

Read Froide this afternoon until near dinner time. Ate heartily at dinner, a little too much so, and showed selfishness and gourmandising in my unwillingness to stop my eating in order to help others. Since dinner I have been reading partly for amusement. A good deal of idle talk I have engaged in.

Friday July 31st 1868.

I was roused early this morning by the noise on deck, and the Quaida being in, was kept from getting to sleep again. So I rose at 5.30 and dressed hurriedly; my thoughts wandered despite every effort though these were not very great. The captain ordered the yards crossed at 8, which annoyed me but I restrained myself perfectly. At breakfast I ate little no appetite. Was hurried in my morning work and was very anxious to get off to the Quaida & Zebra. In board this latter I ate drank a glass of wine & it has upset me made me nervous and very hurried. My morning prayer, Calmed me somewhat. Now I am nervous & get outside. Have expressed myself impatiently, once or twice but on the whole have controlled myself.

5 P.M.

This afternoon I have done nothing at all. My visits deprived me of my usual time for my usual devotions. and I have tried a little to make them up since then. But I have

been nervous all the afternoon; and dyspeptic
spoke very harshly of the President - a sin. Have
given a pretty large sum for a boat race

Evening.

This evening I got up sound with excitement
about our boat race, but the Onondas refused
to pull. At dinner ate pretty heartily, and my
supper almost amounted to nothing, except in drinking
Luis doing reading a little, and doing some religious
reading in which Mary went to sleep to my astonish-
ment. No special temptations.

Saturday August 1st 1868

I was feeling quite unwell when I woke this
morning and have had a slight tendency thence
all day. Relieved the sick in pretty good time.

No special temptations during the morning - until
about 11.30 when I was very much irritated by
a piece of neglect of duty on the part of a subordi-
nate. I am sorry to day and my devotion is waxing
cold again but I will use the means and trust,
God helping me.

5.30 P.M.

This ~~morning~~ afternoon I have passed in reading
having given myself the day for amusement.
At 7 had showed some irritability on account of
being called to the mast for trifling complaints

Evening.

At dinner today I ate heartily. My irri-
tability manifested itself very unpleasantly
in forcing myself into a discussion and collision
with one of the crew. I have read and talked a little
during the evening. I smoked a second cigar just now
which has made me feel badly.

Eighth Sunday after Trinity 1868
August 2nd

This morning I rose rather late again and did not get up to relieve the deck until nearly eight o'clock and I was then in a very bad humor. Just had to hold my tongue forever. A very bad breakfast to day. Had to have tea after breakfast, did not leave my room until nearly 10. Prayed for a good attendance at Church & that those who came might profit by what they heard. After Church came to my room and went through part of the Communion Service, finishing after lunch. No trials of temper to speak of. Have been kind enough to Fletcher. My vow expires to-day but I think I should renew it. My weakness about drinking has shown itself so often; it is not with me an allowable liberty at least now.

5.30 P.M.

I felt so unwell & despondent this evening that I determined to join a party of our officers going ashore for a walk. To Leach Jones & myself went and took a little stroll. Renewed my vow about drinking for another week. I am certain that I have suffered from the lack of due self control in this thing and it is a great snare to me - my unwary feet are continually slipping not notoriously but so that I have known it. Am feeling a little depressed and now this afternoon and the devil is assailing me with desires that my vow makes unlawful.

Evening.

At dinner to day I ate heartily though not so much as of late. No special temptations this evening. Walked on deck with Bicknell for an hour talking. Since my return have been reading. I was delatory in coming to this

Monday August 3^d 1868.

This morning I rose a little late and very sleepy very heavy. My thoughts turned more readily toward sacred subjects, but there is still much room for improvement. At breakfast I ate moderately. An awning stanchion carried away today and the Captain when I reported to him commenced a growl. I arose a little impatiently for I felt impatient. During the morning I have attended tolerably well to duty - though there has not been very much to do. There really seems to be some relaxation of the rush of business.

5 P.M.

At lunch I ate pretty heartily. In reading found it hard to fix my attention - and I have suffered from the same trouble all the afternoon my fancy has pursued me. I have not been able to fix my attention or to study at all well. Fletcher has made himself unpleasant today and I showed a little tendency to rebuke him - but in a measure refrained.

Evening.

At dinner today I ate heartily. Temper during the whole day has been pettish and irritable. Though not much tried during the evening talked some after dinner - and have read studiously.

Tuesday August 4th 1868.

This morning I rose at 6.30 very sleepy, which was scarcely due to too little sleep upon this occasion. Morning prayer earnest and I think some little improvement was discernible in the tendency of my thoughts. At breakfast ate moderately. I have attended fairly to my duties. Just now there is little to do. We are more troubled about our approaching race than anything else. The Captain had

ordered Prince to look for him unbeknown to me - and I showed my ugly temper upon finding him absent. Have been busy about the replacing of materials that have been lost. Against both these things I have striven and prayed.

S.P.M.

This noon at lunch I ate pretty heartily but not to excess. Tried to read afterwards but both in that and all I aud took during the afternoon found myself incapable of attending or of carrying on any mental process. Was very curt without the slightest cause to Mr. B. just from my mood. Went ashore to get a little walk, was then depressed & felt very much inclined to drink but God helped me to keep my word. Have been annoyed by the Coxswain of the boat I sent when getting drunk and have had some other annoyances. Try to be patient.

Wednesday August 5th

This morning I was exceedingly sleepy but rose in fair time. I have much reason to rejoice today for this troublesome humor but the seat and has ceased to pain me. The Captains order to get ready for exercising sail annoyed me but I kept my temper and was patient. A moderate attack. The Captain was less troublesome than usual at exercise and all passed off quite nicely. But I got angry at the Captains decisions when I referred Riley's case to him, and have been feeling irritable since. But I struggled against these feelings. It is most plain that only God can rectify these evil dispositions, however hard my poor will may struggle.

5 P.M.

My head is still full and swimming and my temper nervous. Have tried to keep it under control a little and being fortunately not much tempted have not broken down badly. Studied a little and read a little. Disappointed about going ashore and getting some berries.

Evening

At dinner ate pretty heartily. Lucia & I were watching the boat coming in from her fall. Read carefully tonight. No special temptations. Talking some time with Mr. Bicknell.

Thursday August 6th 1868.

This morning I was very sleepy. He had night quarters last night. I attended with less impatience than usual but with culpable indifference. Dressing I was so very sleepy that my thoughts took cognizance of nothing whatever. My prayers were earnest but much distraught. Was a good deal annoyed at the way things went looking out. Temper very sour & surly before breakfast. During the forenoon have attended to duty fairly well. No special temptations.

5 P.M.

ate heartily at lunch. As soon as a nice meal presents itself I am almost sure to overeat. My reading was poorly attended to - though perfectly done. The devil has had possession of me in that old familiar way - not by delusion but plainly leading me into known sin by his power and my weakness - failing to look to Christ. The Captain has annoyed me, and I have felt and spoken angrily and sulcily - and the same ground has continued. Now at dinner & day feeling I was wrong. Knowing it I said after a faint resistance I would rather be

beaten by the heat of every ship in the East than have
 to listen to one of the Captain's authoritative discourses;
 and 'he thinks he knows more than any one else extant'
 I know the feeling of old & partly due to physical causes
 it demonstrates the utter powerlessness of the unaided
 human will. At dinner excepting this I don't remember
 much wrong & at heartily but not to excess. I know
 that along with the infirmity above mentioned there
 exists a great dislike to receiving any hints or sug-
 gestions from others; any information regarding de-
 ficiencies detected &c. So I am sensitive in both
 directions: why? Because of pride & indolence.
 May God keep me not only to confess but also to
 amend.

Friday August 7th 1858.

This morning I rose in time enough for all
 that I had to do. But still I failed in constraining
 my thoughts to the matters I thought fitting & I broke-
 fast at hardly any thing having no appetite. During the
 morning attended to my work fairly well. Spoke to
 the Captain about the whaleboat and obtained my wish
 Evening.

Reading after lunch today I suffered at first
 from that distraction of thought which has so often dis-
 turbed me; gradually however my mind became clear
 after one I sat down and drew up a plan for the day
 in order to save time, and avoid the distraction from a
 multiplicity of pursuits. After this studied Greek
 Went ashore in the 3 o'clock boat, walked up
 through Koko and by the water course some dis-
 tance. Returned in time for dinner. I have failed
 today in fasting as I should. Very much interested
 & somewhat excited over our prospective mee, and
 the preparations for it. No temptations to mispa-

and God has answered my prayer and saved
me from impatient haughtiness; from that "hating to
be reproved"; in whom I trust that He will yet deliver
me.

Saturday August 8th 1868

I rose in such good time as not to be hurried
at all in my praying or reading. Ruled the deck
at 7.30. Restraind myself a good deal in talking with Jones
from wrong speaking of the Captain. At breakfast ate
heartily with a little thought of him. Prayed at regular
times and attended fairly to my duty to-day. Noonday prayer
earnest but difficult to fix my mind. Have adhered to
my programme laid down

Evening.

At lunch ate moderately; after lunch sat
and talked. Read between 1 and 3. Fletcher was
more annoying to me than usually of late, and I
answered him once or twice with my old impatience
though subdued. I notice that I too am annoying
each by similar faults. Went ashore at 3 o'clock, sat
at Carroll's until 4 and then walked out with
Mr. Pickwell. Was gone three hours very nearly
Conversation general and trifling. We visited one
most beautiful valley - exquisite, charming, no
word is exaggerated when applied to it. At dinner
I ate heartily - with no thought of God save to ask
help to keep my vow, in which I suffered some
temptation

Sunday after Trinity 1868
August 9th

Rose late again this morning but took
time for my prayers and reading. Ruled the
deck a little late. My thoughts wandered in dressing
It is a busy time and my ropes so heavy, it is very

difficult to keep my thoughts on any sacred subject. After
 dinner breakfast late moderately enough - after words
 shaved; sat under the poop and talked a little while. The
 Captain propounded to me his plans for a short cruise. As
 usual I am loath to go and have all the objections of laziness
 but I did not say anything nor indulge in any mental
 growling. At church there was a good and hearty
 attendance. I find that my own attention is more on
 my manner than on prayer. Talked after service
 then came to my room and went through Church Communion
 Service devoutly in my room. I tempted to some impatience
 toward Fletcher but expressed the tendency.

Evening.

After lunch today I read from French the
 exposition of the parable of the unjust steward, the
 gospel for the day. Became very sleepy during the reading
 Dozed a little afterwards. Read from Spurgeon between
 three and four. After that I gave my attention
 a good deal to the getting the ship ~~under~~ ready
 for sea. The day has been unaccountably oppressive.
 My own expiring today drank some claret at
 dinner. Have been no better for it, and feel now
 very willing, carnally, to renew it. Have been more
 weak than I ever used to be.

Monday August 10th 1868

Slept not very well last night - rose
 late this morning and did not have time for my
 prayer fully. Consequently I have been greatly
 tired all day. At 8.30 we attempted to get the
 ship under way but failed; every thing
 too went wrong - every thing to the smallest
 details all wrong. I did not explode very
 badly, though I was severe to Mr. Fletcher.
 The same general character has prevailed during

the whole forenoon. I have some of better than was to be expected, but my hating & being reproved showed itself most plainly at lunch when the officers were talking about the yards being out of the square. There was another very great annoyance. I have been nervous and fidgety. I attribute my difficulty in very great measure to my failure in prayer this morning & evening.

This afternoon I have been tried by great nervousness. For a couple of hours I endeavoured to give my attention to Greek, with little success. I had read a novel afterwards. I had noticed some tendency to that hating to be reproved but I have not altogether yielded. My work has been and mainly feebly uphill today, and I think God has let me feel my impotence, to punish me for my ill judged conduct in drinking and smoking so much last night. For Fletcher I have permitted unkind contemptuous feelings to exist in my breast. Now my frame is calmer again. The weather looks badly for to night.

Tuesday August 11th 1868

This morning I rose late being excessively sleepy. Did not relieve the desk. Prayed that in case of our having any work to do it might not go on so badly as yesterday. We were put to work about ten, getting ship underway the captain being more than usually unamiable and meddlesome. I spoke down again as usual but I do think this time less utterly than before and when I came below I refrained my lips though with difficulty. Have not abused him, nor justified myself which is a decided improvement I admit though I was obstinate, obstructive and upon the whole disrespectful; only less so than usually. As for Mr. Fletcher I had had nothing to say to

him - good or bad. Prayers pretty well attended to and very earnest indeed.

Evening.

During this afternoon I have upon the whole kept my tongue pretty free from commenting upon the Captain's course. My heart has been quite free from any vindictive feeling in the matter which has made it easier for me - and once when I spoke of how ill-judged it was it was without feeling in the matter. Wrote a letter to Frank. At dinner I was cheerful and happy free from any ill feeling I was thankful to Him for the success of the coming, & anchor for which I had prayed.

Wednesday August 12th 1868.

This morning I was roused at four but being no wind dropped asleep again. At 5 a breeze having sprung up was called on deck to get ship underway. My mind was harassed by angry thoughts of the Captain and his interference. I yielded I am sure in part. But on deck he hardly said anything and my temper was consequently untamed. Dressed - thoughts wandering. Relieved the deck before 7 bells - At breakfast I ate moderately enough. During the morning had very little to do, but laughed and a good deal at a shell box after the Captain's Contrivance. Few temptations today.

Evening.

This afternoon I took the deck while the ship was being got underway. Nothing occurred to annoy me. Tried to sleep but failed - so wrote a long letter to Sam & Abe. During the rest of the afternoon reading desultorily. Have laughed about the Captain's impudency - and I should have said my ~~own~~ state prayers once and come to them unawakened at other times. At dinner I ate pretty

heartily although the fare was not very inviting
 Was not disposed to grumble. Smoking since
 dinner. Fletcher was provoking but I have been
 pretty patient, although strongly feeling his
 peculiarities. No special trials today; mostly of
 a kind not customary to me, low & impurity
 Thursday August 13th 1868.

This morning we fortunately had no wind and so
 I was not cut short of my sleep. Relieved the deck
 at 7.30; the Captain ordered us to get underway at
 8. I did not like it and was inclined to be testy.
 Held my tongue but was not cheerfully compliant in
 my heart. Have spoken of the Captain once or twice
 disrespectfully and generally improperly. Have not
 been without effort to do better but have failed.
 Attended daily reading and prayers.
 8 P.M.

After lunch today the Captain detained me
 on deck talking for a little while. He brought ship
 to anchor about two, very nicely; no voice or
 row. I have, I fear, forgotten to thank Him for this
 success. Employed during the afternoon in getting
 ship to rights afterwards in reading Spanish. I
 have failed today very markedly in speaking of
 the Captain improperly. Of Fletcher spoke very
 harshly and wrongly at dinner. Ck heartily at
 the meal. My temper has not been under good control
 today; this may be partly owing to physical ail-
 ment which gave me a headache for a short time
 this afternoon.

Friday August 14th 1868
 This morning I rose at 6.30 - Relieved Mr.
 Fletcher at 7.30. This poor fellow is evidently be-
 ginning to feel the snubbing that his natural lack of

good sense exposes him to. The "Maumee" was reported to be coming in at 8.30. This agitated me a little for I half anticipated that she would bring orders for us - which she did not. During the morning the Captain annoyed me once, and I broke into complaints with the wardroom; that he was the most provoking person for a superior that I have ever known. Have not been brought into contact with Mr. Fletcher today. Visitors from the Maumee kept me from my noonday prayers; this was unavoidable. Had rather an interesting conversation with different persons on Squadron matters; have failed in frequently remembering God. Have not fasted today.

Evening.

Said the Litany between two and three and prayed earnestly at three that I might not fail to strive earnestly. Went ashore at 3 o'clock. Returned at 5.30. At dinner fasted a little. After dinner some visitors came on board from the Maumee. The day has been greatly broken up by these unusual demands upon my time. I do not recall any marked failures of temper or improper speaking of others - though I have been inclined to boast of my ship. Have not been much tried this evening.

Saturday August 13th 1868

This morning I rose at a little past four o'clock, having the intention of going up to the temple on top of the hill. ~~We had~~ I was very sleepy but got time almost to finish all my devotions before we started. The weather was very favorable for our trip; I thought of Him a little though very little, and was enabled to keep my row though much fa-

stepped while on the top of the hill. After our return, the breeze ran me into a most violent heat, and I felt very much prostrated; so much so that I drank a little brandy in some tea. I thought of Him to whom I had vowed and prayed for forgiveness if this were sin in His sight - but I took the stimulus so that I neither enjoyed the taste nor felt the definite exhilarating effects of it. I trust that the spirit of my vow was not broken though the letter was. After my return to the ship washed myself and got some lunch then read a little. This is Napoleon's birthday, besides we have had some boat races, and I have been bothered and pestered in different ways. Spoke harshly, and as it turned out, without cause of the captain's changing his mind with reference to the position of the stake boat. My mind has with much difficulty settled down to prayer; I am not altogether to blame, but it is true that in addition to the unavoidable distractions consequent upon a day of such excitement I am prone to considerable indifference & lukewarmness in my religious pursuits.

Trench Sunday after Trinity, 1868
August 15th

I was heavy and still a little tired this morning. Got up about 6.30. My prayers were earnest and reading pretty attentive. The captain was unwell but did not anger me by interference. He had ~~not~~ ^{been} ~~very~~ ^{ill} enough at breakfast. Had to have ~~to~~ ^{to} afterward. The captain annoyed me by some of his criticisms on the ship and answered testily, and unangry. Attendance at church again very small. I was much depressed thereby. True church feeling depressed, not spent &c, with the feeling acknowledged & myself. Oh that I might.

simply work out my own salvation in fear and trembling, but were in no way bound to strive and do anything for others.

Evening.

Have been very dull and heavy this afternoon with inclination to doze, and at first very sleepy. Have over Romain's epistles; very much irritated by his apparent unfairness. Slept a little while - Read Truchet's Commentary on the Parable of the Prodigal Son. Drank a little sherry and bitters, supposed having spirit. At dinner ate pretty heartily; grumbled not without cause at the stewards lack of attention to the ship interests. Talking about the Naval Academy after dinner. Have been suffering from a sort of fulness of the head and heaviness of the stomach to day, and during the past week.

Monday, August 17th 1868.

This morning arose in pretty good time. John Backus requested to bring me my bathing water. Although feeling ugly I kept pretty quiet - I think my evil sullen disposition is more under the sway of my will than formerly. Was headily, though not feverish, groggy before breakfast. At breakfast ate moderately. At morning reports I saw plainly that sand had been largely about since Saturday's race. At quarters thought I saw traces of the same thing. Rather sullen during the morning. Monday devotions indicate a little better spirit coming unto me; God grant it.

Evening

At lunch to day, some of the Captains unpleasant remarks showing his occasional estimate of the qualifications of his subordinates were mentioned. I spoke a little of it but for the most part I held my tongue. Tried to make out my bill

for shifting winds but my head was very thick indeed, I found myself unable to work. Read a novel a little. Went ashore after 3 o'clock started round a little my mind being relaxed somewhat by noticing the people around me in the streets. After my return at dinner was exceedingly & markedly depressed - and have suffered so in some degree all the evening. I am not well though I hardly know what is the matter with me

Tuesday August 18th 1868.

It was my intention I had made a wandering excursion into the country around us; but it was reported to me that the weather was very doubtful so I did not go. This, as little Cross accidents do, made me nervous, especially while any suspended relative to going remained. At breakfast I felt very forlorn and under the weather - During the morning attended pretty well to my duty - and suppressed our marked inclination to grumble about the Captain. Noonday prayers earnest and reading quite attentive.

Corning.

This afternoon I went ashore about two o'clock. I have been anxious for some time to make a little excursion into the back country, and Mr. Bicknell with me did so. Had rather a pleasant time the day very favorable not too warm. No temptations to evil speaking. Wanted to drink and get, while I saw my vow upon me it appears as though the temptation were not permitted were to be dangerously strong. Ate moderately at dinner; indeed my appetite was ~~so~~ poor. Do not recall offending very much with my tongue, and being out of the ship my haughtiness has not been tried by the Captain

Thursday

Wednesday August 19th 1868

Woke in good time this morning after a very heavy sleep. My morning prayers were earnest but dull and I rather neglected the latter part of my devotions. At breakfast ate moderately not feeling very well after the physic I took last night. During the morning a general lassitude and depression has weighed upon me. Spoke a little tartly toward Mr. Allen due to physical causes.

Evening.

This afternoon I have been reading Peckham's. Tried to write & finish up my letter, but with very poor success. I doubt think in all this I have been to blame for I have been really a little unwell. The Yeas sent a saucy message to our boats crew. At dinner I ate moderately enough, have been but little tempted to my ordinary faults, but have forgotten my prayers - at 3, and have been much indisposed to devotion.

Thursday August 20th 1868

This morning I rose a little late and very much annoyed by Backus. I was very harsh in my manner toward him and with difficulty kept from acting really wrongly. Retired to bed at 7.30. Ate moderately at breakfast. Have not offended in any special way this morning. Received a letter from Woodburn which from pleasure & interest has upset me as it did three months ago.

Friday August 21st 1868

Was very sleepy when called this morning - and very tasty upon breakfast. My attention & my prayer has been less willing, but more constant & energetic today. Ate breakfast at late or nothing. Made a row and was inclined to be ugly at 8 o'clock. Have done very little work today.

Evening.

Ate moderately at lunch and tried to make myself pleasant to a casual visitor. Spoke once rather sharply of Admiral Rowan. During the afternoon read from Dr. Alfred's meditations & afterwards studied Greek a little. Then I read Pindarus. Ate dinner at more moderately than usual. Have had few temptations to my besetting sin today; but suspect that I am becoming backward & slow in exciting myself even a little. Read this ~~after~~ evening as usual.

Saturday August 22nd 1868

This morning arose late having ~~be~~ stayed up too long last night. Ate breakfast at moderately. Was in a rather bad humor but kept pretty quiet, and subjected my haughty disposition in two or three slight trials. No very special temptations today.

Evening.

This afternoon I read, loved rails & fowls again; found a good deal of fault with some people and punished one. No special temptations. Am still feeling somewhat under the weather - do not digest my food well. Restrain some impatient feelings and have been considerate towards Mr. Fletcher.

Eleventh Sunday after Trinity

August 23rd 1868

Arose late this morning through the failure of my

servant to call me. Took plenty of time to dress, and for my prayers. My mind is so very heavy, my head so full when I get up. I don't think it is altogether my fault. At breakfast I ate moderately. Backus vexed me by ~~my~~ late calling, and threw me back all the morning I was not impatient. The attendance at service today was rather better than usual - and I myself felt more devout. In church I have said the Ante Communion Service in my room and also read from Goulburn. A little tart once to Mr. Fletcher. Came to my prayers punctually.

Evening.

My afternoon has passed very quietly reading & writing. Lay down for some little; during the latter half of the afternoon felt that wretched gnawing at my stomach which is of late no stranger to me. Tried drinking some wine at dinner; think I may look upon it as settled that it is at present injurious to me. Felt the little I knock in my head and have not been well or bright since I spoke more rashly than has been my wont of late; altogether I think my own head best be smeared for every reason.

Monday August 24th 1868.

This morning I rose in tolerably fair time. Attended pretty well to my prayers, had time enough. Reached the desk at 7.30. At breakfast ate moderately - was inclined to be testy and irritable during the morning especially towards Fletcher; and of those humors in which I am sure & control myself though I believe God will help me. At quarters I did wretchedly; he is a miserable officer and is trying to his superiors. Since quarters have attended to some little duty and had had to attend to a request for money from some of the men to put on racing. I am opposed to this and became excited about it; spoke in that way and had been feeling excited ever since.

This has troubled me in my prayers exceedingly. Still not feeling very well.

Evening.

At lunch there was some little talk about the race; this matter has been the cause of some excitement and some annoyance likewise today. I have been in a disturbed frame of mind myself. Read a little from Pendernis; attended to some work. Went ashore at 3 o'clock; by that time the race had come "on" again; men in the boat were excited about the thing. Read quietly for a little while at Carroll's; then walked on the main street of Kobe, looked at the bronzes which it ~~is~~ ^{we} proposed to buy for Ward. Drank some brandy upon my return in hopes of deriving some benefit from it; on the contrary only found my head very heavy. After coming on board this. Ludlow has been disagreeable to me the past day or two. Since dinner have been talking under the poop. Spoke of Burri's failings.

Tuesday August 25th 1868.

Read earlier today than at the time I had intended owing to the failure of Packus to call me. Took this quietly enough. Before breakfast quiet as usual, though I did not quite give up to the feeling, and was pretty good humored at breakfast. Completed my nine o'clock prayers through I might say. During the forenoon have attended fairly to work. The race is still pending but now is likely to come off. Surveying officers on board; prevented my 11 o'clock prayers, but then I was also lax and indifferent. At lunch I ate pretty heartily; after lunch read Pendernis till one o'clock then attended to some business of deck. Tried to say my noonday prayers after one but my attention wandered sadly, unaccountably.

Such tempting events give me a happy assurance that I am not altogether ~~debauched~~ & wild and un-
headed as I formerly was, but more submissive to the re-
quirements and exactness of the Captain.

Fifteenth Sunday after Trinity
August 30th 1848

I was taken suddenly sick last Tuesday
Evening and after suffering considerably for 36
hours have been so weak ever since as to prevent
my doing very much. This morning I rose late
after all the same excitement. Had had no special
trial to day - am still weak and rather ailing
Evening.

This morning just as I was writing Dr Costa
Rica was coming in with the mails. At lunch I ate
pretty heartily; good and strong appetite; drank some
porter after hesitating a good deal about it. The whole after-
noon has been very "unprofitably" spent; I fear I may
be excusing myself too much on the score of my indisposi-
tion; but I do feel very weak. Had been hasty and irri-
table in feeling & manner, last and unkind to Mr. Fletcher
Had been sober not devout.

Monday August 31st 1848

This morning I rose late, but had a refreshing
& peaceful night's rest. Was careful in my devotions.
Had the reports of the past two days to which I attended
pretty well - but was mostly under the Captain's
orders. In two or three things in the morning found my-
self cheerful and submissive. Went ashore at lunch
at 12 o'clock with a friend. Do not recall any wro-
ng conversation while out of the ship. Spoke a little harshly
of poor little Payne.

Evening.

Read during the greater part of the afternoon

At dinner I ate heartily and got into a tuck about the captain's peculiarities and interferences, and spoke unrespectfully about it.

Tuesday September 1st 1868

This morning I rose very late. Last night there was a row of some kind on shore, and were all called up about 12, and the armed crew sent away. Did not get secured until after two; I had a very sleepless night. Drank some brandy and the consequence to make me irritable. Was very irritable when I arose and in dressing. Postponed my prayers till after quarters breakfast. The day has been very rainy and no work has been attempted.

Evening.

I ate very heartily at lunch. Though I think not too much so. Slept after lunch, being very drowsy. Read papers during the afternoon. Have spoken of the row on shore last night pretty freely and positively. Was kind enough to Mr. Feltham on one occasion when tried. Since dinner have been engaged in conversations not always the most profitable, for personal. Have not really done any work today.

Wednesday September 2nd 1868.

This morning when I awoke found that Backus had not attended to his work. I was annoyed & showed it though not wrongly. Relieved the deck at 7 bells; have been testy and impatient of contradiction or reproof which I showed with special discourtesy & wrongness toward Bradford. During the morning hand had the little duties consequent upon the bad of bad weather. No other temptations. My mind now is more equable than earlier in the day.

Evening.

At lunch I ate heartily. I find I do not easily remember the details of the day when so ~~so~~ many hours

elapse, as now have. During the afternoon I attended in rather fidgety way to some little piece of duty and tried to study Greek but unsuccessfully. Afterwards read a novel a great part of the afternoon. At dinner again ate very fully. Conversation became political after dinner, I do not recall anything markedly wrong notwithstanding the general tendency of such discussions. Prayers have been perfunctory. Temper untried

Thursday September 3^d 1868.

This morning I rose as soon as I awoke, but still a little late. Was somewhat hurried in my prayers but yet had plenty of time. Relieved the deck promptly at 7.30. A little irritable at 8 A.M. manœuvre.

Since then, at breakfast ate pretty moderately. Read a newspaper and made myself late at 9 A.M. prayers. During the forenoon attended to business fairly well. Was much annoyed and angered at finding some word men on the sick list; this tried me a very great deal, I fought on the verge of defeat against my impatience, & escaped not without a fall. Called a man a fool in my impatience, about another thing at the same time. Noonday prayers wandering.

Evening.

My troubles came on me at one o'clock furling sails we did very badly and the Onaida rather beat us. I was very irritable during the early part of the afternoon, so much so hardly to be able to control myself at all. Went ashore at 3 o'clock. At dinner I ate heartily. Went to the Onaida after dinner. My great trouble today has been my excessive irritability; have not found so much temptation & haughtiness &c.

Friday September 4th 1868

I got up pretty early this morning and was all dressed &c by 7.30. Bradford having the deck I did not relieve but read under the poop until 8. Aft breakfast conversation turned in some degree upon Onida's affairs - spoke slightly of one or two. The day has been very rainy and stormy - nothing to do for us. I wish to fast but am indisposed to it. Have done nothing but loaf.

Evening.

Fasted a little at lunch. Fied during the afternoon to read from the devotional book which I have now in hand, but was very heavy and sleepy, so that I dropped off once for a few minutes. Read novels and frittered away a great part of the afternoon. At dinner did not deny myself at all. Once spoke rather unkindly of Mr. Fletcher. No temptation to my usual besetting sin but have failed in the devotion proposed, and in fasting.

Saturday Sept 5th 1868

This morning I rose in pretty good time a little testy. Relieved the deck at 7.30. At 8 o'clock crossed yards and hoisted sails pretty successfully. I was not irritated at our failure. At breakfast ate moderately enough. Since breakfast I during the morning have been reading a novel. My digestion is bad at present and prevents my attention to study &c. Have not been much tempted to impatience or unkindness of any kind.

Thirteenth Sunday after Trinity
September 6th 1868.

This morning I rose in good time feeling a

little headache - thoughts wandering in dressing. Prayers pretty earnest. Ate moderately at breakfast. Hudsony still marked & cry down others, and find fault, as in criticizing the youth & (supposed) stupidity of the Obedia watch officer who forces us to follow their notions. Attended at church today pretty fair and I felt straps dread than I usually do. Captain found some fault in inspecting, this is the first time I have been tempted in several days I remembered the necessity of submission - and tried pretty successfully

Evening.

At lunch today I ate moderately - after lunch I was very sleepy and slept for an hour, when I woke there were a couple of visitors talking away at a great rate I lay and listened to them. After they left I read for some time, then Woolverton came aboard remained about an hour. Conversation was general and I think harmless. Walked on deck for some time, day dreaming. At dinner I ate moderately enough but talked indiscreetly about other persons, and a good deal about things in general. I fear I am drinking too much again

Monday Sept 7th 1868

This morning I rose early, being pretty sleepy. Thoughts wandered in dressing my prayers were earnest and collected. Was feeling unwell, nervous due to my own impudence of last night. When hearing the bells at 9 I expressed my opinion of Fletcher, which although I believe a just one, was certainly uncalled for. Have been disposed to praise this morning, but on the whole have refrained. Today prayers thoughtful collected and fervent.

Evening.

After lunch today May dawned and tried to get to sleep. Immediately there was a run upon me, and I got very irritable. strove against it and although I fell - I was not altogether cast away. After attending again to some little duty I lay down and slept soundly for half an hour or so, after which I strolled about for a little while until Ludlow and Giddon; they talked for a long time in the ward room and I listened to them, joining a little in the conversation. Don't think I said anything wrong. Walked and dined for a spell. At dinner I ate moderately and drank within bounds. Do not recall any faulty conversation. Prayers have been pretty regularly attended to this afternoon. No special temptations save those above alluded to at 1 P.M.

Tuesday Sept. 2nd ofth 1868.

This morning I rose in pretty good time, had abundance of leisure for all my prayers & reading, which were fervent and devout. Read under the poop until nearly 8; at breakfast ate moderately. During the morning I have had few temptations and have attended to my work fairly well. Head aches a little. I am a little upset just now and find it hard to control myself.

Evening.

After W. left the ship I went on with my reading. Am disappointed in seeing that he is, after all, running pretty much the old course - at least as far as I can gather from some remarks of Ludlow. I had hoped other things. Was greatly oppressed with sleep during the whole afternoon so much so as to give me a headache the latter part of it. Endeavored

to give my attention to Greek but this misfired me. Carroll came on board and remained during an hour or so. Was a little annoyed at Lis' keeping me on board the ship so long. Mr Farland was likewise aboard for a while. Suffering has really incapacitated me a good deal during the afternoon. Do not recall speaking evil of any person during the afternoon.

Wednesday, Sept. 9th 1868.

Arose a little late feeling intensely sleepy. Relieved the deck at 7.30, a little in a bad humor but nothing fortunately occurred to try me. At breakfast late moderate; I am now feeling still very very sleepy. No special temptations.

Thursday Sept 10th 1868

This morning I had to get up early. My night's rest was bad for I had drunk and smoked a great deal more than was good for me, and so was restless with night-mares. Told the men ashore for drill at 7. Morning prayers were earnest though affected by my indisposition. I kept the deck for some time during the morning. Have done very little study. Noonday prayers earnest & fervent.

Evening:

At lunch I ate pretty heartily. After we lay down and slept a little while; when I awoke the inclination seized me to go over and see Woolcuton which I accordingly did. Had a long & pleasant talk with him which turned finally upon religious matters. I do not know that I am quite right in putting the matter so much on intellectual grounds appealing more to the head than to the heart. At any rate I had a very pleasant ~~even~~ afternoon, pleasant & human friendship gratifying to the feelings whatever

it be that leads me to talk of religious matters. After my return walked for some little time thinking of what else I might have said. Lt Dennis late in evening but was talking a good deal about our ship with comments disparaging & others. Have been sickish since dinner.

Friday September 11th 1868.

Very sleepy this morning and rose late - Put off my reading until after breakfast. Suffering from indigestion today. No temptations or I fear I should be impatient. Some English officers visited the ship.

Evening.

~~This~~ At lunch today I ate pretty moderately. After lunch and going round the ship lay down and slept very heavily for an hour and a half. Was awakened by the announcement that the captain was about to leave the ship. Went on deck in a very ugly frame ^{VIII} of mind, against which I strove, but feebly. Broke down. Studied Greek for a spell without making great progress. Afterwards Mr. Tapp came on board. They walked on deck for a little while. At dinner I did not eat much and get fagged in dressing myself as I should have done on Friday. I need to resume living by rule with strictness. Lt Dennis had done very little.

Saturday Sept. 12th 1868.

Rose and dressed in good time, still and feeling a little under the weather. The Shenandoah arrived today and the suspense & excitement attending news from the flagship has discomposed me. My impatient temper has twice cropped out today - once being held in check; the second time getting free vent concerning a counsel from

the flagship about some papers.

Evening.

At lunch today I ate pretty heavily - after lunch went on board the "Onida" for a short time to say good bye to them. After my return I felt unwell; my stomach being as if late somewhat out of order. At 3 o'clock I went ashore, and after waiting a little while MacLinton joined me. We started on our ride, going up to the little valley I have admired so much. Walked about there a little while. Our conversation was entirely secular, elicited by passing objects until we reached nearly home. Then we ~~went~~ went to dinner at Gaudaube's. At dinner talked about love affairs &c &c perhaps somewhat foolishly. Went from the restaurant to Carrolls; then our talk turned upon religious matters - especially when his doubts came into play. Returned to the ship about 9 o'clock.

Faitheenth Sunday after Trinity, 1868.
September 13th.

I rose this morning late. Last night my sleep was bad owing to my over drinking and smoking yesterday afternoon. Had not full time for my prayers. Little or no appetite at breakfast, and feeling very unwell all the morning. There was a good attendance at ~~early~~ morning service. After service I wrote W. a letter concerning a matter we spoke of last night. After lunch I slept awhile. I think that my moral courage is but slight of late days - yet it may be that I am right enough in not making trouble about some little things

I intend now to try as a corrective to drinking to try this plan: to make a vow each day at noon for 24 hours not to drink excepting at meals, unless visiting or receiving visits from foreign officers; also not to smoke more than an equivalent to two cheroots a day. Before meals I will recall that I must give account to Him who so loved me.

Genesis VI 2 & 4. 'The sons of God saw the daughters of men that they were fair, and they took them wives of all which they chose + + + when the sons of God came in unto the daughters of men & they bare children to them the same became mighty men which were of old men of renown.'

Who were these sons of God?

It seems that it has become impossible to maintain the literal meaning of word day in the Mosaic record of creation, owing to the ~~adv~~ discovery of science. The day may come when we will be forced to admit that the sojourn of man in the Garden of Eden was longer than the one year allowed by our present chronology; in other words that the antiquity of man upon earth is greater than usually supposed.

If such be the case pre-Adamic men may have existed. See the word means simply 'the man'.

It seems beyond question ^{by St. Paul} that all the present fallen race of man are descended from one in whom they federally fell.

May not these sons of God have been those men who did not lose their innocence, whose, after the fall of a portion of the race in Adam, were gradually removed from the face of the earth as would Adam & his posterity if they remained guiltless. May not this passage be a trace, as it is the only trace, of a pre-Adamic and sinless race of human beings

Hence sprang giants and new openings.

x x x

Presents object to the Bible History the antiquity of Egypt and its monuments. Yet how ancient the date of that stupendous undertaking the tower of Babel.

x x x

Compare minutely the temptation of the sinless Adam, with the temptation of the sinless Christ

x x x

Evening Sep. 13th

This afternoon after concluding my abstinence devotions I swayed up and down thinking earnestly upon the contrast of the temptations of Christ and of Adam, how the one was made perfect by suffering showing that even sinless ones may be perfected; and the other fell. "The keystone of resistance it is written"; the fatal error the disregard of it is spoken". At dinner ate & drank moderately enough. Have undergone no trials of temper

Monday Sep 14th 1868.

This morning I felt unwell and rose a little late. Had time for the due reading of the great part of my devotions. Reached the deck at 7.30, and attended to work pretty well at the time. At breakfast ate moderately enough said my prayers at 9 with devotion; went on board the Monocacy returned W. the pamphlet that he had lent me. At general quarters everything went as pretty well today - had a very satisfactory exercise. Called on board the English "Cormorant" between 10 and 11

Evening.

At lunch ate in moderation but after the meal I was in the utmost degree irritable, found up

in the feeling. Had to go to the Shenandoah on duty and stayed there for an hour and a half, talking as well as I could. At 3 o'clock ashore to ride, had a long while being away, two hours very nearly. Resisted a temptation to drink upon my return; at dinner ate moderately again, drank my pint of beer feeling quite faint. I do not recall any special temptations to-day.

Tuesday Sept. 15th 1868

Rose in fair time this morning feeling a good deal under the weather. Ruled the deck at 7.30. Ate breakfast ate hardly anything. Have attended to duty fairly well during the afternoon morning. Have suppressed one or two movements of impatience.

Evening.

To-day I have been feeling rather played out, as the expression goes. The bad cold I have had, joined to the fatigue and slight stiffness from yesterday's ride has made me uncomfortable. At one o'clock, after giving a few orders lay down and slept heavily for a little while. After awaking tried to ~~study~~ write letters &c &c but was so indisposed to it that I gave up the effort. Talked a little while in Leach's room. At dinner ate moderately drank and drank within limits. Poor Fletcher came in for a nice smooching in which I joined a little. I don't quite know what is the matter with me seem so enervated for exertion, and then this unaccountable sleepiness in the day time. Prayers at stated times have been anything but earnest or fervent.

Wednesday Sept. 16th 1868.

This morning I purposely lay in bed very late not rising till 9 o'clock. Did not say the mass of my prayers until after breakfast. Have not been

subjected to any special temptation today. It is raining and blustering not admitting of ship work.

Cosmopolitan.

Today I have observed my rule about drinking and smoking but Opium is making me very sleepy I will try and discontinue the use of it. Accordingly after lunch until near 3 o'clock I was so heavy I could do nothing. After 3 wrote a letter for home Lottin away a great part of the afternoon. At dinner Fletcher annoyed me by one of his infinitely silly remarks and got snubbed for his pains. In the supper talking was much enough under the poop. Felt irritable in the early part of the afternoon. Suppressed some depression of irritability at little interferences of the captain.

Thursday September 17th 1868.

Arose in pretty fair time this morning. Released the deck shortly after 7.30. Do not recall any special temptations or faults. Was a little sarcastic upon the Shenandoah's signal to hoist sails, this rainy day.

Cosmopolitan.

At tiffin tried to do without it but finally drank a very little. The Moucaey came in between 12 and 1. Wasted my time a good deal up to nearly 3 o'clock at which hour I went on show. Walked up to a temple and looked round it from there went to Baker's when I stayed for a few moments till Woolcuton came along. Jamed him, and walked down to the Frenchmans, where we stopped and talked for some time. Very impatient and improperly so toward Fletcher in the early part of the afternoon. At dinner I ate moderately enough; talked not scandalous, but

wrangling - Charlestown Navy Yard girls &c. My mind is now in a very unhealthy state and my body is not as it should be. Should I not try to cast out that ruling thought, I will. Is it not in some measure deceiving me.

Friday September 18th 1868.

Was late in rising today - and though I had time for my prayers I passed over my reading, and since forgot it until this very moment. The morning has again been rainy and disagreeable though there are now some little signs of clearing. The captain annoyed me in his order about quarters but this I suppressed successfully; amused myself reading Spanish, novel during the forenoon.

Evening.

At supper ate moderately enough - appetite slight. After supper lounging around expecting order to lower sails. Got them shortly after six o'clock. When I came below found a pair of slops sitting in the stowage got very angry and made a considerable row. Was very sulky, irritable, and somewhat unjust about this time. Then the Captain countermanded some orders of mine. I submitted silently but with a good deal of effort; still I was exceedingly pleased when the rain came on almost instantly put me in the rig. Tried to study Greek but failed. Saw almost disheartened at the look of the vessel but I will I hope yet be able to overcome them. Drank some ale at dinner, and my fasting has amounted almost to nothing.

Saturday September 19th 1868.

This morning I rose late again still suffering from excessive sleepiness which I do not, unfortunately feel so ^{much} at night. The weather has broken away a little today - lowered sails &c at 8. The captain

and deck immediately after this, and commenced making
 some suggestions, most kind & considerate in his manner.
 My only mood was an and that before breakfast, but by
 God's grace I checked my mood but it was well nigh impos-
 sible to be cheerful. Have attended fairly well to my
 duty today, and been in a pretty good humor.
 Evening.

I furl'd sails today at one o'clock by signal
 from the Steamer Doak, but her badly and crossed
 over it. Went ashore a little after one o'clock with
 Leach walked round a little while; at 3 met
 Woolverton by our agreement and started for the
 Cascade; had a very pleasant trip upon the whole
 but talked too much about myself. After my
 return drank a little whiskey at Carrolls.

Fifteenth Sunday after Trinity
 September 20th 1868.

This morning arose in pretty good time
 but I was very sleepy and have so continued all
 through the day. I was indisposed toward reading
 service this morning, but prayed for grace. After
 church I lay down and tried to sleep but although
 I was very heavy with sleep could not drop off.
 All the afternoon the same heaviness troubled me
 Went ashore at 4 o'clock in sheer despair of
 getting in a better frame for reading to be.
 Returning just got off in time a furious gale
 beginning very suddenly - had a good deal of
 fun coming off. At dinner spoke a little
 slightly of one or two orders of the Captain.
 One of the greatest faults that I have re-
 cently noticed in myself is the intense "self" in-
 volvement of my thoughts. It is continually of myself
 my ship, my thoughts, my experiences, that

I am in fancy speaking; not only in fancy but in fact I want to talk a great deal too much, even sleep. Truly we are desperately wicked, there is indeed no hope for us in ourselves; evil dispositions in every direction show themselves.

Monday September 21st 1868

This morning I rose a little late. Found that the weather had cleared beautifully and it immediately occurred to me that today would be a very good one for our trip to the Moon Temple. Spoke unkindly of Fletcher before breakfast mentioning my dislike to having him round, and how he bored me. Wrote to Wadsworth & asked if he would go to the Temple. Received a negative reply. Have attended to duty fairly well this morning and have not had any special temptations.

Evening.

At lunch today I drank some port. After lunch I came to the conclusion to visit Mr. Monahan. Ludlow was going away and through him I ascertained that Mr. Farland would be on board. My prayers at one were rather hurried. Stayed on board the M. about two hours most of the time with M^r., latterly in Wadsworth's room. My style of talking still affected and of self. I do not recall much that was wrong in my talk save one somewhat slighting remark upon Fletcher. After my return read one of Bunyson's Idyls of the Thing which M. loaned me and which I liked very much. At dinner late and drank within limits.

I think I must resume the old habit of more frequent recurrence of my self examination during the day. Trifling incidents are now apt to

escape me.

Wednesday Sept 23rd 1868

This morning arose rather late. Yesterday made a second excursion up to the Moon Temple drank on the trip so as to feel it a little but not so as to be sick. But unfortunately I did not stop here, but drank more & elsewhere not having made any vow; so when I came to my prayers I could not clear my head well. I sinned in drinking too much. This morning I am of course suffering for my sins. I do not feel any poignant sorrow, but I trust I shall be enabled yet to strive without either undue despondency or presumption. I have surely by His grace triumphed over some of my faults; may I not hope for success in this

Evening.

I went ashore at 12.30 to attend to a little piece of business - returned in the 1 o'clock boat. Just after I got back found that the wind had shifted & off shore - told the Captain I thought the opportunity a good one for getting underway. He was going on shore & told me to attend to the business. Was very impatient in feeling all the afternoon though in a great measure I restrained myself.

Thursday Sept 24th 1868

This morning I was at 6 being called to get ship underway. Temper has really improved I think for little things did not put me as once they did.

Evening.

Ate lunch today I ate and drank moderately enough. Pulled round the ship and attended to various trifling duties. At 1.30 went on shore. Lay down

and actually slept at Carroll's for some little time. At half past two went riding with Stokes; took quite a long ride, came back feeling better for it, and am not much tired by my experience. Sat talking at Carroll's for some time after; Woolcuter came there; said he had not received either my letter or the book that I sent to him. I cannot conceal from myself that his evident lack of sympathy with me wounds me deeply. I do not doubt his regard for me; but I am sure he would, and does much prefer other companionship and that of a kind to me distasteful. At dinner ate moderately, and drank moderately snuff.

Friday Sep. 23rd 1868

This morning I rose a little late. My sleep has been very heavy during the past two nights and I have allowed myself, deliberately to sleep late. No special temptations this morning. I have done nothing at all, yielded to indolence that is about all.

EV

Evening.

This afternoon at lunch I drank some ale which went to my head and made me both sleepy and also irritable in a very marked degree so that my temper was almost uncontrolable. At length I brightened up and went ashore. Was very pleasant, for me, in my manner and bearing towards some other persons whom I met ashore. Returned pretty early to the ship. Have been reading a novel a great part of the afternoon, much interested in it; but find it mainly in the interest of dissent. At dinner ate pretty moderately. Since dinner reading the novel again. Have found through a ~~colossal~~ heavy siege from my now principal

sorrow, weighing upon my physical irritability. But I have prayed - surely He will stand by me!

Sixteenth Sunday after Trinity
September 27th 1858

This is my twenty eighth birthday, and a dreary rainy blustering day it has been. I find on referring back that I made no entries on the day in last year's journals; why I do not really know. This year there is not a very great deal to chronicle. I have endeavored in some measure to spend the day religiously, and have given my devotions a turn towards the day. But my mind and feelings have been exceedingly dull and heavy. I have sought that I might have grace for the coming year, and hope that I shall receive it. But the day has been very tedious.

Monday Sep. 28th 1858

Woke pretty early this morning

x x x x

Wednesday Oct 14th

Rose late this morning. Thought wandering. Ate breakfast at a moderate enough. Gifford & Gordon dining to see the captain about their discharge. I spoke a little harshly but I think not unjustly to them. Hurried in my morning devotion. Leaving in speaking to West.

Thursday Oct 15th 1858.

Very sleepy and rose late this morning. Annoyed early in the day by Phineas and John receding from their engagement to remain. Have attended fairly to my duty.

1 P.M.

A little dyspepsia this morning has appeared

Friday, Oct 16th 1868.

Today I have fasted & fast. I went ashore twice, once in the native and once in the European town. Have been again vexed and annoyed at the uncertainty of our movements, & the unpleasant probabilities that lay before us. Bused and fretted somewhat. Saw grumbling at the admiral, & not recall any special mis of speech. It seems to me that my time is very harassingly run away with.

Friday Oct 23^d 1868

Rose late this morning. This some time past my hours have been so irregular as to affect my devotions, and I must feel it. Again I have so neglected self-examination that hardly to know where I stand. Today have been very irritable and hurried my stomach considerably out of order. Went to the Picatagua on duty. No temptations there that I recall. Got back about 10 tried to work at my station till but my feelings prevented me. Am a good deal out of sorts. Prayers at noon calmed me a little. Since noon at lunch ate heavily, fasting not at all. Am very much hurried and fretted, no self-recollection pulled about by this and that distraction. Have been impatient & angry to people.

Evening

At lunch today I ate very heartily. I have not fasted at all. After lunch the Captain went to the flag ship leaving me with somewhat indefinite orders upon the strength of which however I began to get the ship ready for sea. As he delayed his return I concluded to go ashore. Noon and I went together. I had been very

nervous and fidgety. Walked about for some time
 a good way through Nagasaki &c. After my return
 found the ship unmoored & various preparations
 made. Still hurry and fuss, but my temper was
 rather more equable. At dinner drank about as
 usual and find myself again rather irritable &
 nervous. Have not been much tempted to speaking
 ill of others - or to unkindness generally. But I am
 I fear declining very much in my devotional habits

Saturday Oct 24th 1868.

I was at 5.30 this morning; dressed rapidly
 and had time in abundance for my prayers
 & reading. Went on deck at 6.30, got ship under-
 way and so forth. Then talked with Mr. Rice a
 little while. Temper pretty good. A good deal of
 work going on during the forenoon. I have not
 personally interfered to any great extent.

4 P.M.

At lunch to day ate moderately enough. During
 the afternoon I have attended fairly well to duty. Read
 a French novel. I just now heard that the captain
 wanted to give liberty in Hakodadi which is a
 frustration of my plans. Prayers have been
 constant & earnest. Temper pretty good. Feeling
 uncomfortable at the prospect of our Cruise in the
 present disabled state

Evening

Walked on deck talking with Jones for
 a while. Relieved Bradford in charge of the deck
 for a while. Drank some sherry at 5.30. at
 dinner ate heartily and drank a couple of
 glasses of ale. I am feeling very agreeable
 evening; very sleepy and stomach somewhat
 out of order

Fortueth Sunday after Trinity
Oct 25th 1868.

Last night I slept uncomfortably have not yet got accustomed to the rolling &c of the ship. Rose late and had only time for my prayers. Breakfast ate moderately; without much thought. Spoke spontaneously & flattered.

noon

Had quarters at 10 o'clock. Got ready as well as I could but found myself exceedingly hampered with gear all round the bells. Weather mild and pleasant. Have said the Church service pretty devoutly in my room. No special trials.

6 P.M.

I do not recall any marked faults this afternoon: I have not complained of the weather but then the weather though adverse is less so than was to be expected. Have read various things during the afternoon.

Evening

Drank some ale &c at dinner. Fletcher got me started off by some of his absurdities and I let into him pretty well. Praying and reading since dinner.

Monday Oct 26th 1868.

This morning I rose earlier & dressed quickly. Thought as wandering a good deal & my prayers very much distracted. No particular temptations this morning.

1.30 P.M.

A little dyspepsia has affected my temper a good deal to day, and little annoyances have made me break out but have not altogether failed to resist, and a little successfully. My noonday

prayer entirely interrupted by reports & complaints.
Discourteous & Hletcher, and shartish with every
body.

Evening.

Tried to work at my watch bed, this
evening and to some extent I did so, but
my indigestion really interfered quite seriously.
Just after dinner there was a false alarm of
fire which irritated me somewhat. I also re-
turned a discourteous answer when a message
was sent me by Mr Bicknell. Had I not
better discontinue drinking altogether.

Tuesday Oct 27th 1868

Woke feeling very chilly, evidently having
caught a cold. Had to go on deck very soon.
Found the weather gloomy and threatening of which
we certainly had no warning yesterday. Payers
earnest. Worried as always by the appearance
of the weather, that we were threatened a little with
a new attack of cold in my stomach
1 P.M.

Here we are again in that perpetually re-
ring Japanese scrape not knowing where we
are. It is anxious and trying to me and to
every one here; the gaiety does not seem to
me natural. I had time today to do my
duty manfully and taking His help with a fear

Wednesday Oct 28th 1868

This morning I rose very early. Last
night was one of much anxiety to me.
1 P.M.

The past twenty four hours have been full
of anxiety & perplexity to me. Yet the goodness
of God has directly and apparently interposed

to deliver us from great doubt and suspense -
 if not from absolute danger; Yesterday in going to
 the opportunity of seeing those islands yesterday in the
 evening & ascertaining our position, and secondly
 in running as in in good times under the lee of
 the island before the N.W. wind blew in its full
 strength. However I have been very very anxious
 and troubled; yet by God's grace I have been enabled
 to bear up against my fears and depression. I have
 prayed earnestly, and sought having asked for
 peace with God & give myself to my duties. Other
 ordinary sins I have been little tempted to.

Evening.

I have attempted nothing in the way of
 duty this afternoon. Tried to sleep a little but got
 only a few moments. Have not neglected my duties
 upon the whole countess, though unnecessarily rude
 to boy West. At dinner jolly and happy though sleepy.

Thursday Oct 29th 1868.

This morning rose somewhat late.

My thoughts in dressing were wandering. Is it
 a sign of spiritual decay that I think up about
 that. than once I did. At breakfast this morning
 ate moderately hearty. Andrew more disagreeable
 than he has usually been of late; with him I
 have, consciously, for right motives. Have sup-
 pressed unkind words towards Fletcher

5.30 P.M.

At noon day devoured in my prayers &c. The
 more moderately at my lunch. At 11th before I
 came to anchor again. After anchoring furling sails &c
 the captain asked us to go ashore with him. Got
 quite a long walk. No special temptation excepting
 to great impatience at all prospect of staying here

for any time.

Evening.

We had made all preparations for sea but did not go on account of the rapid fall of the barometer and bad look of the weather generally. At dinner ate moderately enough and had a jolly laughing time. No special temptations to-day.

Friday Oct 30th 1868

This morning I rose late. I was called roused by bad weather last night and as usual now, did not get to sleep for a couple of hours &c. At breakfast I ate moderately. Since breakfast made an ineffectual effort at general quarters. I have resisted some small temptations & impatience caused by Captain's the weather such trifles

2 P.M.

This forenoon I wrote a beginning of a letter to Woolwanton but my head is very heavy for some reason or other I hardly know what. My noonday prayers rather distracted, and reading also. 'Fimpes to day irritated mainly from physical causes I think', have given way to it in part at least. Also tending to despondency, from some cause as I imagine.

Evening.

This afternoon I have been very much dragged down by sleepiness and heaviness. Have done hardly any duty. This has been my great trouble. Hardly fasted at all at dinner - though I did put a very little.

Saturday Oct 31st 1868

Got up at 4 this morning to get ship underway. Was ash deck for two hours - after which I lay down to sleep a little. Attended to

what I had to do without much grumbling, although I doubted the advisability of going to sea on such a day. However it seems to turn out better than I had anticipated it would. Have been more than usually anxious and fearful to day; but this certainly is an alarming & dangerous coast to stronger hearts than mine. One thing though, as George Taylor says, when you are thus alarmed you, as I, are less irritable and naughty in my temper.

1 P.M.

The weather has moderated nicely and we have all apparent reason to hope that it may continue good during the time required to make our short run. My devotions at noon were hearty and sincere reading careful. I have stayed upon deck a great deal the air being invigorating and sunlight cheering. Fitch has moved me to impatience & disdain, & I have been a little irritable. Have endeavoured to put my trust heartily in God.

Evening.

I remained on deck a great part of the afternoon yet I felt sick when below for any length of time. At dinner I ate heartily though and without much thought of Him. No special temptations that I remember excepting a dislike of Fitch's.

Twenty first Sunday after Trinity
November 1st 1808.

This morning I rose a little late. Last night I woke about one and went on deck found the weather threatening. This disturbed me a great deal. Feeling very apprehensive, I could not get to sleep again. All the rest of the night my sleep was restless & unrefreshing. When I got on deck at 7.30 found that we had made a fair & were nearing the entrance of Buzard Strait.

This was a great satisfaction & relief. Since breakfast have finished what devotions I had left undone. Frivolous & trifling small excepting to lack of faith in God, wherein I have failed wretchedly. My drinking is a thing which troubles my conscience a great deal; I must carefully enquire that it may not come to affright me when danger is near.

3 P.M.

More or less busied with work during the day. Said the morning prayers and read the lessons. Have taken trifling annoyances pretty patiently but spoke once of the Captain's habits of interference. Still very ready with sleep.

Evening.

Attended to duty poorly - was very forgetful of things that should have been done. Ship was anchored a little past four very clumsily, and will probably fetch a vessel close to us. Some visitors came off to the ship. I was feeling excessively sleepy, and while in the fore part could hardly be agreeable. At dinner ate very heartily. Since dinner have been very much annoyed at our nearness to the bayonet, and my own disappointment regarding my sleep for the night. Have therefore wilfully spoken evil of the Captain.

Monday Nov. 2^d 1858

This morning I rose in rather better time. Morning prayers were earnest & devout and an early tendency to sleep cheerless and carelessly resisted. At breakfast ate heartily. Since breakfast

Tuesday November 3^d, 1868

Arose in pretty fair time today, considering how late I went to bed. Thoughts wandered off to the excursion which I desired to make. Prayers a little distracted. . . Must there be some radical fault that my mind should wander so much, and duties be so frequently neglected. Not specially tempted today.

Evening

I went ashore with Mr. Luce this morning and walked up to the top of Hakodadi Head. Talked on the way. He was abusing - very much. I said that I thought - was the sort of person that would get everything out of another that he possibly could. After our return I dined with Luce and other whom he talked about the trip which we had projected to the Lake Country. After dinner started off and tried to make our arrangements. Rather unsuccessful. Though things have turned out better since. Got back to the ship at 4. Found that Green a man in whom I had felt the utmost confidence had gotten drunk & been vomited during my absence. Very much grieved about it & vexed in various ways besides being very tired up to dinner time. At dinner ate little.

Saturday November 7th 1868.

Arose in tolerably fair time. I am a little fatigued with our volcanic expedition, and I certainly drank more than was good for me, especially yesterday evening. Had renewed my vow today no special temptation to my usual fault, but I am very much disinclined to work and easily put out & annoyed by slight calls.

5.30 P.M.

My temper has been a little irritable during the day but I have managed to suppress it in outward show. But useful as though attention to work tried me more than it should. Have not neglected my work upon the whole

Evening

Mr. Ives came off to dine with us this evening. I have drunk in moderation and according to the vow that I to-day made again. The conversation was entirely worldly and sometimes of a kind that I would rather not have joined. No special temptations that I at present recall.

Twenty Second Sunday after Trinity
Nov. 8th 1868

This morning I was able to get up rather earlier, thanks to going to bed earlier. Prayers were earnest & I had plenty of time for them. At breakfast I ate moderately. This is a very raw cold day, with wet snow falling. Am concerning myself as to what I may do for these ship boys; for I fear that I am a branch that beareth not fruit whose end will be to be taken away

1 P.M.

This forenoon when the Captain returns, he ordered quarters; this would once have annoyed me but does not know. The Captain used me a little by some interferences which were perfectly justifiable; I have been forgetful. Went ashore to see if there would be church at the English Consulate but there was none. Wasted some little time and then said the morning service in my room.

5 P.M.

This afternoon read and said the Ante

Anti-Communion Service. I have had no special temptations but ever since I commenced promiscuous reading have been nervous and irritable; it does certainly affect my digestion.

Evening.
I kept my vow at dinner. Avoided certain slight indiscretions in eating, to which I have a tendency. Speaking of the Cause was not careful as I should have been to avoid scandal; spoke once bitterly and angrily about Fletcher. I have never said with a person so thoroughly disagreeable to me as he is. No special temptations.

Monday November 9th 1868

I rose early at six this morning, desiring to recommence my habits of last winter. Prayers earnest but still attended by that partially inability of comprehension which ~~also~~ lately troubles me both in work and in prayer. No special temptations so far today. Ate moderately and thankfully at breakfast.

1 P.M.

Upon the whole I have attended to duty more zealously and well today than lately. Visitors on board during the morning. No special trials of temper. Ate a little heavily at dinner. Some reading of French novel, some French. Noonday prayers still somewhat distracted.

5 P.M.

During this afternoon I have written letters & read a French novel. No special temptations everything going on quietly & nicely.

Tuesday Nov. 10th 1868.

This morning I rose later than I had attended the weather was very bad last night,

blowing very heavily and kept me wakeful and anxious - Was inclined to complaining & despondency but stood against it by God's grace & overcame. Prayers attentive & earnest - had to go on deck before they were quite finished.

2 P.M.

This forenoon between sleeping & chilling felt anything but well. Was a little inclined to murmur so accustomed have I been to God's goodness & merciful dealings rather than to some little crosses. But I did resist. Asked Leach to give me a little opium to put me to sleep. He told me to drink brandy instead which I did. Slept for a little a very little while. I am still very heavy yet cannot sleep. Ate again heavily at lunch. Since lunch have been reading a French novel.

5.30 P.M.

Worked on deck for a little while. Studied French. No special temptations but I am very heavy with sleep.

Wednesday Oct 11th 1868

Took a Dover powder last night & am today both sleepy and soreheaded think from bad cold. Very irritable against my will and also am thick headed & painful. I have not failed to resist but my resistance has been weak. It is a case to pray mercifully look upon our infirmities

6 P.M.

I have been trying against my inclination to querulousness & grumbling. For a time succeeded fairly but toward the last I have broken down & that too although remembering my obligations and my prayers. Grumbled about cross accidents & the way I have been tried

up and down by the Captain's orders & undertakings
 In a word I have been fustful and have failed to control
 myself - be submissive and patient according to
 my prayers.

Monday Nov 16th 1818

We have had such very bad weather since
 leaving Hakodadi that I have made no attempt
 at self examination. God sustained me wonder-
 fully through the fall, but now today my
 sinful heart is breaking Christ's command "take
 no care for the morrow;" and is worrying and
 troubling about possible dangers or falls.
 The reaction from the fall and this evil commode
 has made me fustful and I have spoken wrongly
 of the Captain's decisions about steaming, the
 course of the ship &c. I get sick with fear,
 unable to attend to duty - yet not unactive, I
 pray and strive

5.30 P.M.

I made an effort this afternoon and did the
 necessary headwork, turning a deaf ear to the
 promptings of my nervous fear. By God's grace
 I was almost, not perfectly successful. But af-
 ter that was done I went to my trouble and
 have been walking up & down, and constantly consulting
 the barometer. A little inclined to impatience against
 the Captain. Have not spoken ill of others that I re-
 member. Carelessness & lack of trust in God have been
 my worst tempters.

Evening

At dinner today I ate heartily but not
 immoderately. Since dinner talking and
 reading. Nothing specially wrong in our
 talk although people were spoken of; excepting

Filiches I don't think spoke against any one. and as to him what I said was sincerely ill natured. Not quite so fearful as I was, though still some- what apprehensive - Have kept my own. No special trial & my temper or of meekness.

Tuesday Nov 17th 1868

I am still fearful and of little faith, and do not seem strongly to realize that wilful contumace in such a state is sin. Rose in fine time this morning, though not as early as I should. Re- sired the deck a little late but kindly nor carried in my manner to Filiches once; a trifle but on the wrong side. Fairly attentive to duty but there is not a great deal to be done. The weather is threatening to my apprehension.

12.30 P.M.

Have not seen subjected to any special tempta- tions but have kept a very keen eye and barometer of clouds. At lunch I ate moderately enough.

5.30 P.M.

Have been speculating about the weather watching about our deck &c. Have done my duty Read novels. No special temptations.

Evening.

I ate very heartily today at dinner; it seems to me almost immoderately but my appetite was very good. Conversation turned a little towards gossip during and after; no particular temptations. The weather is promi- sing better than it did this morning.

Wednesday Nov 18th 1868

This morning I was delirious in rising; thoughts wandering. Prayers attentive. At breakfast I ate heartily. Spoke a trifle improperly of the captain

1 P.M.

I have attended a little to duty to day. The weather is beautiful and exhilarating after the long spell of bad which we have felt. I have refrained a little from speaking of the Captain. Its special temptations

Evening

I passed most of the afternoon in writing a very long letter to father, a little while being spent in getting my feet again in fair order for work. At dinner talked a good deal about various persons there is undoubtedly a tendency to scandal in such conversation but as far as I can remember, ours was singularly free from it. I have been reading a French novel since then and for a considerable time this afternoon

Thursday Nov. 19th 1868.

This morning I was startled though I had time for my prayer. A negro reports for fighting irritated me by his insolent manner at the mast. At breakfast ate heartily, I fear I am eating too much of late.

1 P.M.

This forenoon I have attended pretty well to my work which has been of a kind disagreeable to me. I am free turning to irritability but not quite uncontrollable. At lunch ate heartily but not to excess; now day prayers my mind did not wander very much

5.30 P.M.

The Captain changed his mind and ordered the screw turned up. This annoyed me but I was able to hold my tongue; was cut short in my manner toward Mr. Fletcher. Wrote to father Sam Ash.

Evening.

Ate moderately enough at dinner and yet I am
feeling heavy and lousy since. Spoke of Fletcher impa-
tiently and angrily at the table. I am very guilty in
this. Sinning with my eyes open under a temptation,
strong perhaps but not unforeseen. The ship is going
along nicely and there is no particular cause for
apprehension tonight

Friday Nov. 20th 1868.

This morning I rose in pretty good time and had
ample opportunity for my prayers &c. Rather sore head-
ed to-day so far. Tried to fast a little at breakfast, but
we are so reduced for grub there is not much scope therefore.

1 P.M.

One of my dependant Cheerless frames of mind has
been hanging over me to-day. I have not failed without
a struggle. I mostly successful, At 11 tried to pray
and meditate but without any success; my mind
was irritable and I fancied I felt my fasting preju-
dicially. Was distracted in all I attempted, the weather
is disagreeable but has not affected me I think.

Evening.

I have been much oppressed with sleep
this afternoon - lay down & dozed for a few
moments but still quite sleep. Temper irri-
table but fortunately not very much tried. I
think I felt better for not drinking any wine
only water at dinner. I believe I would be better
yet if I could discontinue all.

Saturday Nov. 21st 1868

Four weeks ago to-day we sailed from Nagasaki
bound for Hakodadi, and in the mean time we
have experienced many marked mercies at the hand of
our Heavenly Father, deliverances from real or appre-

traded dinner. I rose slothfully again this morning, feeling also somewhat fearful of bad weather, but then does not really seem much likelihood of it. Have striven with fair success to submit without rising to that which is now contrary to us, the thick weather preventing us from ascertaining our position. Spoke surly to Filches, and ailed a little discontentedly of the Captain's course concerning the steering of the ship.

1 P.M.

Weather still bad and we will not appear to be able to get in to-day. It is a disappointment to us all having hoped for our letters. Have done no work the weather being so unfavorable - but have meditated a good deal about the resolve I propose concerning drinking and I have asked for guidance & grace. Myself at noontide disturbed by my anxious "Carefulness" & nervousness about the ship's prospects.

5.30 P.M.

The same worry and fret continued & hang over us; at last we made out a pilot boat. There was much fuss and delay in getting the pilot on board & so I got quite an entire hook. I am endeavoring now to stop drinking it comes very hard to me, and the more because I doubt my perseverance. Downheartedness and faithlessness my worst sins

Calming

We anchored at 6.30. I was able to keep my resolve for the most part. I drank a single glass of wine but hardly I think I avoid sickness. Have felt a very great relief at being inside & anchored. For the night is wild & blustering, blowing almost a gale of wind. It was inclined to be unmanageable because we were disturbed in our meal hour; not that I yielded to this.

Sunday next before Advent
Nov 22nd 1868

This morning I had to get up early, but was cheerful and willing. Attended to my duty fairly well. No trial of temper. Morning prayer I found distracted & hasty, my whole frame being very excited. Towards E. my feelings are becoming bitterly wicked.

5. 30 P.M.

I am feeling unwell this evening and have been nervous and fidgety all day - steaming up the gutty skin. I am desirous of adhering to my new resolve concerning drinking but even such a slight indisposition as the present seems to me a reason for breaking away from it. Have spoken of this to the Captain, continually putting the ship in an uncomfortable berth.

Monday Nov 23rd 1868

This morning I was late, having been quite unwell. All the day have been hurried and nervous, my nerves really quite upset and very irritable. Have been able to resist the temptation to drink but have broken down woefully in my temper at times. Went ashore at one o'clock and have walked all around the city and talked a long while with a Mr. Lewis. Called on the Rev. Dr. Nelson. Have complained petulantly of the Captain. Whole frame of mind physically nervous.

Tuesday Nov 24th 1868

Arose quite promptly this morning at 6 o'clock; my thoughts in dressing were rather distraught. Prayers earnest but a little distracted. Meditations also wandering. At breakfast I ate quite heartily. My feelings

to day is ~~the~~ hurried and nervous, not yet fettered
 but likely to become so, if unguarded.
 1 P.M.

There has been a good deal of work going
 on but I have refrained in the main from interfering
 in the awkward and unpleasant accident happened
 resulting in the snapping of our main sprit sail.
 I have sailingly spoken of the Captain, and once some-
 what unkindly to Mr. Fletcher. Mauney from
 of course hurried, prayer at noon thus affected.
 Otherwise I have done fairly well.

5.30 P.M.

Afternoon busy as the morning had been
 I have had a decided tendency to slight the Captain
 not with good reason. Have had some visitors on
 board. No special temptations that I now recall.

Evening.

At dinner I ate pretty heartily - but when half
 way through was seized with a tickle at my stomach.
 To counteract this I drank some wine, but I do
 think my wish I will not to do so unhelpfully
 was unimpaired. Since dinner have had a long
 conversation. I do not recall anything especially
 wrong.

Wednesday Nov. 25th 1868.

This morning I rose very early and washed
 all over. Was very busy during the early part
 of the day attending to sending the liberty men away
 and making various arrangements that were
 necessary. Went ashore about 11 o'clock. Played
 billiards for some time - lunched. There were
 no special temptations excepting to drink and smoke
 as I have been accustomed to do at billiards
 but I did resist by God's grace. Saw half

desire of attending the ball that is to be given
 to night; yet I know that for now there would be
 nothing but wearisomeness and drinking
 and smoking. When I returned I found that the
 Captain had after all taken a gig's crew for which
 I was not prepared, and brought them back drunk.
 I was much annoyed and spoke my annoyance.
 I do not recall any other marked facts to day.

Evening.

I ate quite heartily to day at dinner, but was
 still able to keep my body in subjection in the
 matter of drinking. I have had no special tempta-
 tions. Am a little concerned for the result of mor-
 row's liberty.

Thursday Nov. 26th 1838

This morning I rose with fair punctuality at
 5.30. I do not as yet derive the benefit that I
 have hoped from early meditations. Prayers
 rather distracted. Received the deck punctually.
 No special temptations this morning
 1 P.M.

This forenoon the Captain has been more
 than usually trying. I have resisted the tempta-
 tions, then caused out with the foolishness of
 will that characterizes me in resistance.
 Have failed somewhat. I did not get
 sleep enough last night, and am now
 very heavy. Ate heartily at lunch. The
 Captain intermeddled as usual out
 by neglect of duty.
 6 P.M.

This afternoon we have had a great many
 visitors. I have never kept upon the go in talking
 most of the time. The liberty men have nearly all

and in good condition in which I should be and am
thankful. I feel that I have more tendency towards shame
about religion than I formerly did.

Friday Nov 27th 1858

Rose this morning later than I have intended
but I am not well; something I ate yesterday
disagreed with me. Prayers at first directed
up so toward the end. At heartily at breakfast
suppressed ~~some~~ my feelings of annoyance & desire
to rail at the Captain's interferences.

Evening.

This day I have spent pretty busily. After
getting liberty men off and work started I went ashore
about eleven. I offered to Fletcher to accompany me
in my visits which was a slight effort on my part.
Drank some brandy off and on during the day really
I think because of my diarrhoea. Went ashore at 1
and made a round of visits with Fletcher return
to the ship about 3 and made my preparations for
sailing out. Read some chapters from Isaiah and
prayed a little. At dinner I drank in strict tem-
perance but smoked too much. I do not recall
having been impatient, or unkind, but have been
little tempted. In both smoking and drinking went
beyond my rule but in the latter not much.

Saturday Nov: 28th 1858

This morning arose later, having gone to bed
at 1 last night. I am still sleepy. My prayers
were more earnest than usual - but I have found
that to be the case when a little affected from the
night before.

1 P.M.

Have attended in a desultory way to my
duties sufficiently well however. Prayers at noon.

day earnest. No temptations to unmeekness or im-
patience. Received letters & papers by the "Sussakada"
very sad news concerning the loss of four vessels on
the So. American coast

P.M.

This afternoon have done little or nothing
I am so wretchedly sleepy that I can hardly hold
my head up - and I have to dine out. I think I have
been patient enough. Have not prayed - I am too
sleepy

First Sunday in Advent
November 29th 1868

Last night at dinner I was wilfully impru-
dent in drinking some ale, and suffered in consequence
from diarrhoea & loss of sleep. Am a little heavier
to day, and sleepy. Sent parties to church. The men
are a little restless and unsettled after their liberty
I want very much to see exercise so resumed that
we may make them in again. My worst fault to-
day has been a restless talkativeness and virtual
disregard of the holy day. Went to the Franciscan
Church - My attentions poor.

Monday Nov. 30th 1868
St Andrew's Day

I slept late this morning purposely to re-
pair the loss of the past two nights. Have so been
as drunk for a little while only and temper not tried
No temptations so far. Prayers were earnest &
collected.

P.M.

I have attended to work pretty well
this morning, although somewhat hurried &
nervous. Inclined to be very grateful at an
idea that we would have I have been shortly; but

I did not yield to the feeling. Irritable as temper and slightly also in manner. Yet I think I really am improved, no longer chafing so much at trifles, railing & rebelling at every thwarting. Mr. Nelson visited us today. His letter has provoked me. His failings are unadmitted & mine also

5.30 P.M.

Had given directions and attended to my duty fairly well this evening. Not any rate every body has been pretty hard at work and kept so I have not had many temptations. The captain has hardly opened ~~open~~ his head

Evening

I ate very heartily but not to excess at dinner. I do not recall any special temptations or any offense with my lips.

Tuesday December 1st 1868

This morning I rose in pretty good time. I was delayed and hampered by an attack of diarrhoea, which took up some time. I was a little inclined to fret and despair but overcame; took however and dictatorial in the morning watch. Attended to duty fairly well. Spoke and though not impatiently of the captain's interferences. I went to the tailors and there gave various necessary directions

No special temptations

5.30 P.M.

Went ashore again after dinner paid calls & attended to a little business

Evening

This evening at dinner I ate heartily too much so I think and verging on excess. Did not drink anything. No temptations or ordinary faults. A little inclined to downheartedness on account of my indisposition

Wednesday Dec 2nd 1868

This morning I rose in pretty good time, quite sleepy, but feeling fairly well. My prayer, and again subject to distractions and my attempts at meditation were not very successful. My mind does not rise - although the season has its special, solemn, stirring thoughts. At breakfast I ate moderately. I lost my temper and spoke hotly, in an unchristian and undignified way to two of the boys.

1 P.M.

I have been very busy this morning - busy about trifles. Have attended to that which needed to be done pretty well. At lunch today was unamused and half-sore. Late at my noonday prayer and as usual I find that my mind does not easily collect itself from the rush and fret of worldly business. Temper this morning has been fairly good upon the whole.

5.30 P.M.

This afternoon my temper has been a good deal tried, and I have found it very hard to bear up and have not succeeded perfectly in doing so. Have not drunk till just now and then with a stranger.

Evening.

At dinner today I ate heartily, and I have disregarded my rule about drinking a little; yet in a measure, it was one of the exceptions which I had allowed myself. Spoke of the Admiral's mystifications. I have failed in my keep and cheerfulness today - but I have been more than usually tried.

Thursday ~~Nov~~ December 3^d 1868

This morning I rose quite early. My morning prayers at first were nervous & agitation - but more calm afterwards. At my meditations there was the same lack of earnest thought. They would not arise at my call. At breakfast ate heartily enough but moderation has been but little tempted though my temper is not inclined to be sweet latterly. Spoke to the lay Curm kindly.

5.30 P.M.

Gave orders as necessary about work during the forenoon. Was hurried and somewhat nervous and irritable. Came late to my noonday prayer. The captain startled me somewhat by vague prognostications as to our future destination. My spirits were depressed & temper irritated by this. I suppressed the outward manifestation of my feelings almost & entirely and prayed for a submissive disposition in the matter. But when I went to 'Elephants' I spoke of our great annoyances arising from the Admiral's secretiveness. Called afterwards at Mr. Swards & upon one or two other gentlemen. Have been tried by a very strong tendency to despondency and irritability. I have resisted

Evening.

I ate moderately enough at dinner and I drank nothing. After dinner Bicknell and I went ashore to attend a prayer meeting at Mr. Telen's. There were some extemporaneous prayers offered; the effect of the whole was distasteful to me, and I have sinned against the movements of God's Spirit in speaking of B. disparagingly and laughingly of some things. Year hath benefit has accrued to me and I shall not go again

Friday December 5th 1868

This morning I rose quite early having very near an hour and a half for prayer and meditation. My thoughts still do not readily rise to devoutness. While I had the desk this morning I sent for Hawkey & spoke to him for a few minutes. At breakfast I denied myself a little - in trifles.

1 P.M.

This forenoon I have attended fairly well to my duty. No special temptations to impatience & unthankfulness. Gave more time to Sunday prayers and reading; fasted a little at lunch.

5.30 P.M.

I wrote a letter to Mr. Lyle and afterwards again to Aunty. Have done little or nothing this afternoon read a novel for a few moments, better &c. &c. Have had no special temptations but I am not now feeling very well.

Saturday December 5th 1868

This morning I rose again pretty early. Attended carefully though without fervor to my devotions; read from the Imitation of Christ instead of staying meditation. At breakfast ate in moderation but engaged in gossiping conversation, and that about others. No special temptations as yet.

1 P.M.

I went ashore at nine o'clock to day - called upon Mr. Nelson, and upon Mr. Lyle. Conversation on religious topics mainly. Sunday prayers earnest but somewhat distracted. I began to feel unwell towards meal time. Ate rather too much at lunch. Spent much talking to Dick Knill.

5.30 P.M.

I think upon the whole I made a mistake ~~in~~ this afternoon in going ashore to play billiards. It occurred to me that as I was to Commune to-morrow it would be better not to go, but then if I stayed on board there would be a great rush of fuss, cleaning &c. Unfortunately I allowed myself to be induced to drink and I did not come aboard at five as I had intended when I left. Have spoken of the Discomfort that the Admiral puts us to by his secretive habits of dealing with us.

Second Sunday in Advent 1868
December 6th

I rose this morning quite early, so that I was sleepy and. Two or three interruptions that occurred stopped me, I had not as much time as I wished for meditation. Have not been very impatient - though one or two things have tried me. Ate moderately at my breakfast - since breakfast have spoken violently regarding a neglect of duty by an officer.

1 P.M.

I have been to Church this morning and remained to receive the Holy Communion. My attention was poor and wandering, my devotion cold. I could only think that God was ever the same, be what might be my infirmities or sinfulness. Ate lunch ate very moderately. Mr. Vyle came on board to see Hawkins. My temper has not been tried to-day, but I feel sad and depressed at the thought of my own heartlessness and indifference. I am pleased to see that at least one and perhaps more of the crew are showing some interest in religious matters.

5.30 P.M.

I read some religious matter - frequent a

while, and then washed an desk for exercise. Found myself at last so sleepy that I lay down for a little while. Found my stomach out of order and my temper ugly when I rose again; kept my mouth shut which was about all I could attain to. I have not yet done any of the self-examination about which I have been thinking and intending.

Monday, December 7th 1868

Arose in time this morning though very sleepy. Attended punctually to all my morning duties - Paper a little crusty, but kept quiet excepting the ever recurring grumble at the Admirals' keeping us in such suspense.

Tuesday December 8th 1868

This morning I rose later, having been up late at yesterday's dinner. Thoughts were wandering but my paper devout and attentive; reading pleasant and I hope also profitable. Ate moderately at breakfast.

1 P.M.

I gave all necessary orders and attended to duty fairly well today. There was not a great deal to be done, but we indisidually squandered away some time in idle talking. Prayers after 11 were pretty attentive. Very unkind & discourteous in a reply that I made to Fletcher at one time.

5.30 P.M.

Another unannounced this evening, orders coming suddenly for us to go to Wexham.

Thursday Dec 10th 1868.

This morning I rose in pretty fair time, feeling much better than usual of late. The past two days have been marked by an irritability of manner and feeling that though partly due to physical causes have been most wicked, and humiliating to look back on. I will not now recall them, for I cannot yet trust myself to dwell upon the annoyances that provoked me. Have not yet yielded to my thoughts & feelings this morning. No temptations just yet. I was much disappointed also in W's letter yesterday - it was merely a sensible apology for itself; there has been a combination of circumstances to try me, and I have fallen woefully.

Evening.

I have neglected my usual devotions a good deal today, and have allowed myself almost completely relaxation in every way. Slept a little in the afternoon. No special temptations today; and I have upon the whole resisted my irritability better although not perfectly.

Friday Dec 11th 1868.

This morning I failed again to rise as early as I should have done, and the consequence was I gave the earnest and hearty and untroubled attention to my devotions that plenty of time contributes to ensure. At breakfast I fasted a little. Temper has not been tried so far today.

5.30 P.M.

I expected the Court to meet at 10 and so dressed myself in readiness for the occasion and sat down with the Novistone in my hand. Read until nine for my noontime prayers - the members not arriving. At lunch I ate moderately enough. After lunch we met, I prayed for grace

to deal fairly in the matter. After the Cant was over read
a little while, then gave some time to devotion & then walked
in deck. I suppressed one keen movement of impatience,
by the thought of our Lords coming this morning at quarters.
My stomach is still much out of order, head aching &c.
Evening.

Chromatius came on to dine this evening
I broke through my rules regarding drinking & fasting
on that account. Weak again I fear. Do not
think that there was much very wrong in our
Conversations, I am allowing too much time to go
to this novel.

Saturday Dec. 12th 1868.

I rose in rather better time though very
sleepy this morning. My devotional feelings are
far colder than I wish to see them. At break-
fast I ate moderately. No special temptations have
assailed me.

1.30 P.M.

This forenoon I attended to fire quarters.
Amused again & stirred up by a sudden signal
to prepare for sea. At the Court martial I
think I acted about fairly. No special temp-
tations.

Evening.

I sat down to read the Memorandum sent
before long I was summoned on board the
Picataqua. The Admiral wanted some of
our proceedings to be overhauled. Remained
on board so long as was necessary - returned to
the ship a little after 3. Tried to sleep some
& afterwards dressed & dine aboard the P.
Prayed before I went then against excess &
indiscreet talking. Did not exceed, we are

far as I recollect, did I speak wrongfully of any one. Once to day I quote the Bible in a jesting allusion, "one man in a thousand".

Third Sunday in Advent 1858

[139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150] December 13th

I was very sleepy and feeling a little unwell when I rose this morning - still I got up in time enough to attend to all my usual devotions but not for any meditation. My mind wandered considerably and settled to no devout thoughts. At breakfast ate moderately and engaged in a semi-political argument unbecoming the day. Spoke of Fletcher's unfortunate offensive ways to bones. He had shocked me a good deal by saying that F. had said this morning that he did not believe in our Lord. How far am I to blame in my cold hard manner towards him, and for forsaking him in my prayers? He has indeed fallen sadly and grossly of late days - and I?

4.30 P.M.

I was very sleepy this morning and tried to sleep for some time, in which I failed. Ate lunch at moderate enough. Have given considerable time to getting off letters &c. I scorned & scoffed at the Admirals' Secrecy; have done very wrongly in this, and have been attacked by a great degree of nervous irritability. I don't know quite what is the matter with me. Perhaps I shall be better after getting out of the river Monday Dec. 14th 1858

I again strove to-day to overcome my irritability and unsubmitive temper remembering before I went upon deck that the Captain would try me. Broke down again. The temptation to give up very strong and greatly to be dreaded.

also the tendency today the trial is too heavy for me beyond my strength. I have tried to beat up and keep hoping in faith. Christ through and generally stayed out a day. Have kept my tongue quiet a little though not as should have done.

5.30.

My faults today have consisted in a repetition of that same discontent and grumbling that I felt yesterday. I am greatly alarmed about myself and am afraid that I am running the risk of lapsing into indifference & yielding to that contentment with a less degree of holiness than the utmost. Prayed earnestly that I might be delivered from so sad a fate.

Tuesday Dec 15th 1868

Woke up this morning feeling quite unwell with rheumatic pains. My first intention was to go on the sick list. My temper has not been greatly tried during the forenoon, and I have not failed to try and subdue it and the expressions of my tongue. Noonday prayer reading carefully attended to. Prayer for strength earnest and humble; but my short self examination seemed to show that I had deteriorated greatly since last year.

5.30.

During this afternoon I have stayed below a great part of the time and have occasionally reprimanded him. Not very much tempted to any of my usual faults.

Wednesday Dec 16th 1868

Rose late very tired and sleepy. No special temptations to any sins of the tongue. Have endeavoured to keep in mind God's presence.

1.30 P.M.

Attended to my duty this morning fairly well
Prayed that we might deal fairly at the Summary
Court Martial. Devotions at noonday were longer
and more earnest, having experienced to be being an
Ember Day. Etc. moderately enough at lunch. Very few
temptations have occurred to me today. My mind
has reverted to the Presence of God at times

5.30 P.M.

I have worked upon deck this afternoon -
not a very great deal to attend to. Have done some
little extra devotional exercise on account of the day.
We have been disappointed about getting into harbor
I am trying to be patient and cheerful under what is
both a trial and a disappointment.

Evening.

At dinner I denied myself very little
Drank some wine which I believe to have been
a mistake & weakens. Spoke very harshly &
quickly to Peter. Have said to Ruf before me
a word of God's Presence.

Thursday, December 17th 1848.

This morning I rose earlier than I
lately have done, feeling rather better. Notwith-
standing my resolves, forgot His Presence
immediately after going on deck, and spoke
in an irritable way of the Captain's keeping the
main topsail set while sailing. Have thought of
His Presence & controlled myself to courtesy to others

2 P.M.

We anchored at about 10 this morning &
ever since then the wind has been increasing.
I have found it hard to resist my inclination to
murmur even the thought of the Presence of God has

Scarcely restrained me. We have had much bad weather and I am so anxious; my mind seems half broken down by the strain. I could only get out of the service how glad I would be to go. Drank some ale at lunch breaking thereby my old regulations. Have spoken harshly once or twice forgetting that Ho was near.

5.30.

The same despondent and fearful feeling so well known of old has been oppressing me to-day. I have not been well now for some time. Shanghai seems to have used me up. Physically I am sadly inclined to nervousness & apprehension my spirits even in good weather I am depressed and irritable. I wish it would if it please God I might soon get home & get some rest from the unending ship & winds. I can scarcely keep down my murmuring because I am so frightened.

Friday December 18th 1858

Saturday.

I rose rather early this morning under the impression that we were going to get under way. The Captain did not decide to go. I was inclined to be impatient about this, but refrained though I became downhearted again. Ludlow was very annoying and disagreeable at breakfast. I however refrained from speaking, remembering His Presence. Got underway at 9. Temper good. Have attended fairly to work. Thought occasionally of Him.

5.30 P.M.

My mind has not turned so readily to thoughts of Him. I have given time to more devotion. Its especial temptations

Evening.

At dinner to day I ate pretty heartily, denied myself very little. thought once or twice of Him. Was not tempted that I remember to any special sin, but was made more guarded, by the remembrance, as to my speech. More anxiety & night running through a passage of which little is known excepting that dangers do exist, badly laid down probably. Never was when I thought I would enjoy cruising. God pity my weakness and anxiety; may it lead me to closer affiance with Him.

Saturday December 19th 1868
 Sunday.

Last night I was excessively anxious, so much so as to prevent me from sleeping. As a consequence I was completely exhausted this morning. My morning prayers were very much distracted. I constrained myself once & twice towards H. Not tempted to any special fault.

My anxiety last night, however unworthy in degree was not without cause; by God's goodness however we have escaped the danger which surrounded us.

4.30 P.M.

To day has been irregular in employment. Was called from my noonday prayers brief topics. was patient enough under this. Denied myself at lunch, very little our lander is low now lay down to sleep and dozed for some moments after lunch. Was called to take in sail; as usual on first rising from sleep was irritable nor did the remembrance of God's presence perfectly keep me from showing temper. Have tried to meditate a little on subjects suggested by the day.

Evening.

The lieutenant commanding the English gunboat inside came aboard. I had already taken to reading Deceatur's Life, intending to come to devotional reading again before dinner; but as he had sent his card down I stood by to receive him. He came down shortly before dinner, we talked for some little time. At dinner I did not deny myself much, have failed in fasting. Find too that my aversion to F is coming back on me, though I have fought against it. Perhaps my loss of sleep bear some of the blame. But I must be up & doing again.

1 P.M.

I had not been well pleased with myself this morning. Talked away for some time for effect, and was a little irritable in speaking to the Captain, though for the most part I restrained my tongue. Did not have service, but at eleven read the prayers in my own room; attention first very good, afterwards distracted by talking in the ward room; became nervous and irritable. Spoke quickly in consequence but did try and stop and staid.

Evening.

I went ashore about half past one. When I left found that the wind was at W.N.W.; this disturbed me somewhat & the nervously irritable feeling from which I had before been suffering, again attacked me. Drank two or three times while away from the ship. Had not recalled Him, hardly at all. No special temptations, fortunately have come to me, so I have not fallen into marked or open sin.

Captain - Was querulous & complaining in fault-finding
spirit. I am much saddened & cast down for I
have constantly fallen into the same fault during the
past fortnight I seem powerless in Satan's hands.

"How long will this people provoke me?
And how long will it be before they believe for all the
mighty signs I have showed among them?"

Tuesday December 22nd 1868

This morning I rose in fair time. The weather
is getting very warm & relaxing. My morning meditation
ran off the subject properly in hand. My prayers
were earnest. I have been this morning silent &
restrained by God's presence.

1 P.M.

We had general quarters this morning.
Things went on pretty well. After quarters I gave
some orders & then wrote a letter to Mr. Glensy. My
weekday prayers were disturbed by not feeling very
well. At lunch I talked about various things, not
wisely I think excepting once to Fletcher. Have
thought of Him at times, and the thought is not yet
powerless upon me.

Evening.

This afternoon I read French a great deal
and too long. I drank some Portac as I had be-
fore dinner tried to read some, but my head ached
and I could not see for some time. Did not think
of Him much at dinner, nor indeed since. I have
again become depressed & miserable.

Wednesday December 23rd

This morning I rose very late, had not
fair time for my devotions. Rather disheartened
& dispirited. The weather has lately become ex-
ceedingly warm, & especially the change from the

word makes it word oppressive. I was inclined to be testy but just kept my tongue quiet. Have remembered His Presence & refrained from evil & impatient speaking.

1. P.M.

This forenoon I have done very little but read French. There is not anything that requires special attention and the weather is very warm. At lunch ate heartily. Did not retain a recollection of His Presence & alluded to some other things requiring our impurity.

5.30 P.M.

I gave my afternoon mainly to the writing up of an argument for our faith which I intend for Fletcher. I wrote thoughtfully and prayerfully, but was tempted by fancy excellencies and merits, and to crowd complaint. No other temptations - His presence has colored all my thoughts since. Have not thought sufficiently of His Presence.

Evening.

I ate heartily enough at dinner today. After dinner had a discussion about Napoleon, England &c. Then went on deck and talked to Fletcher. Thought of him when I did so. Fear I am inclined to self satisfaction in this matter of writing & arguing.

Thursday December 24th 1868.

This morning I rose in fair time. Had sufficient time for my prayers. Meditation wandering. Reached the deck punctually at 7.30. My temper snappish as it is apt to be on deck, and I forget that men have feelings that can be hurt by words &c. So at breakfast - that poor useless boy Peters came into a scathing tongue lashing all round. He certainly is very unkind. But I have not remembered God's Holy

Presence.

1 P.M.

It is singular what trifling things will irritate a man who should have more sense. At my noon day prayers I began to think of the refusal of the mids. or their unwillingness at least to buy strutting enough to cover the boat cushions. It has made me so wrathful that I can hardly speak or think peacefully at all in the matter. Spent most of the morning in reading French becoming greatly interested in my reading towards the last. Noon day prayers he lacked attention.

3 P.M.

This afternoon has been occupied by struggles against irritability the temptations to which I have found exceedingly strong. Here there's every where they have risen around me - my own inward temper being very ugly. I have resisted and in the main I think successfully; held my tongue and turned away my thoughts. Still I have used some little sarcastic expressions in that cushion question.

St. Stephen's Day

December 26th

I wake with a head ache this morning, the result of indigestion, and get up late. I began to feel hurried and irritable as is often the case when pressed for time in the morning. Did not yield to it very much. Attended to duty well, rather sharply. Spoke Complainingly but temperately of our position.

First Sunday after Christmas
St. John's Day. Dec 27th 1868

Slept ashen last night. Got up in pretty good time and said my prayers carefully. Have repressed various little movements of impatience.

and to wrongful faultfinding. There is cause for a little natural annoyance too about having the target firing now. I was tempted to consent with regard to my reading in church; it is hard to tell whether one is tempted or fails in the case of such thoughts. I can remember however how watched and tremulously have officiated at times.

5:30 P.M.

This noon at lunch I drank some ale which made me afterwards rather sleepy. I consequently attempted nothing until 2.30 then I went over my letter to Fletcher. Afterwards wrote a little more in my home letter. Read later from the Bible and a sermon. No temptations to any evil disposition. Have thought of Him with love and intention to do that which may be pleasing in His sight. The thought of His Presence has been pleasant to me. Tempted to consent

The Innocents' Day

December 28th 1858.

This morning I rose in pretty good time, but had a good deal of washing to do to attend to. I have been grieved and troubled at the thought of the little unpleasantness between Leach & myself yesterday afternoon. Am moderately rough at breakfast; since no special temptations. It seems to me that my feelings of distaste have been suddenly transferred from Fletcher & Bicknell as their object. Let me strive to avoid this

1 P.M.

I have been a little depressed and irritable this morning, owing in part to my disappointment in being kept on board ship. Have striven against it pretty successfully, although the weakness & corruption of our nature has at times made itself felt.

Postponed my weekday prayers a little too long
5.38 P.M.

This afternoon I was inclined to be fretful & worried about firing at the target. It was troublesome. Then I fought against this, not perfectly, yet in a measure, and did what was necessary but then also the wind shifted just as everything had been prepared. Broke down then & behaved badly. Subsequently won up a little and talked to the gentlemen who visited the ship. Then again I spoke unadvisedly, later, with my lips. The truth is I was annoyed at the Captain not firing at the target under way - I still think it injudicious & certainly uncomfortable - but that is no excuse for me. I have only had a convincing proof of my own weakness.

Evening.

I ate pretty heartily at dinner & day and drank a good deal more of wine which had the effect of making me wider awake. I have had better control of my mental faculties than for some days past in the evening. Inclined however to dash speaking about political things &c. Since my break down this afternoon my temper has been uncertain and the restraining sense of Gods presence has been lacking.

Tuesday, December 29th 1868

This morning I rose at six. Hardly time enough then for my prayers to be properly attended to. A little frosty and sharp in the morning watch when I believed the dew - the men are not working well of late. My morning prayers were decent. Am feeling now the impatient desire to pray - but there is hardly time enough. I am so easily upset - so little self recollectedness have I got.

1 P.M.

Have attended but little to duty. There has not been much to do. At lunch I ate very heartily, and my tongue failed me again, I alluded to the Admiral's reticence.

5.30 P.M.

I have been reading a novel all this afternoon - yet have attended fairly much to duty for there has been little to do.

Wednesday December 30th 1868

I rose very early this morning and was rather sleepy in consequence. My thoughts were fused & control in great measure. I was rather despondent & cheery today and am still feeling somewhat so. Read moderately at breakfast. Have not thought very much of Him.

Thursday December 31st 1868

This past twenty four hours I have passed ashore and am a little tired of Manila. Have wasted I think both time and money - quite uselessly. Also have drunk rather more than is quite good for me. Have inclined to making up my mind not to go ashore quite so much. Liberty men have returned in fair number and good condition. One drunken row on deck. Have not had a very constant remembrance of His Presence & day.

Evening.

Have failed to keep His Presence well before my mind - this last day of the year. Let me to-morrow try and recover my self recollection.

~~At dinner the conversation became a little personal. I have in some measure restrained & day in my talk, but not perfectly. I have thought of~~

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The Circumcision of Christ
Friday, New Year Day, 1869.

I slept late this morning, feeling quite heavy and am now under the weather. The worst it is my own fault. Have had very little to do so far; sent off our second batch of twenty men a few moments since. Ate moderately ~~much~~ at breakfast. Prayers ~~is~~ troubled by my nervousness.

5.30 P.M.

Monday prayers today were fairly earnest and I felt eager and anxious about the coming year. Have fewer men than usual in devotional exercises both of prayer and reading. Also have drawn up a set of rules for my life. I have felt a little persuaded today that I have been mistaken in some of the restraints which I have in days past proposed to lay upon myself; the character of St Paul's denunciations of bondage to elements and mere fleshly wisdom has caused this. Is not the Temperance Band of New England of this type?

Evening.

At dinner today the conversation turned upon other persons. I have not reprimanded my tongue perfectly today - though in some degree I have a realization of the Presence he lacks power. At ~~supper~~ ^{dinner} I got into a religious discussion which was mainly speculative and so dangerous. Has read one of Paulburns sermons this evening.

Saturday, January 2nd 1869

This morning I rose at 6.30 having pretty much decided to abandon my plan of early rising - from my want of sleep. I awoke with thoughts of former follies which vexed me. Prayers earnest though distracted. Relieved the deck punctually and attended to duty with enough attention moderately at breakfast.

1 P.M.

This morning I have made the effort to attend to my duty - but my inspection was not as careful as it might have been. Have been inclined to assist kindly in the contemplated dance - God's grace subduing my natural turkiness. But this I have generally refrained my tongue. I broke down in showing my irritability concerning those Custer covers (Dec: 24th). The temptation was sudden and overpowered me. Am somewhat soured and fearful.

5.30 P.M.

This afternoon I have suffered from some nervous anxiety about liberty men &c. Every thing has, upon the whole, gone off very well - though I have had some little trouble.

Evening.

At dinner today I ate moderately. After dinner engaged again in one of those speculative conversations that are not production of good - and lead to dash of surmise. Since then have been talking generally and foolishly somewhat. As duty resolution

- 1 In respect to drinking has been adhered to.
- 2 Prayers have been attended to, but with distaste and without fervor; mind to day greatly harassed.
3. My inspection was made but imperfectly - men. book carried

4) My monthly offering was made to day.

Second Sunday after Christmas

January 3^d 1869

I rose again late this morning and in consequence did not relieve the deck until 8 o'clock, so as to have full time for my prayers. My whole day was late up to 10 o'clock. Said my prayers at 9 - and at 11 the Communion Service, with an effort to join in the worship of the Catholic Church to day. But my mind wandered helplessly and seemed quite deficient in nerve force; not an idea passed through it. I could hardly reform & improve the words that the grace I hoped for depended, not on my imperfect services, but upon the unchangeable promises and grace of God. But I believe and hope that it was weakness and not unbelief of any kind. Have been fretted and worried by the misconduct of the new & so.

x x x x x x

The idea, loose & undefined, has long prevailed in my mind that Circumcision & baptism, as rites, introducing the recipients into the Jewish & Christian Churches were analogous - and the one typical of the other.

The words in the Epistle for January 1st "Circumcision was given to Abraham as a seal of the righteousness, ^{sup.} of the faith which was in him yet being uncircumcised" shook me. If that were true of Baptism - my ideas of it were wrong. [Rev. F. W. Robertson says just this of Baptism]

Considering the matter this coming with prayer I have thought:

1. The Jew was born into a Covenant, by the ~~the~~ Law of a Carnal Commandment [as the sons of Levi to the priesthood]; of this Covenant Circumcision was the token and continual reminder.

2. Nowadays no man is born into a covenant by the flesh. But Baptism is a new & spiritual birth, by which a man is born into a new covenant; and of this covenant baptism is also the seal - and token.

3. The national birth of the Jew was the type of the spiritual birth of the Christian of which latter water is the outward sign - but faith the real inward agent ^{begotten} on man's part.

4. So Abraham as the great type of faith is typically the father, begotten, of all them that believe whether Jew or Gentile.

5. But when the promised seed came, in whom the covenant was fulfilled, the sign of the covenant became no longer necessary - and circumcision was done away. So similarly legal sacrifices and ceremonies were done away when Christ came in whom they were ~~done away~~ fulfilled.

Had circumcision a real inward spiritual grace would it have been done away. So of sacrifices &c.?

"What advantage hath the Jew and what profit in Circumcision? Chiefly that to them were committed the oracles of God." Would the Apostle call that the chief profit of Christianity or baptism?

Query 1. How reconcile "God is faithful who will not permit you to be tempted beyond what you are able to bear" with "the yoke that neither our fathers nor we were able to bear"?

Query 2. Was ^{Circumcision} ~~baptism~~ binding on or allowable by the Christian Jews, and if binding in Apostolic days is it so on Christians of Jewish descent now?

Indication in Genesis II 5-6 that the days of creation were not periods of four & twenty hours.

5:30 P.M.

My mind has had the same difficulty in its attempts to settle how to work - a sort of

springing of my brain & exceeding nervousness & irritability. I have however kept my temper down and have attended to my devotions &c - though I have permitted myself to read some secular reading.

Evening.

Dinner was ready just as I finished my last writing. A doctor Engelhardt from Sten denid with us - a great talker. Conversation for the most part harmless, but once turned upon the corruption & abuses of Roman priests in this island. Also the tendency once slightly to gossip though not of a bad kind. After the meal talked with Dicknell on religious topics. Not speculative like last night but too much fondness for talk. As to my rules

1. Drinking was kept within the rule
2. Prayer attended to, but not present. Due in part at least to physical indisposition.
3. Mem. book carried and duty fairly attended to.
5. Gave time at 3 to meditation as written above.

Monday January 4th 1869.

This morning I rose late & found myself with a stiff neck. This has afficted me as one of those ever constant present embarrassments as apt to - and afficts my thoughts - and a very little my temper. Have prayed against it. Ate moderately at breakfast - no temptations have been undergone. Once subdued in my manner & a devout

First Sunday after Epiphany
January 10th 1868

In regard to the received Chronology of the Bible I am unfortunately ignorant of how the Compiler of it proceeded in collating from the various chronicles.

And the following discrepancy.

Exodus xii. 40. The Bible states the children of Israel sojourned in Egypt 430 years to a day.

The Chronology gives the date of Jacob's going into Egypt as 1786 - the Exodus 1491 - giving a sojourn 215 years; or from Joseph's going into captivity 1729 - a sojourn 238 years.

It appears true that the received Chronology has based itself upon St Paul's assertion in Galatians III "the promise in Christ was 430 years before the law" - for if God's first Covenant with Abraham assigned to 1921 = 430 years before the Exodus and giving of the law.

But this demands the equally suspicious assertion of Exodus. There must be a way of reconciling the two - even though the received Chronology be shown.

1st If God the Covenant St Paul alludes to was a Covenant in Christ; - in the seed (not seeds). But the Covenant assigned to 1491 is not, explicitly, to the seed, but rather a covenant of blessing to Abraham personally.

The great Covenant of in the seed of Abraham was consequent upon the sacrifice of Isaac. received Chronology B.C. 1872.

But God made direct Covenants with Abraham on various occasions generally of similar tenor, and so to Jacob at Luz he promises also "in thy seed (singular) shall all the families of the earth be blessed."

The last appearance of God to Jacob - the last that was, or could be, made to one man as the progenitor of the whole ^{pharisean} race was as they went down to Egypt - God then renewed the covenant made so frequently to Abraham & to Jacob.

There must be of course an inspired record of the covenant mentioned by St Paul. This covenant was simple covenant, i.e. promise, up to the descent into Egypt. The whole previous time may be regarded as the time of the covenant made by God with Abraham. With the descent into Egypt came the last renewal, and began the fulfilment. Then the people, whose increase was to be as the sand of the sea, but as yet only seventy souls, began to multiply. The first step in the prophesy of promise, "thy people shall be a stranger in a land that is not theirs", then began.

Granting 1491 as the correct date of the Exodus, 1921 would be the date of the descent into Egypt - it seems to me.

In 430 years the people by a ^{miraculous} blessing, might increase from seventy to six hundred thousand souls. But in 245 years, as the present chronology allows, no miraculous blessing upon natural generation could have produced such results - and we have no record of any miracle more than a very great blessing.

Monday January 11th 1869.

I rose this morning late. My rheumatism had come back upon me so badly that I feared I would be again laid up. Have attended to duty pretty well this morning, and as is usually the case when one is busy I have few sins of temper & tongue to think wherewith to reproach myself.

5.30 P.M.

I ate moderately enough at lunch. Just before

my rule of drinking - because I felt faint & tired - but I am not sure that I benefited by what I took. Was hot and uncomfortable & my neck ached again after dinner & I became nervous & uneasy - inclined to be despondent & sullen. Have attended to my duty. Direct temptation there has been but little of.

Evening

- 1 My Rule for drinking was broken at lunch and in intent at dinner
- 2 My Prayers were attended to excepting at 1 pretty faithfully; but were somewhat hurried. I tried to keep in mind of God's presence.
- 3. Duty has been well attended to, and the rule in the main adhered to - but not closely enough.

Thursday January 15th 1869

This morning I rose late again - somewhat pressed for time in dressing and especially in the reading of my rules which ought to be done carefully with prayer. I stumbled about, having to find a boat ashore suspected to day fairly well & have attended to duty. Remember a little from Remembrance of God's presence not so constant.

5.30 P.M

This afternoon at lunch, I ate moderately but talked a good deal & somewhat foolishly & wrongly I fear about the ball trouble. We have had undoubted Prasa for complaint but I fear I have not done altogether well in the matter. Spoke to the Captain about it. Walked for some time talking with Force about O'Brien's trouble with Prasa - Have attended to my prayers & recalled God's Presence at times. Have kept my temper generally pretty well - and have at times restrained my tongue from evil.

Evening.

Was quite moderate at dinner. During the evening have been walking up and down with Bicknell. Conversation turned too much upon persons with too little remembrance of God or restraint.

- 1 I have regarded my rule for drinking
- 2 Have made my inspection pretty fully and carried my men book.
- 3 My prayers have been fairly punctual

Monday January 13th 1819

This morning I rose in time to be dressed for breakfast but have sufficient for my prayers &c. We very little at breakfast. During the morning have attended to duty - temperately but not actively so. Excepting sundry desires that we have seen the last of the balls & some spirit fulwigs of amusements have done little

6 P.M.

I ate very heartily indeed at lunch. During the afternoon I have attended to some little business - and have read a little. No special temptations though I have at times felt uneasiness about the men. Spoke once very harshly to a man aloft

Evening.

I ate heartily but not excessively at dinner. Faded but not maully as far as I can remember. After dinner stood up and talked with Leach; no special temptation that I can recall.

- 1 I have kept my rule about drinking
- 2 I have observed my hours for prayer and tried to realize His Presence
3. I have attended pretty well to duty and

have kept my men's book by me

Thursday January 14th 1869.

This morning I rose at five to get ship underway. I was not in a good humor about it but although my spirit rebelled I held my tongue and was not very disagreeable. Slept a little after coming below again. I have felt heavy and sleepy all day since. Attention & duty has been fair though affected by my heaviness. Temper not much tried though I have felt it to be uncertain.

Evening.

At lunch I ate quite heartily. Went on deck off and on during the afternoon. Studied Greek for some little time. Got an order for a Saint Martial. Was, as usual, busy about saying who was to be tried &c to some curious persons. At dinner spoke of Mr. Johnson's conduct toward Mr. Laird and expressed sentiments favorable to personal feeling against those who were our enemies in England.

- 1. Have kept my rule about drinking.
- 2. Attended to my inspection this morning and also to other duty.
- 3. Said my prayers at the regular hours but have had little general recollection of them during the day.

Friday January 15th 1869

I was very heavy this morning, owing to the Californian air, and but for a mistake by the boy in calling me I should have been late. Morning prayers attentive. Ate moderately at breakfast very little appetite. Temper inclined to surly. Recollection of them imperfect & weak.

4 P.M.

also today has been spent upon a Summary Court Martial - I prayed for grace to do right and hope we have attained to that - Forgot to pray for guidance for the other members of the Court. At lunch ate heartily & did very little fasting
Evening.

This afternoon I read from Jeremy Taylor for a little while & also from the Bible. I drank nothing before dinner. Walked on deck for some time. Dined myself a little at dinner - very little

1. Kept & my rule in drinking
2. My regularity of prayer has been much interfered with by the Court Martial.
3. My routine of duty has been pretty interrupted for the same reason.

Saturday January 15th 1869

This morning I rose in fair time. Would have not been pressed in my prayer but for a necessity arising of my going on deck. Ate very little at breakfast. Suffering from dyspepsia

2 P.M.

I have felt quite unwell all up to day a little nausea. Have not suspected it. My prayer hurried because I feel sick when below. Have been talking to the Captain for the last hour

Evening.

Studied Greek for a while; found myself affected in this, as in many things to day, by the bad sea sick feeling above alluded to. At dinner to day I ate pretty heartily; drank some wine. Since dinner to day talking much in the poop. I do not

recall many faults - My rules have not been well attended.

1. In drinking I have not exceeded my rule.
2. I did not inspect, some trifling occupation being admitted along with the nausea, as an excuse.
3. My prayers, though not neglected upon the whole, have been irregular & my recollection of God's presence faint

Second Sunday after Epiphany
January 17th 1869.

This morning I rose late having overslept. I have been somewhat down in the mouth all day. Also inclined to be surly. Have striven against my downheartedness. Spent the morning service. A very special temptations

5.30 P.M.

At lunch ate heartily. No special temptations except a little puffiness towards the captain. Suppressed in the main. I have not given much time to devotion. Unavoidable in my temper

Wednesday Jan 20th 1869

We were hurried and driven very much during our stay in Hong Kong - and I attempted no self examination.

To day I have been weakhearted and depressed. My constant fearfulness still pursues me. It is a hard cross to bear & involves sin too. It is not the moral danger but the constant fear that oppresses me.

Evening.

This afternoon I have attempted nothing in the way of duty. Things are going on pretty comfortably & as I have felt sick I excused myself. Emily reading almost all the time. The day has been fine & so I have been less fearful

than my want.

- 1 Have kept my soul about drinking
- 2 Have observed tolerably my hours for prayer
- 3 Have acted in purity.

Thursday January 21st 1849.
 I rose late this morning - have not been well
 the past few days. Was cramped in time for my
 devotions - my own fault. I sinned bad. Spoke
 with unjustifiable harshness to two or three persons.
 Remembrance of God's Presence came faint and too
 late.

* * *

Woe unto thee Bethsaida! for if the mighty works
 which were done in you had been done in Tyre and Sidon
 they would have repented long ago in sackcloth and ashes.

These, being words of our Lord, are neither
 more nor less than truth in all their legitimate consequences.
 He observed then that had these works been done
 in Tyre they would have repented - yet they were not done.
 That city continued finally impenitent.

If this be not election what is? Tyre was per-
 mitted to perish, though such works would have caused
 her repentance. Yet she doubtless perished justly - for in
 addition to the consideration of St Paul that we cannot judge
 the justice of God - it is plain to reason that the moral
 law is sufficiently clear to the human mind to require
 obedience - & to justify the punishment of its infraction.

It occurred to me some time ago - but then
 this passage did not come into my mind - that the
 trust of God's predestination - not incompatible with his
 justice lay in this very thing viz. that with some he
 employs such dealings as should lead to repentance, with
 others, the elect, such as He knows will lead to it.

In all cases the will of man is free. Even when we

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say a man will is forced it is ^{an} inaccurate mode of expressing that such motives have been presented to ~~him~~ ^{him} as to overcome ~~his~~ its original & perhaps natural bias. So as the general natural tendency of man will is evil adequate motives must be presented to change it. Such are presented by God to every man - although He knows that many of those thus favored will disregard them. In this sense every man is elected & called; and such election it is necessary to give diligence & make sure. But there is a further election, named I think by our Lord in that passage "if it were possible to deceive the very elect" implying it is impossible. Such election must differ from that named by St. Peter. That God should deal thus differently by two classes of men is no injustice. The least is more than justice. It is parallel to the assertion of the Lord of the vineyard in a case which on the surface appeared equally unjust - "Is it not lawful for me to do what I will with mine own?" The argument is unanswerable.

Noon

There is not a very great deal to do now & attended fairly well to my work. I am still a little sulky.

5.30 P.M.

This afternoon I have attended fairly well to my work & have read a good deal. I am however unemployed.

Evening

At dinner I ate heartily. Fletcher, although I have long feeling against him is again provoking my disdainful treatment. In regard to my resolutions

1. Have kept within bounds drinking.

2 Have ~~inspected~~ so as by rule.

3 My prayers have also been done by rule though without very much of fervor.

Friday January 22nd - 1869.

This morning I rose in better time but being compelled to go on deck was again thrown back in my prayers. I was indeed sick which made me impatient & choleric. I suffer much from this temptation & from anxiety. I feel sure there is sin in yielding to the feeling and yet it is so difficult to overcome it. Helen Jackson certainly showed a singular appreciation of my character for a short acquaintance; how soon she picked out this crying humiliating defect in my character; & her recommending the 157th Hymn to me.

At breakfast ate little though. My cheerlessness showed itself in disobliging spirit - surly & surlily.

1 P.M.

The same depressed spirit has clung to me though not so badly. I have made a slight effort against it. Gave more time to devotion at 11, this being a fast day. Ate moderately at lunch. My worst failing is this cheerless res-junct now.

Evening.

Have not been quite so fearful this evening until lately. At great part of the afternoon I have read from different books - principally The History of the Popes. Did not fast at dinner as I should have done, neither has the day been becomingly spent. Have dined about the "economy of coal" tonight. As to rules:

1. I have so far kept nearly within rules drinking
2. My prayers have been nominally attended to

with too little earnestness.

3. My morning inspection was fairly made.

4. I have today made my regular affectionary for February.

The dull cheerlessness and despondency still hangs to me. I dread everything, all sorts of contingencies. I am a slave in the matter, and sin besides.

Saturday January 23rd 1869

I am ashamed to write my record of the past day. Cowardly distrust of God, circling at the Captain - impatience of his will & of God's - fear discontent irritability, dullness - and failure to react honestly. (May God have mercy upon me, and save me from despair)

3.30 P.M.

After lunch today I slept for a while - Have not done any duty to day. No special temptations. Have not kept my lips entirely free from criticising Mr. Captain's action.

Evening.

Ate moderately enough at dinner. After read Mr. Mostys speech. For my rule:

- 1. Broke the rule about drinking by taking ale at dinner
- 2. My regular hours for prayer have been observed.
- 3. Made my morning inspection, but I was not rigid & close enough in these.

Septuagesima Sunday 1869.

January 24th 1869.

This morning I rose in good time, and washed at once. Had nearly time to attend to all my devotions. My mood was the same as usual before breakfast. At breakfast I ate moderately enough.

1.30 P.M.

Today has been very quiet and peaceful. I read the morning service. The attendance of the crew is again becoming scanty. Fletcher spoke to me about the paper I had written for him, rather Complimentarily. I was weak enough to be vainly gratified but resisted the temptation. Said the Auto Communion Service at 11.30. Ete moderately at lunch. No special temptations so far.

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3.30

Both the epistle and gospel of today agree in setting forth the truth appropriate to this season of consideration viz: that we are here in the state of struggle for the crown; that we are now in the vineyard to labor. The reward & the crown are to come hereafter. Through the consideration of our banished and fallen state we approach the penitence & purification of Lent.

There is a difference, however, and a compensating difference in the lessons of Epistle and gospel. In the former there is the warning to those now in the race that they may be outstripped; in the second while this warning may be equally clear, men I take it would be more apt to dwell upon the encouragement to those running in the eleventh hour.

Yet how aptly would our Lord's words close Epistle as well as gospel. "The last shall be first & the first last. Great is not the great lesson of this season. "Many are called but few chosen."

The simile of the Christian race to a Contest in the Greek games has to me one great difficulty. The latter is a competition - the victor's success excludes exactly the defeated; the victory too is not absolute but comparative. Now in none of these respects does it seem

to me that the Christian race is analagous. Our standard is Christ not men - to be perfect, not better than others; our brother's success does not hinder, but rather advance our own prospects. Is the analogy an imperfect (not merely partial but imperfect) one?

Evening

I read from the Churchman for quite a long time this evening. Then I went on deck and walked. Afterwards a little after 3 came to my room with the purpose of meditating upon the epistle and gospel for the day. This at first hard and distasteful gradually became very interesting though in an intellectual way rather. I went on deck again talked awhile with the Captain on indifferent matters - and with Nones for a while. At dinner I ate moderately. I have been inclined to self conceit &c owing to my fancying that I had hit upon an explanation of a parable more clear than in French.

The Conversion of St. Paul
Monday, January 25th 1869

This morning I rose in pretty fair time, and was not hurried nor cramped in my devotions. Before breakfast my temper was as usual surly, but I said nothing to any body. Ate moderately at breakfast Fasted angrily about Captain Rae - and in a wrong spirit.

3 P.M.

I have again to not feelin. At general quarters today my spirits were at first good but B's gun worked so slowly as fairly to take the life out of me. Then I showed impatience toward the Captain when he ordered me to exercise sails however I did better and did not find fault. My wispection to deny was slight. I have wasted a good deal of time. My temptations have not so much heat me; yet I feel that I am much inclined to quarrelous feelings.

The gospel of to day is the Complement of yestern days and I am thankful that my attention should have been drawn to them so closely in faint of times.

The gospel of St Paul's Day narrates the Circumstances which led our Lord to speak the parable which forms the gospel for Septuagesima Sunday. To him are wonderfully applicable in the usual sense of interpretation, the words "the last shall be first". Yet if we confine such application simply to the fact that he the last called of the Apostles yet labored more abundantly than they all do we not fall in some degree short of the full signification.

St Paul looked for a reward in this earth, and was jealous that no man should rob him of it. What was it? "Verily that when I preach the gospel I may make the gospel of Christ without charge" "As the truth of Christ is in me no man shall stop me of this boasting in the regions of Achaia" That the reward lay in the satisfaction of a noble mind accomplishing a noble self denying work, should not be allowed to hide the truth that there was satisfaction, and there was reward.

He knew and saw that he had labored abundantly, nor does he hesitate to say so when the Cause of Christ demands it. Prominently was he first among those who bear the burden & heat of the day. Yet throughout his epistles we trace that men grudged him his glory - & others who as to him were last were preferred before him. In this but in this only does he resemble the murmuring laborers of the parable. He murmurs not against the good man of the house, but remembering that imperfections have marked some his services, he rather welcomes the lesson. After manfully and righteously justifying himself, he falls back upon the Christian's trust reward, the sense that God has been and is with him as manifested by the gradual subduing of his infirmities.

Tuesday January 26th 1869.

I got up and dressed this morning in fair time. When I got on deck it was raining with every prospect of Continuance so I did not relieve. Wasted some more time over that novel "Dora" - During the forenoon have attended fairly well to my duty. The weather is disagreeable but not storming. I have not been so harassed by my faint heartedness - and by impure thoughts not at all today.

Evening.

Aft dinner lunch I ate pretty heartily; but my meals are not now a days excessive - drank some ale. Slept a little, read from the History of the Popes - talked at odds and ends of time. I have not suffered from any particular temptations. My mind has been quite easy weather fair. Aft dinner ate moderately but thought very little of Him.

As to my rules

1. I drank ale at lunch - in violation of the 1st
2. I have prayed at my hours, but not punctually and my secular pursuits have interfered
3. I have attended fairly well to my ordinary duties - as by my rule.

Wednesday January 27th 1869

This morning I rose a little late. It was raining so hard that I knew I could not relieve. The weather is very bad. May God help me it seems as though my nerves were going to give way under the pressure; I shall not be able to endure much more. My devotions were careful and attentive. Have checked for the most part not altogether my tendency to murmur.

1 P.M.

This forenoon has been occupied by a struggle against my weakness & fears - said the Litany at 11.30 with much earnestness & distraction. Am very

depressed & sad.

5.30 P.M.

This afternoon I have done no serious work. The weather has still been cloudy and somewhat threatening though the rain has held up for a long time & the sea & wind subsided a little bit. I have been uneasy and unwell but I look with hopefulness forward to some rest. Have thanked God with my lips & prayed much to Him for mercy.

9 P.M.

At dinner ate moderately enough. Stayed on deck a part of this afternoon. As to rules:

1. I have not kept the one concerning drinking
2. My prayers have been fairly attended to
3. The very bad weather has kept me from inspecting. The state of the weather has stood in the way of the close observance of my rules. But am I as warm and fervent a Christian as I used to be?

Thursday January 28th 1869

This morning I rose at late - partly the fault of the servant. Did not leave the deck until 8. Spoke to Leach about lying down with a candle burning in his room. I was pretty severe for holding back so long with regard to him, for he accused me of partiality - toward Ludlow. I don't think my conscience quite clears me - so far as this person is concerned, yet I have spoken him officially more than any person in the ward room.

3 P.M.

I was occupied by other duties up to 11. very nearly and so did not inspect. Read a little. Said my Monday prayers though with much distraction. Temptations have been very few.

Evening.

Read some more than tried to walk, but the unsteady motion of the ship prevented me. At dinner I ate moderately. Again assailed by very gross thoughts not tempted to impatience. ~~At~~ ~~moderately~~ ~~As to~~ my rules.

- 1 I drank a cup. More than they call for.
2. Attended to my prayers pretty punctually. Did not think of His Presence as I should.
3. Have inspected fairly well. but not at the precise hour, for sufficient reasons.

Friday January 29th 1839

Again rose too late. Was not feeling well. He-
 clined to be testy - but kept my disposition under
 for the most part. At breakfast had no appetite
 3. 30 P.M.

I read the "Chamburaw" this morning and after-
 noon finishing up the files I had on hand - hoping to
 get men by the next mail. Have attended to duty -
 gave also my time for despatches. Abstain from some
 things at lunch. No special temptations this after-
 noon - or to day.

Evening.

Walked on deck for a little while. After quarters
 read in my room until dinner time. Did not deny my-
 self at dinner. Tempted again today at various times
 to soft & unusual thoughts which I do not earnestly
 drive my laws. As for my rules:

1. Have observed them in respect of drinking.
2. My prayers have also been attended to,
 more carefully & regularly than I ever want.
3. Inspection & correction have been performed.

Saturday January 30th 1869.

I was very much out of sorts, when called this morning and I got up late. The weather is excessively damp & soggy. I should have got on pretty well but for the Captain's coming on deck. It will call to say something led me to say things I should not. I was greatly rejoiced at hearing of the defects in our boiler.

1 P.M.

This morning I attended to what was going on fairly well. Read a little & began a letter to Jimmy. At lunch I drank some ale. Fletcher began talking at this meal in his most silly and profane way and exhausted my patience so that I spoke very bitterly. Would I had done so but for the ale I had drunk.

5.30 P.M.

I lay down and slept for an hour. During the afternoon have been reading. Attended to duty fairly well. Betrayed into impatience by a report made by Fletcher.

Evening.

I ate moderately enough at dinner; our bill of fare is not now luxurious. After dinner I did not smoke and so have not felt the same heavy, dyspeptic indisposition that has recently troubled me. As to my rules.

1. In drinking I had failed and drunk too much.

2. My prayers had not been attended to regularly. But I have not quite neglected them.
3. My inspections had been legitimately interfered with.

On reading the exposition of the parable of the Laborers in the Vineyard by Dean French, I have been impressed with the idea that the great difficulty & confusion arises from interpreting "the sun" as the final day of reckoning - an unusual simile for I take it "sun" is the closing end of life, not the morning of the Resurrection; and from interpreting the "penny", eternal life

The main difficulties are - 1. that they all received the same reward for very different degrees of work; a contradiction to the words wherewith our Lord speaks of his final coming "My reward is with me & give to every man according as his work shall be"

2. That they murmured, yet carried away their reward. These two things are simply impossible as coexisting at the last day.

3 How the parable indicates a difference between them equivalent to its moral; "The last shall be first & the first last; for many be called, but few chosen."

4 The doctrine set forth by the parable.

I conceive that these difficulties would be removed, and a doctrine different, but more applicable to St Peter's question, set forth by a different interpretation of the words "When the sun was come."

Let us say the time thus specified is not the day of final account - but that period, be it sooner or later, when the labors of life may be expected to show results. The murmurings of the first called would then be in this life, at the equal or greater apparent success of less tired laborers. To such a feeling a good Christian might yield, as to any other temptation; and to such an one God's Son would reply; "Friend I do thee no wrong; take that thine is and go thy way". A slow rebuke, not a final condemnation

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The case would be very strong, if we imagine many engaged in a certain good work. Some begin it, the hardest task; others carry it on, and as is the case in all successful enterprises, many crowd in at the last. "Others new labours, and ye are entered into their labours." Now to such successful work there is a temporal reward, a very main element of which is the satisfaction of doing well of success; a feeling that, however pardonable, tends to grudging.

The first called receive their reward, whether the even be the day of judgement or in this life; in either case it can be but a temporal reward, for no saved man "in that day" can cherish these grudging thoughts. If it be the day of judgement it can only be paraphrased: "Take thy temporal reward & go thy way to hell." Should "the soon" must be in this life.

Our Lord plainly says to Peter that laborers shall receive not only eternal life, but also "manifold more in this present life". This last I believe to be the "penny" of the parable.

"The last shall be first & the first last." This is the moral, how apply it? There is ^{here} no inequality greater than that implied in order. The difference between last & first at the same reward is apt, to represent the exceeding triviality of difference in temporal rewards; [and yet, dependent ^{as these are} on those who see only as man sees for credit from man is a main reward ~~not a proper~~; how like to the higher & lower seats at the same feast]. Temporal reward then will be, external or internal, but how trifling is all earthly good compared to the eternal weight of glory. A reason for the first being last may be found in their greater danger of indulging in self exaltation. The last, ^{from} the fact of being so, have a proper check

As to the lesson taught, Dean French makes it to be "the nature of rewards in God's Kingdom"; that they are entirely of grace & that many of those who have worked hardest will yet be lower in the scale than less fruitful labourers - or may even be cast out altogether.

Without doubt this is fairly deducible from the parable but rather as a corollary than as the first intention. And such a corollary our Lord, I believe, points in his supplemented warning: "Many are called, but few are chosen."

The primary lesson to be taught was "My Kingdom is not of this world." This more than the other St. Peter needed. The Apostles, were clearly informed, were looking for an earthly Kingdom, in which they should have earthly honor. Hence they hear their warning against the expectation of a position in this life, a warning most necessary to them. And despite our present clearer recognition of the spirituality of Christ's Kingdom, who can say that there is no tendency now to look for a manifest recognition of our fancied services, while yet on earth.

Monday Feb 1st 1869.

Had to rise early & go ship underway. Having specially prayed last night my temper & conduct was fairly much out perfectly good & zealous. Other things as usual. No special temptations & great abundance of time for devotion which was proportionally pleasant & cheering.
8 1 P.M.

This forenoon I have labored under stupidity and depressed spirits. In a measure these against the feelings & remembering God, have avoided some sins. But altho' generally submissive have carpied somewhat at the Captain.

Evening.

This afternoon I was busy almost all the time, and very much on the quiet to prevent people from outside giving us trouble. I have had comparatively little annoyance. Have failed in that I have spoken about the Captain improperly; not in excitement calmly & measuredly. At dinner I ate heartily. I am now both tired and sleepy. Have been too busy all day for much temptation to impurity or other evil of thought. At day rules.

1. Have gone beyond that for drinking.

2. My prayers have been interrupted, but upon the whole well attended to.

3. Have not made regular inspections, too busy in other ways.

Monday Feb 2nd 1878

I don't feel well and the weather is oppressive & dry. There is a sort of general uncertainty - and yet much work hanging over me. I am having a struggle with myself. Have been cheerless. No definite rejoicing, excepting when my requisites were sent back to me.

5.30 P.M.

Have been ashore almost all the afternoon doing little or nothing - excepting wandering around. Made only one or two small purchases.

Evening.

I have scanned & may once or twice in speaking of others. At day rules.

1. Drank wine than they allow.

2. Attended to my prayers while on board the ship.

3. Attended to duty fairly well.

Wednesday February 3^d 1869

This morning I rose in somewhat better time though still very sleepy. The weather is very much against me in all the work that is to be done. I have striven against the feelings of annoyance in this - and not yielded. - The captain vexed me however on deck - and I was sulky - I repented after dinner after coming below, and by God's grace I shook the feeling off. Have mainly held my tongue as well as kept my spirits up.

4.30 P.M.

During today God has given me the victory over my usual sulky tendency under difficulties. Even at the greatest annoyances of the survey coming atop of all the other work after a moment or two I was quit and cheerful. Not moderately enough at lunch. Fletcher has been annoying. A scandal has been talked that I recall. I have much cause to thank Him & lament my wretched failures to seek the same grace in time past.

Evening.

It deemed today at heartily. Sudlow provoked me into speaking disparagingly of an officer whom I think highly of. a most preposterous display of temper. Have read from Rankin's History of the Popes. Gave some time to reading in preparation for the Holy Communion, yet very imperfectly. Again tempted to lust. Cf. to my rules.

1. Have exceeded in drinking.
2. My prayers have been curtailed, not completely but through press of duties.
3. Regular inspections intermitted for sufficient reasons.

Thursday February 4th 1869.

This morning I rose in very good time - yet not early enough that my prayer might be uninterrupted. Had slept very heavily. Found good and untired excepting by Mr. Fletcher. This gentleman is apparently getting more and more foolish as time passes over his head.

1. Pm.

To day I have been a good deal harassed and am beginning to feel as though I was now nearly played out. Lost my temper a little I have felt impatient. But I did not altogether yield. And I have prayed and made earnest effort. I shall yet I think succeed. Spoke once or twice bravely of others.

5. 30 Pm.

Have been ashore all this afternoon. Occupied playing billiards - and afterwards shopping. No special temptations.

Evening.

I have been this afternoon very nervous and excitable, a feeling which militated very seriously against my reading, and against application of any kind whatsoever. Ete very heartily at dinner. Our meals are almost too luxurious I feel now. Ete to my rules.

1. I have exceeded a little in drinking.
2. My prayers have been attended to while on board the ship.
3. My duties have been attended to to a large extent; but their regularity much interfered with.

Friday February 5th 1869

To day has been one of wretched failure for me from beginning nearly dead. In my irritability & wickedness I have openly sworn twice since at some men. That I have had Amaraunce is true. Only one thing I have finally sworn against my discouragement & disheartenment and am resolved by Gods grace not to despair but to try again. I think much of my irritability has been due to drinking. My rules have been poorly observed & day in every way.

Saturday February 6th 1869.

This morning I rose pretty early in order to have time for my prayers. I am dreadfully sleepy headed now a days. Today no special trials have fallen to my lot. I have endeavoured to be cheerful and I think I have earnestly struggled and prayed not to fall again into the snare of the past two days - neither to despair.

Evening

This afternoon I read & amused myself as I saw fit. No very special temptations excepting at times to those abominable lustful thoughts that at times assail me. Went on board the P. after dinner & paid a long visit. As for my rules.

1. Have kept the one for drinking
2. Prayers not punctual - but attended to.
3. No regular inspections

Languagedance Sunday 1869

February 7th

This morning I rose in fair time. I was very desirous of passing the day profitably, and especially of receiving the Holy Communion worthily. Failure was the occasion of my first & principal trial. I lost my temper then & found it difficult to regain. However I did. Found my attention wandering.

during the service, and even at the Communion I could not shape my prayers & give them accurate wording. During all the rest of the day I now, I have suffered from great nervousness. I sought to take more exercise & regulate my meals & sleep with accuracy. Have tried to fixate my mind & faith upon God's certain promise, not so much regarding my own transient emotions. **Ch** & Day rules.

1. Drank some wine at dinner & lunch

2 & 3. My regular inspections have been regular to day. and I did not systematically attend to my proposed Sunday meditation.

Monday Feb. 8th 1869

This morning I rose in better time than usually of late. Had time for my devotions. Fletcher tried me somewhat by blaming me late at 7.

1 P.M.

I have attended in a way to my duties to day - with no regularity for that our State just now forbids. I am not very smart in this sort of work but I hope I may do fairly.

Evening.

Have fiddled around at my work this afternoon. Leach and the others returned from Canton. I show my selfishness by a half affectation of indifference about the glowing interest they felt in that which they had seen. At dinner ate heartily and drank some champagne. In the evening reading a novel. **Ch** & Day rules.

1. Have kept within the bounds as to drinking

2. My prayers have been attended to but not very regularly.

3. My regular inspections have not been practicable.

I have spent some time today thinking of her. I wonder whether God does mean to let me be truly purely faithful to her - without sin or offences in His eyes. There is something very sweet to me in the thought, yet not free from taints of self.

Friday February 9th 1869

This morning I felt sick. My day began with nervousness and depression. I did not triumph over them. Even now I feel how easily I might fall. Spoke unwisely and not of truth - fully of the captain's regard for his proper duties. Went ashore - praying God to deliver me from my downheartedness.

Evening.

This afternoon I went ashore about one o'clock. Played billiards with Fletcher for quite a time & then returned to the ship. Have not had any special temptations. At moderate rate at dinner. Ch & my m's

- 1 Drinking has been confined within limits
- 2 Prayers have been pretty regularly attended to excepting at 3 o'clock.

3 My inspections not regularly performed.

Atch Wednesday 1869
February 10th

I rose in good time this morning. Have not been very much tried during the day. Went ashore at ten & to the bank to get a check cashed. From the bank to church. Joined in the services prayerfully & attentively but without very much feeling. Have still asked earnestly and with intention of uniting with others for prayer for all to turn unto God.

O. J. R.

I have not had much to do this afternoon

but have had several reminders that I am not yet free from sin; that many struggles are still before me. Both Bradford & the Captain have tried my temper; and tho' I have mainly upraised my heart has rebelled against them a good deal. Have read a great deal.

Evening.

This afternoon at dinner succeeded according to my desire in moderating my eating & drinking. I was not therefore so heavy after dinner though my head was not as clear as I wished. At dinner got into a discussion about Capital punishment which got a little rather warm. Tried to read religious matter & the Bible, my mind dead & heart cold. Again tempted to lust. As to my rules.

1. Have not drunk anything
2. Attended to my prayers upon the whole.
3. Duty fairly attended to.
5. Neglected my proposed meditation

at 3 P.M.

Thursday, February 11th 1869.

I got up quite in good time this morning. Prayers singularly devoid of fervor, but attentive & faithful; the Captain has irritated and tried me during the day and I have weakly failed at times in speaking. During the forenoon attended fairly well to my duty. Noonday prayers more closely performed. Lunch ate in moderation but without fasting. The Pacific Mail "Great Republic" is just in.

Evening.

The mail has seen the all interesting subject the Exposition. I received my full complement of letters and papers and have been happy in hearing that all are well at home.

Returned thanks with my lips for this further mercy from God. Most of the afternoon was spent in reading mail matters. At dinner this evening ate moderately, and denied myself a little leaving my head clear for the reading. There have not been any special temptations. My reading this evening seemed more productive of good than yesterday. My letters tended to put me in a little flutter, by their mention of the other sex. No doubt nature claims her own of me. How will it result?

Friday Feb 12th 1869

This morning I rose in pretty good time. Prayers careful and devout. No special temptations.
1 P.M.

This morning went over to the Picataque while there talked generally, and sometimes gossip. So after my return to the ship spoke of the Maumus to not in a right spirit - altogether. Attended to my prayers at 4. Headached. At lunch ate heartily. Dinner Very angry about the monkey.

Saturday February 13th 1869

This morning rose late - having been up quite late last night. Received the death as usual. During the forenoon I went ashore to Paymaster Ewing's for a little while. Have not met with any special temptations today. Monday prayers unavoidably postponed.
5.30 P.M.

Went on board the Picataque to see the Admiral and afterwards ashore to play billiards. Have been much disappointed that I am not to be kept in charge of this ship but I suppose it will be for the best. Have spoken

about the possible successors to Captain English in-
 properly, and have not heard from a tender to Morrison

First Sunday in Lent 1869
 February 14th

Rose a little late this morning having a
 very bad cold. Upon breakfast & on deck the Captain
 told me that he was going to try and take the
 whalabout away. I was very much annoyed.
 Tried somewhat to refrain from expressing my an-
 noyance, and for the most part did so. Drank
 some ale at tiffin & have lost the whole afternoon
 by consequent sleepiness - My head is now thick
 & dull to the last degree. May God forgive me all
 my sins

Evening

I went ashore at 4. I was so very heavy
 that I stopped and drank some whiskey which
 brightened me up. Got to Church at 4.30 &
 found that the hour was 4. Then walked
 out on the road which I used to frequent fifteen
 months ago. I noticed with regret that my mind no
 more dwelt upon those hopes & thoughts which should be
 dear to a professed follower of Christ. Got back to
 the ship about dinner time. Drank some Champagne
 at the meal. After dinner engaged in a discussion about
 public schools, also spoke of Mrs. Howland & some
 other beauties whom we had known. I have made
 a profitable day of it.

Monday February 15th 1869

This morning I got up very late feeling
 sick. I declined to be doused in the mouth during
 the forenoon but have not seen much so. Prayers
 still earnest. Spoke of the Captain's wish to carry
 the whalabout with him as selfish in the extreme.

Think it would be so in truth; but I will do better to wait until I see whether he carries his intentions into execution. Wrote, or rather began, a letter to mother.

Evening

This afternoon at one o'clock went around the ship with the Captain, an informal thing. During the afternoon wrote a letter to Judy and superintended the getting some of my Curries ready to go away. At dinner this evening my ill concealed dislike to Sadlow manifested itself & he, combined with an inordinate longing for me to "speak well of me" myself. Failed also in speaking needlessly of that action of Captain Phelps.

Tuesday February 15th 1869

This morning arose in pretty good time though very sleepy. Before breakfast in talking with Bradford I expressed my views with regard to Sadlow's harshness. Much tempted to show a temper at once but restrained by God's grace helping me. Went ashore and attended to duty. Drank some whiskey I don't think I was sufficiently careful in speaking about others.

5.30 P.M.

Have been nervous and hurried today - and so been affected in my prayers somewhat. Pretty busily employed sorting & arranging papers - & various similar duties. No special temptations have occurred to me.

Evening

At dinner this evening I made not the slightest pretence of fasting. Drank also some ale. Found myself less sleepy after drinking ale than I have before under fasting. It leaves me in a great quandary at times. Found myself

were fasting them when not - yet not bright or well at any time. I am not conscious of any quick earnest desire to serve God through and despite all.

Trials of Commission comparatively few to day - but trials of omission how many?

Wednesday February 17th 1869

This morning I rose late and did not relieve the deck. Have been a little inclined to be down hearted but in the main resisted by God's grace. Went ashore a little after ten attended to some trifling business. Went to church at 11. Prayed earnestly before the litany and joined in it with some earnestness. Saw the clergyman about Reed and about our men attending service on Sundays. Walked down with Dr. Maccom and from there went to Hunt's after stopping a few moments at the hotel - seeing there Dr. Dow. Got up in upon my return to the ship - A.D. Browne came aboard - and kept us talking. We discussed every kind of subjects - with some personalities tho' slight. I have found myself very subject to nervousness and excitability a frequent trouble with me when business presses. I am very dull - subject to tediousness and indifference in my prayers.

Evening.

Have gone on with my duties this afternoon no very special temptations have occurred to me. At dinner ate heartily with no attempt at self denial. Since dinner have smoked &c. Read some religious reading. I am so much troubled by sleeplessness. Sometimes drinking when I at other times the reverse and no rule can be laid down. So I remain greatly perplexed.

193

Thursday Feb. 18th 1869

This morning I rose very late. My night's rest was broken by a rat that got into my room. Did not therefore relieve the deck - nor shall I any more. My prayers are frightfully cold and I seem to have sadly fallen away - I do not sorrow over my sad plight. Went ashore to play billiards at 10. and played with more than usual success - Then talked to Curran & Dr. Dove about other people. Money was! Drank some whiskey and so could not pray. Did not fast at lunch. After lunch prayers very bad & dull.

Saturday February 19th 1868

Rose late this morning after a deep & late sleep. No special temptations save to drunkenness of spirits & downheartedness. Repented & speedily refrained from a slight movement of impatience against the admiral. Prayers earnest though a little hurried.

1 P.M.

This morning I went ashore to attend to orders for my new mess. I gave them all. They were in the dumps - but by God's mercy was prevented from yielding to it. Went to the flag ship and saw the Admiral.

Evening

I went ashore after lunch and played billiards with Fletcher for some time. After that glanced over some newspapers. Called at Olyphant's. Conversation harmless as far as I remember. Then took a walk. My attention wandered through it. Returned to the ship and shaved. Ate dinner etc & drank moderately and after dinner made out some

more of my papers to turn over to Sedlow. Then
 sat in the cabin for a while. No special temptations
 this afternoon. I am undoubtedly not fasting & praying
 with the earnestness that I ought to show.

Second Sunday in Lent 1869.
 Feb 21st

Got up in good time - took an early
 breakfast and went to the 8.30 Communion Service
 After Service went down to the hotel, where I found
 Ward who asked me to breakfast with him. Conversa-
 tion hung fire a good deal but there was no scandal
 Went also to 11 o'clock church. My attention was
 tolerably good during the morning. After my return
 took a slight lunch. Then Stewart & others came
 on board and I went out & talked with them for the
 most part harmlessly I think. Then read down in
 the cabin. My frame of mind has been better to-day;
 and the sermon preached was very applicable to
 my present state & after my wretched fall. I think
 I can get thank God and take courage. God will help
 me.

Evening.

I did nothing during the remainder of the
 afternoon & up to dinner time. Packed in deck
 for a while talking to Jones. At dinner ate heartily
 and drank some. Got into a political discussion
 in which my safe Complacency & conceit were ap-
 parent to myself; during the evening had some
 religious works.

195

Thursday March 4th 1869.

This morning I rose in pretty good time -
The board & survey through boiler came and board
at 9. I had prayed not to show temper in case
Capt. Carter vexed me; but he did not. Attended to
some little duty in the forenoon. Went ashore to tiffin
at Oliphants. Do not think we talked much scan-
dal. Afterwards Woolventon and I went off together.
I suppose he finds it pleasant to be with me now that
the attractions that Yokohama presents are gone. He and
I played billiards together; my temper was bad
when beaten.

Evening.

The steward said he had a good dinner
& plenty so I asked Ludlow and Wilson down.
I am about determined now that I will stop all
entertaining excepting Woolventon with whom I feel
intimate enough not to compel me to drink or smoke
or do anything that my will otherwise is not con-
strained to. Our conversation at dinner was about
persons but I do not recall much in the way
of scandal by myself. After guests left I went
aboard the Monocacy and remained there until
10; with W. all the time. He is very "nice", I am
very much attached to him. Our conversation
was I think harmless.

I am in serious doubt about my row -
whether I am breaking it. It is a very serious
matter.

Friday March 5th 1869

This morning I rose late. Slept & very
heavily and was now refreshed than for some
days past. Morning prayer devout. Put off
my reading until after breakfast. Gave a good deal

of time & willow reading during the forenoon - but there is
 in my meditation, I fear, too much self seeking -
 and self complacency. To-day prayer also earnest
 I do not deny myself much in eating - but in drinking
 when there is no company around me I find - by God's
 grace little difficulty in denying myself. I am still
 much concerned for W., not for God's sake only, but
 much for the love I bear him. I cannot reconcile my-
 self to the thought that he should again go back &
 forsake his God - and separate himself from that Body
 to which with all my faults & sins, I hope God yet finds
 me bound by a living union. I feel more keenly
 that he would thus separate himself from me ^{than} from
 Christ

4. P.M.

I have spent the afternoon reading. Wait
 aboard the Onida for a few moments to say
 good bye to Stewart and others. No special tempta-
 tions have befallen me. The quiet life of a Command
 officer in port does not present the same difficulties
 & trials as an executive billet. Somewhat given to
 day dreaming during the afternoon

Evening.

This afternoon I went ashore soon after
 writing. Walked up to ~~the~~ hotel where I found Worl-
 erton; from there to Hunts to enquire for news; of
 which I did not get any. Went to church with W. He
 was not there in one of his pleasantest moods, we
 seemed to hang on one another's hands. My attention
 in church was indifferent - after it was over we
 came aboard - dined - a dinner too good for Lent.
 I felt sick and drank some wine again

Saturday March 6th 1869.

I rose late this morning very sleepy, after a heavy dreamy sleep. My morning prayers were devout. There is not in me just now any lack of fervor. My heart oppressed by my concern for Woolverton is open to the sentiment of religion. During great part of the forenoon my reading has been religious - a little since from Motley's History of the Dutch Republic. Noonday prayers also fervent and attentive. Have remained aboard all day - hardly moving out of the Cabin - and so free from many of my temptations. Yet solitude is not free from danger, as I feel.

5.30 P.M.

This morning afternoon have been quietly reading. Spent an hour ashore walking round. No conversation.

Evening.

This evening I dined in the ward room. My appetite was very much better - owing either to drinking wine or to more company. I do certainly regret my vow under the circumstances, and feel very much tried this Lent; and St Paul's declaration concerning bodily exercises &c try me very much. I don't know what to think. Conversation as far as I remember harmless.

Fourth Sunday in Lent 1869

March 7th

I woke early this morning feeling not very well - and only dozed from then up to my rising at 7 bells. Felt uncomfortable in my stomach and so ate little breakfast; this interfered too with a profitable spending of my time - Woolverton wrote to say that he was not coming over today. I regretted this very much and have found twice to it hard & express feelings of fear for him & faithlessness towards God.

My attention at all the services today has been better than usually of late, at the Holy Communion I prayed earnestly and devoutly both for myself and for others. After the morning service went round to the College and there lunched with Mr. Beech - no scandal; we do not know any people in common. Spoke to him of Woolston - and my anxiety. He said in short what I have more largely pressed upon W - concerning the needed strength that the Communion would supply - and that falls should not discourage too much. After church went to Oliphants, where I stayed a little while & thence to church again. Walked out on Cayne Road after church - met Gud. who who asked me to dinner, I weakly accepted and then had to write a report; for I do desire to consecrate the rest of Lent and especially in order to pray for Woolston that this crisis may be for life not for death. ate moderately at my dinner - little appetite. The evening has been less fruitful than I could have wished. Saw certainly being tried in this matter of W. My personal affection for him - the fact that his regard for me must be affected by the way his present mood evolves - I must lose much if he forsakes Christ - and I hope without some real desire that He may be glorified all make me anxious & careful - May God grant that my faith both sufficient & grow in the experience

Monday March 8th 1869.

Arose in fair time this morning. My morning prayers were earnest and devout but not marked by any great fervor. Know that is not a thing to be counted on or greatly regarded - except as a precious favor of God when granted. During the forenoon employed myself very much as I had intended - and have been quite quiet. No special temptations, some evil thoughts

My greatest apparent danger is attaching too much importance to my own part in the effort I now wish to make; yet I believe my object is good - my plan one sanctioned by God's Word - if so surely He will deliver me from the snares of the Enemy if I look earnestly to Him. But I see plainly a disposition to magnify self.

Evening

This afternoon I went ashore, about 2.30 to Paymaster Emery's. Tacked there for some time with the exception of a hint towards Hibbert, I do not remember any scandal; walked up along with Bachu - to Hunts; spoke to them for a few minutes then went up to Wards + called; from Wards to O'Hara's - After that I started round the road + walked; watched the soldiers drilling. My mind does not easily dwell on sacred subjects as I desire in these walks, but wanders. It is surprising how a very short absence deadens the keenness of my feelings towards W. much as I would like to see him I am very unconcerned in the matter.

Tuesday, March 9th 1869.

This morning I rose late. My sleep last night was disturbed and dreamy and unrefreshing. Was late in my dressing and prayer. My attention has perforce wandered a good deal - although I have struggled against the fault. Went on board the Charlotte to see Gordon. Conversation innocent. Noonday prayer earnest, but likewise troubled by the lack of attention of which I have spoken; no special temptations this morning. A little troubled in my spirits - and inclined to despondency. May God help me.

Evening

This morning afternoon I went ashore

rather earlier having it in my mind to call at St Paul's College and see Mr Beech about Hawkins. Did not find him at home. Met Armstrong and walked down the hill with him. Time hung rather heavily upon my hands. I did not want to play billiards, only to get a little exercise & change. Looked over all the books at Lane's and at Dowd's. Walked a good way on the road toward the Happy Valley. Thoughts not under easy control - wandering with great vagueness.

Returned aboard at 5. Read the psalter for the day & said a few prayers. My meals are very good too much so for Lent and yet I prefer to let my steward go on. Have not drunk anything excepting a shadow of a glass of sherry on the Charlotte. Nothing whatever has occurred to try me today especially. A little hot nervousness felt in the middle of the day has passed away.

Wednesday March 10th 1869.

This morning arose late having overslept. Drove twice attentive; reading not necessarily sacred but embarrassed by a sense that I had something to do in the forenoon. Went ashore at 10.30 to church. My attention in the litany was distracted by the wind blowing on the back of my neck & even now I fear I had taken cold. Saw Mr. Beech about Hawkins. Am feeling now a little nervous as is so often my wont. No special temptations excepting to nervous despondency & listlessness.

Evening.

This afternoon at one I took the whaliboot and pulled over to where the Monacaey is docked. Found Woolventon on board & remained there for a long time. I hope I did not bore him. I was guilty of a virtual untruth to him. Mentioning my visits to Mr. Beech, I said I was disappointed in not being able to see him alone - that I wished to see him on business. I then noticed a look of requisitiveness in his

face and fearing his suspecting that I had spoken of him - I added "about one of our crew." I cannot even excuse this as an equivocation - for my speaking about Hawkins was entirely subsequent - in intention as well as fact. I do not recede any special impropriety in our conversation. Bought Carter on with me when I returned. Stopped at Hunt's & a little while at Oliphant's upon my return. Got back to the ship at 5. Ate very heartily at ~~board~~ dinner - had been reading ever since.

Thursday March 11th 1869

It is said to be desirable at certain periods to review our past life in general - not confining ourselves to the detailed daily self-examination. The growth of God's grace in the heart cannot be measured from day to day but in larger periods of time even as in the case with the growth of animal & vegetable Creation.

And for the points on which this self-examination should be held - I think they should be the same as those which are daily reviewed - to ascertain wherein each day we have infringed; the same that day by day we should pray against. As Jeremy Taylor says "Let the matter of your prayer be the measure of your duty."

So I begin - "soberly": Am I more temperate? In the beginning of last year my Conscience partly troubled me for excess - and I fell in the Spring into a pharisaic depreciation of others. For this, I think, God withdrew grace from me and I fell - on two distinct occasions. Ever since my struggle has been harder. I think for many months past I have never drunk to excess, excepting on the night of my dining with Admiral Roman - Had I not been in the habit of prayer I should not then have known my excess - but I could not pray, for my head

whiled. But I think I have drunk, satily more than consisted with general wisdom for prayer. I do not conceive that a man is bound to hold himself so that he can at an instant knock off some temporal occupation & engage in prayer. But I do think it wrong to affect one's general prayerfulness & this I fear I have done.

"Patiently & meekly". This is a very difficult & question to answer truly. There are times when I would say I had fallen into utter sin & reprobation in these regards. Such were the periods between Admiral Rorain's Champagne treatment of scenery up to the day when we were sent for the Frenchman. I made up my mind very frequently & with definiteness & avoid these sins at times and then was taken afterwards unawares & fell. In overhauling my journal I find little encouragement to hope that I have grown better. It is from the beginning of this book to the end a constant repetition of the same faults - of temper. My only hope is from the fact that I have never ceased striving & praying. I can hardly bring myself to believe that under that course I have failed in some measure to improve. I am conscious that in small daily incidents I try for Equanimity of spirit & resignation & cheerfulness - My impressions of the past are often vague - yet if I trusted to them I should say - I have improved a little.

Saturday March 13th 1869.

I was so harassed yesterday by special wishes & reports that I did not attend as I might & perhaps should otherwise have done. I wish now to go on with the same general self searching which was interrupted.

My experience of yesterday and day before was a trial of patience & meekness - how did I bear it. May I say on the whole well. There was anxiety, disappointment, sorrow even to tears. Yet I went to Him, sought grace did not yield to despairing, hoped on, and still hope.

These things are not the trial to me that exertion or dan-

is. When my fears come in my faith and patience was small. Work and danger run counter to my indolent & cowardly love of repose.

"Keeping my tongue from evil" including scandal of all kinds true & false. I think I am naturally disinclined to repeat these things. Sometimes I do for want of other matter of conversation; rarely I think with deliberation or through impertinence - But my lack of patience breaks out continually on my tongue - as in Shanghai; and here, when ordered out for the Manchurian. Impurity I very rarely fall into - swearing occasionally - and herein has been a previous declension of heart & mouth from last year. Lack of patient & meek submission is the main cause of my sins of the tongue which are mainly as regards men, against my superior officers. Have I improved in this?

This lack of patience is a most ridiculous fault of mine. It appears so very absurd & mistaken that my superiors have ordered - that it cannot be wrong to characterize & complain of them. Now thinking coolly I know the folly of this - and recognize the voice of the Father of Lies; after falling I repent and justify order - but I fall again, & again. I should not despair, but yet it is a serious matter that I cannot say there has been improvement. It is my great besetting sin I verily believe. That will beset me through life; so growth must be slow. but do I grow at all. My fearful temperaments complicates the evil sadly.

Monday March 22nd 1869

How "Cheerful & courteous to all." I think that against my natural tendency to cheerlessness I have of late months struggled more heartily than of old. I fall at times of course & sadly. Woolwaton has recently been the immediate cause of my principal trials that way, and I feel sure that, however imperfectly, I have endeavoured to keep cheerfully hopeful, by

remembering God's love, His promises & prayer - His mercies
of olden time. In courtesy I am not ordinarily lacking,
but I have a tart & slighting way of speaking to people
which is very wrong. This occurs more generally when slight
infractious of ordinary discipline have occurred - as toward
Fletcher and Bradford at times. Excepting toward Fletcher
I think the fault is usually trifling; toward him it is a
sad breach of charity. I think I am not as bad as I was
in this - my advance was all made at one time - and
I may since have retrograded.

"Regular in prayer". I am doubtful as to how
to answer. Our life is so very irregular. Morning & Evening
I always pray - and very rarely does a day pass without
intermediate supplications being offered up. The fervor
of my prayers as is the case with every Christian
varies from time to time; now I find that I am almost
thinking of Walcutt - in Church it is the friend who
kneels beside me that my thoughts are following rather
than Christ's real Covenantal presence; it is for his need
that my supplications go forth - till I forget my own
manifest sins & weaknesses. This sounds very sweet to
God - but it is vain - My first duty is to glorify God
in my own body and my own spirit which are both alike
his. Certain it is that my prayers are more controlled
when satisfying when he is not with me - yet useful as
though I were not doing wrong - Is it a delusion? Would
my Lent have been ^{more} profitably passed in his absence. I
do believe that these warm human affections, being
ordained by God, sanctified by His Son, are not wrong
when the subject of them endeavors to refer them to God.
I have been tried by these, my natural jealousy, ruse-
lessness, my churlishness, and other faults of a self-centered
disposition have been called into play. This has been temptations
but watched & prayed against. On the other hand, it has

drawn me out of myself - a thing I demand for me -
 who am prone to introspection too much.

It is very easy to deceive oneself into the belief
 that it is all right to cultivate an affection of this kind.
 I am well aware of myself that these enter two motives
 into my conduct; one the desire to have him my friend
 in sympathy as well as affection; the other is weaker
 yet I hope real - a wish to see him Christ's. I do not know
 that it looks to try and analyse this too closely. I can
 only pray and strive so to act as He would have me.

Am I not rather digressing? I have made at
 different times regulations about my prayers. These things
 are easily carried out on quiet days - in monotonous
 places; but here an often interrupted with. I do not think
 it well to be over scrupulous.

But one thing I do fear. In trying for a simple
 eternal faith I have learned to lean on the fact of promises
 made to certain actions. Prayer must be answered
 alms must be regarded, assembling for a good work
 must bring a blessing. This I believe but I fear that I
 am becoming somewhat indifferent as to my earnestness
 in these matters. There is getting to be too much of
 the operis operatum in these deeds. I do not forget
 that God's response is not of works but of grace. I
 know the price of God is not to be bought with money, but
 I also know God is not unrighteous to forget your works
 that proceed of love. Yet I feel and fear for myself
 that I have come too far and am too careless as to how
 I do these works in what spirit with what earnestness.

Tuesday March 23^d 1869

Persevering

I have left so far untouched one subject on
 which I need self examination - and that is the active
 discharge of my duties. It is a question somewhat dif-

secret to answer. I do not think I have been a bad first lieutenant - my Captaining is too recent. I used to reproach myself a great deal with the infrequency of my inspections of certain parts of the ship; but I do not think that very marked fault really existed. Drills were good the ship was essentially clean though not up to a model kitchen. Things were altered and encouraged to go along by themselves as far as possible. I certainly did not come up to the conventional idea of an executive officer - patting round every job interfering fault finding. Managing & controlling everywhere.

It is open to doubt which system is best.

Of one fault I cannot clear myself and that is procrastination. I do put off - put off continually - and without sufficient cause.

The fact is plain - we have not ordinarily aboard ship sufficient work to breed habits of application to it. I might be different if forced to work hard every day - but now the fact that postponing does not generally cause difficulty increases my bad habit.

There is another point of duty in which I fail I need examination, and that is the care that I take of the spiritual welfare of those around me. I laid my case before Mr. Cyle in Shanghai, and he seemed to think that I had not anything really to reproach myself with. I have frequently examined myself with this view, and the conclusion has invariably been I do not see what more I can do. I have also tried here and there, and the discouragement I have met with has inclined me to think that it is not God's will that I should do more than watch for my opportunities now. I fear this may not stand the test of the Bible.

Thursday April 1st 1869.

I have certainly very much & sorrowfully regretted the care of my own heart during the last month & been, while so greatly concerned for Woolenton.

This morning arose at about 6.30 & look at some land which had been reported. I slept badly last night & my position is still very new to me. And my temper was very irritable at one time during the night. Today I have not been much tempted to impatience. My morning prayers were earnest and devout.

Friday April 2nd 1869

This morning arose too late. It is a matter now requiring care from me - for my early devotions are hindered and curtailed and the consequence must be and is disastrous for the day. Got the ship under way at 9 and came up to the city. The consul visited us and was saluted. Talked with him some time and also in the ward room. Lunched before my noonday prayers & said the Litany afterwards - read the morning lesson from St Luke and then Franch's Commentaries on the three parables in St Luke XV. My warm interest in Woolenton continues - yet without the sadness & blues I have felt upon separating at other times. Still his confession of the great habit of sin indulged by him has weighed upon my mind & heart very much. My head is latterly very far from clear - I find it difficult to remember the events of the day. My temper & patience are not tried as in my old position. In sobriety I have kept in due bounds today - neither do I recall any marked sins of the tongue. Much time is however wasted by me, from lack of definite arrangement. Appetite is improving a little.

Have read Motley's Rise of the Dutch Republic -
which I am slowly finishing - Suffer from wakefulness
at night and consequent heaviness in the morning.

Saturday April 3^d 1869

This morning I rose more promptly than I had
accustomed myself. Had time for my prayers but postponed
my reading to after breakfast. Attended to some little
work during the forenoon. Called on board the Englishman
and while there drank a cocktail which has affected my
head. I don't think there was anything very wrong in
my tack to day. Prayers have been devout to day.

5.30 P.M.

Went ashore after lunch to day and paid
several visits - played a game of billiards - There
were no special temptations to meet - merely the ordinary
chit-chat of society

Evening.

Had Dickrell and Paris to dinner. Ato
moderately snugs, and drinking I think I hardly
exceeded. Our talking however got upon sacred
subjects and then I fear again that I have erred. Should
such things be discussed after dinner smoking

Sat Sunday after Easter

April 14th 1869

I got up in better time this morning and
was not cramped in my prayers - I think they
were more devout and beneficial than for. ~~Some~~
Dressing between 9 and 10 and doing a little devout
reading. Feet cold and depressed while reading
service - I hope I may not be too much discouraged.
Then talked on deck with Leach for a little while.
I saw the full Communion service trying to train my
self to engage therein at the same time as they
in Hong Kong - with hope that Woolenton too may

receive and I should thus be united to him in the spirit.

Ch. ordinarily at lunch. My mind still wanders considerably at my prayers. My personal religion is not yet recovered to its former individuality or intensity. There is too much of Woolwinton just now in my mind.
Evening.

Read somewhat from Motley for a time.

Walked on deck for a while feeling rather sleepy and trying to get awake. Afterwards came below and dozed a little. I found that in my walking my mind turned very little to any thing that was profitable. Perhaps mere consciousness of thought may not be so wrong, but there is conceit & self-centredness. At 4 I went through the evening service trying again to tune myself by Henry King. After that walked again a little upon deck. Bradford took dinner with me this evening. Was rather deadened having him - but the evening passed pleasantly enough. Certainly I have not drunk so as to affect my head this evening. Spoke of Alley & of some of our officers aboard the old Congress - but not very successfully.

Monday April 5th 1869

Arose in fair time this morning and was not cramped in my prayers. The day has been passed quietly in my cabin reading. The principal book *See Honor*, which has excited various contradictory emotions. I have had a few visitors, whom I have received, as scandal talks that I shall. I have not neglected my prayers - and have felt somewhat warm & earnest in them. Thoughts have travelled toward Woolwinton less than they usually do, mind has been more occupied. There are some passages in *See Honor* of great & startling beauty - and have brought

home to see the truth that I am not now doing what I
 ought for those that are around me. He has succeeded
 in depicting my general bringing up and my sanguine hopes
 and subsequent discouragement to the life & yet that last,
 the discouragement, is what I so earnestly & rightly warned
 Worleston against. Am I not one of those that say and
 do not? May I pray, & may God grant me not thus to fail
 but give me the grace of the Holy Ghost - and faith & lively
 hope through the Resurrection of Jesus Christ

Tuesday April 5th 1869.

This morning arose late again not entirely in
 fault having been obliged to be up late last night.
 My morning prayer fairly attended to, but impeded
 by sleepiness. Reading again this morning in Ecce
 House. It has been much born in upon me that I
 have been steadily going backward for that very reason
 that I warned W. against - firstly a little discouragement
 of Satan has daunted & stopped me - and again having no
 feeling nor fervor I have waited for it instead of doing
 what I could - and waiting more blessing from God's Holy
 Spirit.

3 P.M.

Woke down from 11 to 12 trying vainly to
 sleep. Then arose and took after my lunch, after
 which got very sleepy - tried again & then resolved to
 shake off my sleepiness. During the afternoon have
 read from Ecce House, and finished the book. Saw
 Rud for a little while and tried to speak encouragingly
 to him. My anxiety & thought about Worleston
 are gradually wearing away. Still I have not yet that
 love for others & which I desire & attain

Wednesday April 7th 1869

This morning Cross late after a heavy but not very refreshing night's sleep. Prayers were fairly earnest but my attention during the morning to duties not first rate. Continued to pray for and of affectionate love for my fellow men - My morning prayers were wonderful again. Read a second time the Chapter on Edification in Ecce Homo. It struck me as powerful and to the point. I spoke to him the Ship's Writer to try and persuade him to knock off drinking, or rather to assure him of my sympathy and good wishes. Washburn is rapidly & fortunately losing his hold upon my mind for my concern for him passed the limits of a simple and healthy affection. I worried over it too much. But I trust my love will not forsake him, nor he me. No special temptations. My sins are more likely to be those of omission now.

5.30 P.M.

This afternoon the crew were exercised with the sails. I appreciated better than before the annoyance that Captain English must have felt when things went wrong. Did nothing much. Went ashore at 3. Called at the Consulate & upon Mr. Scott. Had a pleasant chat, in which there was little chance for scandal, as we know too one in common. After my return aboard I wrote a letter to Sam Ashe.

Thursday April 8th 1869

This morning I overslept myself frightfully not to waking till 8. Took time for dressing but had bath left done after breakfast. Stayed on deck for quite awhile - watching the making sail &c. - and took a race or twice quite amused and I row in dry happy breath. After Exercise was over came below & there received a visit from two of the missionaries before

Mind a little unsettled during the forenoon but, gave
 some time to thought concerning how I might bring
 what influence I may possess to bear, and an unknown most
 favorably. No definite conclusion reached however
 yet. Monday prayers fairly earnest. Admitted
 some ale at lunch - which has made me unusual
 heavy.

Friday April 9th 1869.

This morning I rose in faintness. Sleep had been
 exceedingly heavy but not refreshing. My prayers were
 earnest and I remembered God's Presence. Have attended
 to my studies nothing. ~~At~~ Wrote a letter to Woodstock. No
 special temptations

Thursday April 15th 1869.

Certainly my self examination has fallen sadly off these
 past weeks - and all regularity of habit at the same time
 has disappeared.

This morning I rose ~~not~~ very late - having been
 very heavy and sleepy last night. At morning prayers
 were pretty devout, and reading fairly attentive. Had
 a very disagreeable report made by Fletcher against
 Jones. My Monday prayers were devout - a
 little disturbed by the navigating officers presence
 in the cabin.

I am little exposed to the temptations that
 assailed me so constantly when I was first lieutenant - my
 troubles now are not so much positive. I have a great
 deal of leisure which my natural tendency to dreaming
 wastes. I have had no fixed plan by which to spend my time
 but now a fair opportunity for that offers - a busy mind
 will do much to relieve me - by God's grace. Yates came off
 to lunch with me. Conversation tended somewhat to music,
 & criticism the conduct of others. Cushing. Heard the people
 of Neag's &c - the speech concerning the latter submitted by

Remembering how Woolcutaw had gone astray.

Was interrupted by Captain Johnson of the Bustard coming aboard. Talked with him of course for some time. Had the Consul likewise aboard - conversation with him not marked by any fault.

Evening.

Between writing as above and dinner I employed myself concocting a despatch to the Admiral. Talked to Ludlow a little about matters of duty. At dinner ate moderately - appetite not so good. Mr Anderson and another came off asked me to come & take up my residence ashore for a few days. I consented. During the evening a good deal of vain daydreaming in my thoughts - a temptation to which my loneliness must greatly expose me.

Tuesday April 27th 1869.

It is certainly strange how so regular a habit of self examination as mine was, has been broken up during the past month. I must now try and renew it indeed. Get my anxiety as commanding the vessel suppresses my mind even from my prayers.

This morning rose pretty early and went on deck to see how the weather promised for getting underway. It was so unsatisfactory that I was still here. During the forenoon have been poring over charts & sailing directions - walking tactfully on deck and talking a little with various people. Inclined to be fearful and despondent about the state of the weather & our detention which temptation I have earnestly resisted seeking grace and trust in God - Cf lunch ate heartily but not I think innocently. Since lunch feeling heavy and sleepy; have read a little.

The end is evident of some systematic distribution of my time. But I shall find it hard cruising in these uneasy, blustering seas of life my mind for effort.

Evening.

Walking up and down for some time and back in the same taciturn way that I have spoken of. I fear it is bad in many ways; for my own spirit, health, and for the effect it may have on others. Read somewhat during the afternoon. My old faults of temper &c - consequence upon collision with others, are now all brought into play - I ate & drank at dinner with sufficient moderation - got aw feeling dull & heavy. Read after dinner.

Wednesday April 28th

Rose very early & got underway. I still only had time for one or two very short prayers. Afterwards when she was well on her way, attended fairly to my prayers. Have been disposed to blame myself on the correctness of my judgement regarding the weather - and forget them who has ordained it for me. Seeking my own glory in this as in other things. Retained the propensity in some degree but imperfectly. Monday prayers attentive - but not fervent. Thoughts of Mr. Dwight. Some vain day dreaming. Some evil speaking in concerning officers' official capacity - Wilson, Parie, & one or two others. Have endeavored not to fret myself about the future.

5 P.M.

I ate a hearty lunch drinking some ale and have felt rather heavy during the afternoon, consequently have done very little. Talked a little with various persons. Restless and wandering about, cudgelling my brain for plans for that future that may prove be. We have had a most favorable omen so

I have great reason for thankfulness. Have spoken un-
kindly two or three times of the young Surgeon's probable capacity.

Tuesday May 4th 1869

I slept heavily last night but when I awoke
was still dull - from the loss of sleep the night
before. Got ship underway and went outside
for target practice. Returned, ran through the
fleet & was fortunate enough to escape collision
Bradford & Ludlow had a disagreement again;
spoke with perhaps unnecessary harshness to
the former who was clearly in the wrong. Called
on board the Orinda - from there back to the ship -
tried to go ashore - with little success. Called upon
the Consul. Have been complimented a little upon the
way we got through without collision. Very excited.
Had prayed first - the credit, if the word be not ir-
reverent, is due to Him - but I am very weak
& foolish in these things.

Friday - May 7th 1869

Monday's of forgetfulness & irregularity. Yes-
terday among other things was Ascension Day
which I altogether forgot. Had a dinner Company
yesterday evening who remained an unaccustomed
length of time - again found myself deprived of sleep
late this morning &c &c. My last time is not yet
made up by rest. Morning prayer were earnest
but I am still feeling played out, - and know
that it is by undue use of my body feel guilty
Spoke of Tom Ellis to Leach very harshly
3 P.M.

Again today I am very sleepy - lay down
for an hour & try and drop off but was unsuccessful
Ate quite heartily at lunch. After lunch went
down to Pappenberg with Leach - Conversation by

the way however smooth as far as I recall.

Evening 9 P.M.

Went ashore at 3.30 - first to the Commercial Hotel to make some inquiries about horses - then took boat and went to Desima where I purchased some little coffee cups. Looked over some books.

Returned to the ship and made definite arrangements for our projected excursion after tomorrow. Ate quite moderately at dinner - and have also drunk quite in limits. Went on board the Orinda after dinner hoping to see Stewart - talked some while with Muldaur - Gihon &c. Said my say very plainly in reference to the Ceymeers - justly I think.

I have spoken twice today to the Coxswain of the gig an inoffensive quiet man, very harshly and unkindly, in an unchristian way.

Saturday May 7th 1869

I rose in fair time this morning - My attention to my morning prayer was distracted by hearing the blowing of a steam whistle & imagining that it was a steamer going away by which I ought to send official letters. Rode out today to Mogi Bay - a small party and had a very pleasant excursion. My mind filled with what was going on around me and forgetful of God whom however I remembered from time to time very little. God has kept me moderate in drinking rather by His power than by my own.

Evening 9.30 P.M.

During the rest of this afternoon I have been almost entirely alone. Amably I played reading newspapers and old letters. No temptations therefore to any ordinary faults.

After I drank in moderation at dinner. Some
marked disposition to thoughts tending to softness
at least, if not to impurity

Sunday after Ascension Day
May 9th 1869.

I woke once in the middle of last night; I wonder
how far it is possible to realize those words of the hymn

"When on my bed I sleepless lie
My soul with heavenly thoughts supply."

Activity of thought would preclude the desired sleep.
Rose in fair time. No special temptations excepting
to much discouragement attending that not a single
officer or man from the crew of this ship went to church.
My heart felt depressed & chilled to a degree. May God keep
alive and burning in me both my reverence and my faith
for & in His Holy Name and Word; that the chilling atmosphere
of the world may not deaden my love and true religion.
The sermon of Mr. Euser was not pleasing and me.
After church went into the Oneida's Ward Room; in this
I made rather a mistake & also remained too long;
from there I went into the cabin to see a Mr. Church.
Conversation was pleasant enough but

6 P.M.

At lunch ate and drank heartily. After lunch
read some secular papers. Then went through the Ante
Communion Service - became very sleepy while
reading the Service that I had selected. Went ashore
at 4 o'clock and walked leisurely around, intending
to have called at the Coarcs. Thoughts vague, mind moving
heavily

Evening 10 P.M.

At dinner this evening ate moderately &
drank champagne. Read the newspapers for a
while then went up and read under the poop.
(taken)

Conversation general and entirely secular. Talked
a good deal too about people, ladies very principally.
There does not seem to have been much if any positive
wrong and yet was the hour and a half profitably spent?
Were they not idle words? utterly useless.

Monday May 10th 1869.

Woke this morning with unpleasant feelings in
the back of my neck suspiciously like a stiff neck again.
A moment of impatience repressed. Morning prayers
not very earnest - my attention was poor and both mind
and body very heavy - Ate as little as usual at the
morning meal - No talking this morning + *

Tuesday May 11th 1869

This morning lay in bed late feeling pretty
stiff and sore from yesterday's ride in the rain. Thoughts
wandered in dressing very rapidly and my attention in my
prayers anything but good - Ate moderately enough at
breakfast. Attended to some little business not however
of very much importance - no temptations

2 P.M.

This morning I employed myself mainly in
writing a letter to Dsu, also signed some papers
&c. At half past eleven I said my evening prayers
a little heavy and sleepy at the time. Ate pretty heartily
at my lunch and drank some beer; although heavy
before this made me heavier - would it not be wise
for me to moderate this my drinking a little more - at
least to make the experiment as to whether it would
not be ~~better~~ less sleepy for me in the afternoons.
My conscience reproached me by the thought of my
profitless Lent. "Upton, Lord, be extreme to mark
what is done amiss - oh Lord who can abide it?"
How much less I? Have failed in my duty concerning
the reading of the Articles after.

Evening 9.30 P.M.

This afternoon I read from Sadler's book pretty carefully - went ashore at half past three tried to find the house of the English Chaplain and pestered by the annoyances in the way - As soon as I was under my breath. From there went down the hill & called on Mr. Church; from his place went to the Consul. Talked there a little while - Conversation generally harmless - Walked down to the boat with Barney Williams At dinner ate moderately and got beyond what my appetite called for. Thoughts about Wolverton more happy and hopeful got not free from that constant tinge of self-self - During the evening read the "Churchman" Smoked a little more than is good for me.

Wednesday May 13th 1869.

This morning arose late again after a very heavy night's sleep. Dressing my whole frame, mind & body very sleepy. Ate moderately enough at breakfast. During the forenoon attended to duty, made out my duplicate reports of conduct of officers, had articles of War read. Walked on deck some little while. Have had some sickish mortified feelings concerning Mr's general neglect of me - My affection is too much after the earthy - and my fine thoughts about seeking rather affection but we may may dissipate into a very self-seeking affection if I be not wary and prayerful. No Sunday prayers were of attention but not fervent. At lunch abstained from beer and am, so far, less sleepy than usual - Brain quite clear. Indications of much physical irritability - have talked to day very little indeed.

I believe that the priest, ministerially, absolves; that in the absolution pronounced, absolution is actually received through him, by the believing penitent.

A difficulty arises somewhat in the following way.

Does God wait until the next formal service to absolve the repentant? Is forgiveness not accorded to the penitent sinner in his closet as well?

Assuredly it is - but does this militate against the needfulness of the ministry of the human priest - or against its efficacy?

Certainly not. It appears to me not too strong to say that the rejection of the priests of ministry of itself shows a lack of faith that invalidates repentance should God be extreme & mark what is done as void } Query.

The true believer knows that God is in cases independent of all ministry save that of Christ; but he also knows that He generally acts by human instrumentality. The believer therefore will think it needful to seek priestly absolution and will have no faith in his acceptance if he willfully neglect it.

In urging such a difficulty men limit God's omnipotence & omniscience.

A case analogous will illustrate. A man hears of a son affliction befalling a friend at such a length of time that the recesses of the wound may be supposed over. Will prayer then be useless?

No. For God who knows the future will have foreseen such prayer and will answer, if it may reverently say so, by anticipation.

So God while waiting that we receive priestly absolution will yet pardon at the time knowing that we will go for it [See St. Luke V. 14]

The absol teaching of priestly absolution is apparently the most imperious claim of the Church

Certainly on the face of it, and before ~~cases~~ well understood it is arrogant.

Its defence must rest not on word quibbles, not on assertions of its being simply declaratory; not even, I think, as Gauburn has it that it is an official announcement of a fact already existent.

It is more than this it is a dispensing of Gods mysteries by His stewards -

Absolution, benediction, baptism, Communion are all among His mysterious ^{benefits}, which He dispenses by the instrumentality of men.

The defence of the Church view must rest on the fact that God ordinarily ~~does~~ works through human agency.

There is an undoubted danger that men by the perversity of our nature will come to regard the minister as the source of the power - and that a corrupt view may spring up as in the Church of Rome.

But God will provide for this - we must take His teaching.

The tendency is similar in regard to the use of images - No doubt many Romanists look upon the images as helps to devotion only, aids to fix the ~~mind~~ - But as God has expressly forbidden such use - the tendency to idolatry may well not be prevented by Him, from taking effect.

When we claim, as we justly do that the prayer of a righteous man has power with God, we claim far more than we do in Priestly Absolution.

For the prayer is an actual power originating (by the working of the Holy Spirit, but still) originating in the man; dependent in some measure on his sanctity a personal, not an official power.

But the power of Absolution is simply official;

not inherent but derived; therefore not dependent upon
the priest's holiness. He is but the channel through a
living one through which the grace of God passes
to man. And in all ordinary cases through such
channel it must pass

"Stewards of the mysteries of God." St. Paul

"That by our own power or holiness we
have made this man to walk" St. Peter.

"As my Father sent me so send I you."

Our Lord speaking by St. John.

6 P.M.

During this afternoon I employed my-
self reading from Sadler's book and afterwards di-
gesting my reading as above. Took charge at 4.
Went to Oresmia from there back to the new settlement
and called at Captain Hooker's. No very special
temptations; felt some complacency and self-satisfaction
when writing as above. During the early part of the after-
noon I found myself much troubled by nervousness.

Evening. 11 P.M.

Before going on board the *Oresmia* this
Evening I prayed that I might be enabled to
be temperate in my eating and drinking and to avoid
sins of the tongue. I think in so far as were temperance
goes I did not exceed but I drank more than
I had intended. Nor was I free from sin in the
matter of talking scandal - especially I no-
ticed with sorrow that I had an appetite for it
was willing & glad to listen to it. Also I spoke
very strongly of the conduct of our late
President - and called him by approbrious
names.

Thursday May 13th 1869.

I did not feel at all ^{well} when I awoke this
 morning - after a poor night's rest and all through
 the forenoon my head buzzed and whirled uncomfortably
 & whatever cause assignable - probably & indeed
 certainly to unjudicious eating & drinking. Prayers
 and reading were both affected by this - and so were
 my general occupations during the morning. Wrote
 a letter to Hayes - the New York paper coming in
 which added some nervousness for I hoped a letter
 from W.; did not get it. Had one from Hayes instead
 spoke of W. in a way that gave me reason for
 encouragement & thankfulness - Have endeavored
 to give the honor with my lips to the Almighty - Monday
 prayers fervent and attentive - Lunch moderate
 was again able to do without beer &c. Spoke again
 however of the late President as a Reverend - Am
 I justified? ~~the~~ No for much as appearances are against
 him I doubt know.

Evening of R.M.

This afternoon I read carefully and
 long from Sadler. Took my boat a little after
 three and went ashore up to Mr. Euser's the
 English clergyman. Paid a visit of quarter of
 an hour or so - quite pleasant. Liked his
 wife's look and bearing - Spoke to him about
 having service on board the ship - From there
 walked down through the town; up to the Councils
 when I very surprise met Mrs. Phelps whom
 I had not before seen since we left Yokohama
 last July. Took a ride right away after-
 wards & then returned to the ship. My mind here
 at times been very full of what Hayes told me of
 several Chinamen being conferred in ~~Hakata~~

Shanghai. I cannot analyse my feelings it seems to me that there is a mixture of exultation, gratification in the hope that altogether I have not lived for nothing - and yet some self seeking - Still what do I seek selfishly - There is the temptation to wish I have men know it. But if I am this man, Mr. W. will certainly keep his secret. May God help me to do so otherwise seeking praise from Him but not from men. Provided only they do not and I only allow myself to rejoice that I am not altogether useless to Christ's Cause do I sin? During the evening since I have a strong tendency to despondency of mind - physical mainly with no definite assignable cause.

Friday May 14th 1869. 11 AM.

This morning I was aroused quite early by the reporting of the Moucaey's arrival. Disturbed by it as usual. Dressed in good time not hurried by my prayers - nor in my reading. Went on board the Moucaey, called officially upon Carter - and then went in to see Woolvinton. Had a long talk, and an innocent one for the most part - at least so far as I now recollect. Am saddened and depressed because Mr. W. stays so short a time - leaving again to-morrow. God probably means that W. and I should not now be together too much. Have prayed again and said "They will be done". Is it wrong then to speculate upon what God means? My duty is plain I must yield & yield cheerfully - not permitting myself despondency nor blues.

3 PM.

Have made efforts against my tendency to downheartedness. Prayers earnest at noon and since then. Have been waiting as patiently as possible in expectation of W. who was to have been at 2 but whom I

know to be detained by duty. Only then must be some curious hitch that his duties should keep him so long.

Tendency to drink very strong indeed but not yet yielded beyond due limits. No other special temptations. All day proceed from my strained affection - and unwillingness to separate from him so soon. My will is not perfect, I submit to or, to do God's will. Nevertheless my soul waits thou still upon God.

Saturday, May 15th 1869. 3 P.M.

Again I have fallen into great excess in ^{smoking} eating and drinking. Woolcutan denied with me last night and then was repeated the same wretched story for me. I was, it is true all day my prayers intelligently - but very dead and alive they were - very unworthy of the acceptance of Him to whom they were offered. Slept badly as the inevitable consequence - and have been unsteady all day, with the additional strain of parting with W. probably for the last time while on the station. Prayers have been fresh, though earnest enough in their ends - for comfort & support. There have been no special or unusual temptations. Were my nerves in better condition I could bear up better but just now by my own sin, I am least able to bear any burden. I am anxious to do right in this matter. W. very sweet and affectionate in his manner - and bearing toward me all day. When I regard all His mercies of the past year my heart should be overflowing with thankfulness, love and adoration - instead of in the dust of unbelief sorrow. My dearly loved friend from a professed sceptic trying to live a holy and Christian life the blessing that He has vouchsafed to pour upon my sins - I do not know - many temporal blessings and finally my own preservation in life.

and at least professed subjection to the law of our dear Lord. Still my weak human nature asserts its sway. I cannot but grieve that my friend is thus taken from me - I do not find it in me to rejoice that I have brought into temptation knowing though I do that the trial of my faith if I second God's Will will with patience.

Evening. 9 Pm

This afternoon I wandered round a good deal, oppressed with this dull sorrowful feeling. Wrote a letter to mother pretty much a mere venting of my sorrows, fears & hopes for W. The race between our boat and the Oceida's drew me out for a few moments by the intense & ludicrous excitement it created. Had several visitors after the victory declared itself for us. At the very little dinner. Since dinner reading. Still sick from yesterday's imprudence & excess. The hardest thing of all is that these wretched facts put me in doubt of my own salvation & so takes away that great comfort of looking for a holier & happier hereafter.

Wednesday 1869 -

May 16th

This morning I again lay in bed late still feeling much under the weather, and oh I am so dreadfully depressed. It seems done as though things were getting almost hopeless for me. That miserable after dinner excess of drinking & smoking that has been so frequently committed - darkening all my hopes of heaven - benumbing all my physical energies and leaving me as I now am in a state of morbid depression - Resolves so broken - so dishonored - What shall I do? Mother & father are now going to pray for me. During this day I have committed no very marked sins - Have tried to

Support the clergyman by cheer upspounding and prayed
for God's grace to be upon him and upon his hearers.

Barney Williams on road; very wearisome in his talking

The highest hopes are cherish here
How fast they tire and faint
How many a spot defiles the robe
That wraps an earthly saint

Evening 8 P.M.

All today striving with desolateness and
depression. Said the Service of the Holy Communion
in my room with lowliness of outward gesture and
much sorrow, but not sure at all that a pen-
tance so often falsified is genuine. Walked some
time on deck. Have talked with no one. Read
a great deal from various devotional books - I
have spent the day with sufficient outward propriety.
But the remembrance of past sin weighs most deeply
on me; my separation from my friends grieves me;
and my sins have taken such hold upon me that I
cannot look up to the blessed hope of eternal life
with those whom I love. In Christ, even, is all my
hope - but I am so altogether sinful

Wednesday 1869
May 17th

Very dull and heavy when I awake this
morning and although I was more cheerful last
evening I found the old morbid feelings coming back
upon me. Have not however suffered much from
them. Prayers earnest and reading careful. Have
been writing letters a good deal this morning. No
special temptations.

6 P.M.

Today at lunch I ate and drank moderately.
Thank you all remembering my wish to save more. Thursday

prayer only too early earnest - distracted by some thought of shifting the ship's berth. Went on board the Maumee to call upon Cushing. When I came back I employed myself writing to Woolwinton. Poor W. I fear I shall overwear him. Oh my God with thou not take him off my mind? Were he only a communicant. If thou wouldst but lead him to the ~~cross~~ Holy Table - it seems to me I might feel easier. My own frame of mind has to day been very depressed - and I fear has in consequence reacted to Charles's. May God help me at any rate to great & confident effort toward temperance; to-morrow I shall need to be greatly on my guard. Paid several visits with Eliza; only one thing markedly wrong in conversation & that the mention made of Barney Williams.

Wednesday 1869

May 1st 1 P.M.

This morning I rose in tolerable time. Awoke at 5 and after much restlessness - dozed off again missing the time at which I had intended to get up - 7. During my wakefulness tried to keep my thoughts on sacred things and was by prayer delivered from some temptations. At my morning prayer I was earnest and had a great abundance of time - Breakfast moderate enough. Since breakfast attended to some little private business - was present at the funeral of the dear man - and then till lunch had Cushing in the Cabin. Talked about many things he bearing the larger share of the conversation. Some scandal possibly - he told me of Scott Stewart's affair in Kobe - I don't know whether it is wrong whether to amatter of that kind - Also of President Johnson I & he both spoke of him. Then of politics very plainly indeed - but not I think wrongfully. Admiral Rowan was also discussed. He has done some foolish things - is it worth while to speak

system. Suppressed my inclination to speak of the sending of the *Orcida* down to Bangkok for the purpose specified -

5 P.M.

During the first part of the afternoon my attention was occupied & my mind harassed by the trouble of shifting the keels of the ship which was further complicated by one of our chains parting. Though troubled & doubt think I have been unobtrusive in this matter. Went ashore at 3 P.M.; played some games of billiards with Cushing - Returned to the ship at 5, still worried by our very unpleasant position near the Collier. Have read a very little from Gausson apropos to Woolveton, and have prayed for strength for this evening's work & avoid over drinking.

After Midnight

All this evening we have been having a long unaided dinner party on board. By God's grace I have kept within the bounds of temperance in drinking and smoking - and my head is now quite clear notwithstanding the noise and row of the past five hours. Who knows how far Woolveton's prayer may have helped? Dear Woolveton how I do hope that God will continue to lead and keep him - bringing him into the Communion of the Catholic Church. I cannot, I fear, recall all the conversation of the evening. Ludlow has disgusted; if "in vino veritas" surely he should never drink. But I cannot throw stones. A little vulgarity but not very offensive excepting by L. who was also very profane at times - The net nothing that could well be taken exception to - if I went at all.

Wednesday May 19th 1869.

Woke late this morning having been up till 2. Felt heavy from sleep, and a little indigestion - during the forenoon no special temptations. The day commenced lowering & raining and now blowing a moderate gale with very hard squalls. I am a little afraid the Monocacy may be in it; and it shows a very curious and not flattering side of my nature that I am rather pleased at the idea. In the same way I feel grieved & sorry more because W. was going to a place pleasant to him like Takohama, than I would have done had he been bound to some indigible spot. During the forenoon attended to some trifles in the way of business, and read. After lunch fell asleep for an hour - I continued away some little more time - and afterwards read Sadler and that with care and attention - and some study. A very quiet day - some unimproving thoughts suggested - and some worry and fret about W.; a little day ^{deceivingly} not much.

Evening 9.30 P.M.

These long solitary days are very trying and especially so when there has been much thought in them. I wonder how the old hermits stood it. At dinner I ate moderately - Since dinner read a little desultorily and then got on the Cantinial subject of Woolverton. Poor boy. I trust that God really has him in his care. Fretted about him again.

Thursday May 20th 1869.

I wake and rose in pretty good time this morning and was not at all hurried in my prayers or devotions. During the morning bothered and fretted over a letter to Woolverton. My mind really seems to be getting unhinged with regard to him - so earnest is my wish to see him a communicant - and so foolish & weak the personal affection I feel for him - desiring to have

him about me. Monday prayers were so to speak earnest but harrassed by mental fatigue caused by Anson's thought in this matter; and very especially do find my mind weary & nervous from the lack of society around me. Read (Secular) after lunch, eating moderate - drinking restrained from - This quiet sitting in my own quarters I must not have too much of.

Evening 10 P.M.

This afternoon at 3 I went on shore with the intention of calling upon the English clergyman and some others. Stopped first at the billiard room and played four games - then word was brought that the Piscataqua was coming in. After finishing my game went on board & called upon the Admiral. Talked with English & afterwards the Admiral. I do not recall anything particularly wrong in any of my talk. Took dinner aboard and went again & call upon her wardrobe officers. I was inclined not openly to boast, but to tell what we had gone through & hoping that it might favorably impress my hearers.

Friday May 21st 1869

I rose late this morning being sleepy from sitting up late last night. Prayers somewhat hurried but still I attended. & then all carefully before breakfast. During the forenoon I was variously occupied till 6. after which went aboard the flag ship and talked with various persons. Cannot recall very much that was wrong - nothing indeed. After my return however I deferred to speak my own prayers. These were devoutly said at last with more of hope & faith for Wolverton than the last week has known. Lunched at moderately and without

any definite fasting yet with self denial. No special temptations.

Evening - 8.30

I have suffered these past few days very much from nervousness - and some indigestion so as to affect my ability either to read or to think. Went ashore and called at Mr. Eason's this afternoon - afterwards played billiards for an hour. At dinner both ate and drank moderately. I have not mingled very much with others.

Saturday May 22^d 1896

Asleep very heavily last night not waking until past 7.30 this morning. Rose at 8 took time enough for my prayers. Breakfast as usual late moderately. During the forenoon I followed no particular occupation. Wrote some official letters. Was a little backward again about my noonday prayer, and quit when Missan Captain English came on board - talked with him for some time - speaking of the new organization of the Navy and other trifling topics. Captain left I said my noonday prayer and was by God blessed with more earnestness and fervor than I often feel. Since then lunched eating and drinking moderately. No special temptations in the course of the day. Much more cheerful with regard to W. which is no doubt in part due to his having been away a whole week - and also to my feeling in better health - But then I have rejoiced so in that God is my prayer for him - for the worship of Jesus Christ our Lord.

Evening.

Cushing came on board this afternoon at about 3, and sat some little time. He told me of an act of impurity on the part of one of the officers of the Squadron, a feat for this world; I did not give too much sanction in my

C. and I went ashore afterwards and played
 some billiards - very badly upon the whole. After-
 wards called at the Consul. Conversation of the
 generally unprofitable kind. Returned to the ship
 meeting & exchanging a few words with Williams
 on the Beach. Dinner ate and drank in entire
 moderation. Tendancy a little toward down-
 heartedness - but not strong.

Trinity Sunday 1869
 May 23^d

Got up a little late last night and
 was very sleepy this morning but rose in good
 time and, as is generally the case when not
 hurried at that hour my morning prayers
 were devout and attended with pleasant
 feelings. Had not much more than sufficient
 time to get myself ready for ~~the~~ quarters and divine
 service. Mr. Eensor annoyed me very much by
 his very violent & ranting language - I said
 "damnation" under my breath - a very gross sin
 and mark of profane. My manner after service
 was constrained by very unpleasant feelings.
 Walked a while on deck - and then coming
 below said the Holy Communion Service in my room.
 not forgetting to pray for my friend and all others
 who are dear unto me. Was very hearty at lunch
 and have since then been feeling very sleepy.
 Drove off in fact for a few moments - then
 went on deck and have been talking with
 Bicknell - abused the East and in a general
 way its people. Spoke of the fact that
 people in this quarter had not cottoned to me, a
 thing doubtless to be thankful for, but not
 an one which to plume myself, as I did.

Otherwise I do not recall any special sin, of my
lips.

Evening 11 P.M.

This afternoon after writing I said the after-
noon service and read Gaulbuser's sermon upon the
manifestation of the Holy Trinity in the Revelations. Dr.
Tracciani from the flagship dined with me - had a
very nice dinner - ate and drank quite within the limits
of moderation - and conversation far certainly from
gross wrong of any kind, and I think I may say reason-
ably profitable. Spoke once or twice of people, but
not in a spirit of detraction. After the doctor left I
walked on deck with Dicknell for half an hour. The
tendency to idle day dreaming is again making itself
visible and I have wasted moments there that might
have been better employed.

Monday May 24th 1859.

This morning I again overslept. It is surpris-
ing to me how very heavy I now am - my state reminds
me of my Convalescence in 1855. Morning prayers
were intended to be devout but my stomach must
have been changed I could not collect my thoughts
well. Still the same at General quarters a sort of mist
passing before my eyes. After quarters there were several
hard pieces of business which required my attention, &
kept me occupied till I went to the flagship - Had
a talk with English about line and staff - that wretched
subject, which you cannot be disregarded - No
special temptations this morning - I have not yet
drunk anything -

Evening 8.30 P.M.

To day I had been invited when to supper
at the English Consuls. Went at one o'clock the
hour set, but did not sit down until nearly 2.30.

That watched how oft talking about weather & all sorts
of stuff. At ~~dinner~~ ^{lunch} late quite in moderation and
was by God's help kept from drinking & excess. I am
sure His prayer must have helped me, and before
going up I prayed for myself. Conversation of
the desultory talk kind. After dinner talked a
while with Hooker and with the Portuguese (now
Began to get very much bored). Came aboard
a little before 6 and watched the absurd race
between the officers of the Osage and Oneida.
At 6 o'clock or so dinner and drank moderately.
After dinner called on board the Clarence. Talk
generally harmless, although it ran upon the
sanitary precautions against Syphilis &c. a style
of conversation not generally either profitable or
pleasant; what may be called unseasoning.
Tuesday May 25th 1869.

This morning arose very late - was awake
in the midst of the night by a rat gnawing in the cabin
and lay awake for three hours - head & stomach feeling
badly; tempted slightly to impurity but speedily delivered by
God's grace - sitting a little about 11. Morning prayer
pretty earnest but head dazed. Employed during
the morning very mainly in religious reading & study as
far as my head permitted me. Walked on deck a
short time at 11 and wasted some time there. Morning
prayer very fervent and especially earnest with more
of hopeful faith & desires than available for any or
others. But much great and true comfort in the thought
that it is for the worship of Jesus Christ that we ask.
In His own words made it needful to believe that
we shall receive.

Evening 9 P.M.
Studied or rather tried to study Sadler

This afternoon. At 3 o'clock had the gig manned & went ashore called at the French Consul's and upon Mrs. Hooker; was so fortunate as to find both out. From there I went down to the billiard room and after knocking around by myself for a while fell in with Cushing and played down few games with him. Returned to the ship by 5.30 and dined - ate & drank moderately. Good temptation to drinking ashore but I resisted. Truly W's prayers are being heard. Since supper strolling around & reading Smiles' Huguenots

Wednesday May 26th 1869.

This morning I again slept rather late - but had time enough for all my devotional duties. Prayed quite earnestly to be excused of my duties as a member of the Court today not forgetting also to ask for those who were to sit with me. The Court Martial occupied us from 11 till 3 o'clock, desperately tedious - I have not thought of him so much as would phase me to remember that I had. At lunch ate quite moderately, but drank two small glasses of brandy. One should have sufficed. Herein I did wrong. Also spoke excitedly once or twice & used up-essing almost profane.

Evening 10.30 P.M.

This afternoon I went ashore after saying my usual Wednesday's Litany. Played several games of billiards with Cushing, beaten by a little every game. At dinner ate moderately. Spirits poor and feeling under the weather this evening. The last half hour I have been walking and do not indulge in the most absurd day dreams. Also tendency toward drinking now any time during the last ten days. Have displayed temper two or three times. Also somewhat morbidly depressed at times.

Thursday, May 27th 1869

I wake feeling very badly this morning - apparently with a cold settled upon me. Made matters worse by putting on white clothes - in the course of half an hour was quite chilled. Had not time for much beside my dressing, shaving and necessary prayers, previous to going on board the ~~Freemason~~ Idaho, for the Court Martial. I attended to the work on hand well enough all day. Got much chance for wrong conversation or any definite direction of thought right or wrong outside of the line of the evidence. At lunch I ate heartily and drank more than I had intended to, though quite within the bounds of moderation. Discussed then the measures before the Court &c. My personal remarks that I recall exhibit tendency to downheartedness and morbidity. A feeling of my alarm prevails upon me - and naturally turns toward W. the nearest friend who might as well be in the U.S. almost. But this is all wrong.

Evening 10 P.M.

Went ashore this afternoon and called upon some ladies. Conversation stopped and harmless enough. Returned just in time for dinner, which Cushing took with me. Ate and drank within rule and due bounds. Talk mostly harmless enough, though I thought once or twice I did not wave out as boldly as I might and showed on the side of Christianity. Vain day dreaming during the past half hour, feeling indisposed to my prayers. Tendency still a little to downheartedness though not so much so as before.

Friday May 28th 1869.

I rose late this morning after a very heavy but unrefreshing sleep. A good deal under the weather - stomach particularly very much out of order. At the Court this day - I behaved pretty well - so very special temptations - a little excitement occasioned by Cushing's attempted interference once or twice -

Y^{ork} Kohama Thursday July 22^d 1869.

My first entry after a long and tedious sickness. This morning I rose after a fair night's rest in pretty good time. Prayer distracted. Mr. Grand falling in with W. has upset me again - No particular harm this morning in conversation &c. - but mind running very much on W. but I am not now much interested in his spiritual well being I think. Monday prayer also distracted.

Friday July 23^d 1869.

This morning I rose in good time. I had passed a very sleepless night and have suffered all day from heaviness in consequence. My morning prayer was devout very earnest for I have been grievously distressed about W. W. who has in very truth gone back sadly from the fair promise of two months ago. At the very little at breakfast - after it wrote to Hays asking him to unite with me in entreating God to help W. in this sore strait. Afterwards went on board the Piscataqua with Bradford having a survey on hand - this took much less time than I had anticipated - and I was back by 11.30; took a short nap and after it Smith & White came on board sooner than I had anticipated so I had no time for Monday

prayers then. Oth and drank moderately enough at lunch - talked however some scandal when there was provocation thereto. After my guests left I said the prayer that belong to 12.

July 24th 1889

This morning I slept late. Do not recall any especial wrong talking at breakfast. Came on board at 9.30 - attended to a letter business; said my morning prayers. After went to the brook for a few minutes - then ashore to the bank to get a draft - went to Hayes he and I called at Mrs. Hepburns and in talking said little harm. Hayes and Woolcutan lunched on board - was a little displeas'd at some deficiencies. After lunch talked various matters. Felt W. of Summers tendency to drinking - which was causeless - and so on.

Evening.

After Woolcutan came I went ashore with him - first to the tailors then proceed toward church & thence to the club - After talking a little while on the club porch and finding that Bradford was not coming ashore we went together to the minister's saw Mrs. Oglesby and Mr. V. I do not recall anything markedly wrong in our conversation - It took supper with me - and remained until just now 10.30 - Talked principally about some affairs of his - I do not recall any thing that was said markedly in the way of gossip or wrong or evil speaking.

St James' Day,
Sunday July 25th

This morning rose early and washed etc. My morning prayers were earnest, but not fervent. I wished that for which I prayed but had not heartiness of feeling. Had a caustic dicant to

disinclination attending the Church service - but by prayer that was removed. Read with loud earnestness and attention. At Church my devotions were much marred by a wretched self-consciousness - and consequent forgetfulness of God - the same was the case at the afternoon service. Woolverton breakfasted with me and indeed has spent most of the day here. I am again having much sorrow concerning him - may He help me to bear it. Have wept and wept. I do not recall much that was wrong in talk. N. told me that the only accusation made against my Christian character was that I was over scrupulous. Phased and I fear states me. Evening prayer distracted though I was sadly in earnest. Much self-seeking today and very little thought of God - much talk of the church, little love to Christ.

Monday July 26th 1869

My rest was not sound last night - and I am feeling sleepy. I was devout in intention and desire in my morning prayer, but my mind wandered. Had abundance of time to do all that was necessary - none of devotions slighted. Attended well at the general exercise of the morning - and then went on shore - called by draft at the Co Bank - saw Hays for a few moments - sat at the Club and read a little. Had a deal of impatience by the stupidity of the Comptroller and tailor - yielded a little.

Evening.

Spent the hour near noon as I had intended to do - in preparation for the Holy Communion to be celebrated on Sunday next. Woolverton came on board and breakfasted with me - he was in very bad spirits from which it seemed hard to arouse him.

tried a bill to do so but without success - afterwards
 he went away and then English came on board
 I had agreed to pick W. up on my way to the Piscataqua
 and did so. He was still grumpy - On board the P.
 I heard the good news that the Crosshook was to be
 deprived of her crew and shortly sold. This quite up-
 set me with pleasure and I afterwards told W. and many others
 about it. After putting him on board his own ship - I my-
 self went to the "Cinquais". Found only Ludlow and Clutter-
 went ashore - down to Lewis town &c. &c. Talked with
 Langhorne & met Mrs. Phelps a few moments. At
 supper I ate pretty heartily - and then went to the flag
 ship. On board he talked with the Captain's assist-
 ant of Scott Stewart's discreditable performance and
 afterwards indulged in some self glorification as
 to his performance when a midshipman. Have
 been on board the Cinquais again. I do not
 recall any special faults save those I have mentioned - but my frame of mind
 has been excited and nervous and I may have
 said or done wrong that I was not of.

Tuesday July 27th 1869.

This morning I lay in bed late because I had
 been very sick and wakeful during the night - The
 Great Republic arrived and Woolcuter's ship came by
 here. This has been a disappointment to me in some
 ways - especially because I had hoped to go home in the
 same steamer with him - and also for the present loss
 of the Society of our whom I dearly love. This has
 been my trial today - I would which I have prayed
 and although much has been against me - I have
 not altogether failed - My letters from home all bring
 me good news and I have not yet thanked them therefore
 My mind is harassed fretful and worried

Evening.

I shortened my midday reading to get aboard the flag ship and although unemployed all the afternoon have not yet made up the deficiency. Walked a great deal on deck - for exercise and because I was unhappy - Have speculated a good deal on the ship's chances of going home - and have been very unhappy thinking about Warburton's sad declension. My heart almost fails me. I do not think of the matter scarcely for the sickness & despondency it causes. Employed the evening writing a long letter to him.

Wednesday July 28th 1869.

I rose ~~late~~ late this morning - very low in spirits - fearful and tearful about Warburton; heart sick at thinking of his fall - which some how sickens me to remember. God most graciously with me and my prayer were a source of real & sensible strength and comparative comfort. Read very carefully and found a passage in Thomas à Kempis that cheered me. Have been writing to W. during the morning - and finished my letter. My mind is not so cheerful & happy but I can truly say I am prayerful and am striving.

Evening.

This noonday my prayer were very fervent and full of sensible consolation from God. But alas at my lunch to which I had expected Gales I overate and drank so that I was very heavy and sleepy during a great part of the afternoon. Have smoked more than usual. Gales called upon me at about 3, and afterwards Dr. White came in. I do not remember that I spoke wordfully of any one - to either

of them. I have not felt so much trusted though still somewhat so about W. Anxious whether he would come aboard or no. At 10 supper. Bradford calls being about to sail for Nagasaki. More rumors about the ship being sold which however have not disturbed me. I have a general feeling of restlessness but Woolcutaw his prospects - his resolve for the future and his leaving me now monopolize all my definite care.

Thursday July 29th 1869

Arose late this morning being quite sleepy - I have not had any special temptations - My main trial just now is parting with Woolcutaw - which I think God has given me grace to bear very patiently and at last hopefully - My long evening with ^{him} yesterday was a source of great gratification to me - and I hope that his wish is better, and perhaps his resolve firmer than he himself knows. As my fate lies in God's care and it is God's will that he should leave me and I therein do rejoice yes and with rejoicing - knowing that this shall tend to his salvation through the goodness and care of God.

5 P.M.

I said my noontday prayers with some earnestness and fervour and afterwards went on board the China to say goodbye to people. Woolcutaw was the only one I cared to see. He was so distracted and seemingly bitter and thither that I had no chance to more than say good bye - and my sensitive feelings took offence I was very cold in my leave taking. In the afternoon I have been fighting my dullness and depression - and I see that my concern is now become grief at separating from my friend rather than regard for his welfare. Nevertheless I will try and show that

God will rectify what is amiss in me - and not suffer anything that would offend Him dreadfully take root in my heart.

Evening.

This afternoon went ashore at 5.30 still very much depressed. Went into the club for a few moments when I met some people talked with them for a little while - then started out and took a regular walk all around the settlement. Stopped at Carrs and on my way back read for a little while at the club - then went round to Mr. Rees' intending to take tea there. Could not recall any especial ~~evil~~ ^{evil} speaking or sins with my tongue this evening. Have been much troubled and very sorrowful during the day at the remembrance of Washburn's departure. My dear dear friend may God bless you and bring you into the fold of Christ's Holy Church.

Friday July 30th 1869.

This morning I rose in fair time. There is really so little business to attend to that I do not have any work on hand. Morning prayers earnest. Attended to some little business during the day - called upon Mr. Lea of the "Emancipator" and upon Lewis and the N.R. officers of the "Osageois".

Evening

The last half of this day has been a bad one for me. I neglected some of my usual reading - without adequate cause. Went aboard the flag ship - got excited about the prospect of selling this ship - putted myself over contradictory rumors &c &c and have been rebellious taken with seven evil pains and mismaned against God - sworn at the boatmen who brought me off to

the ship. I do so want to get home - I have so much at heart seeing and being with W. making that trip to Europe of which we spoke together &c. &c. Had an interview with the Admiral - and talked about the staff broadly - as a stroke of policy for myself.

Saturday July 31st 1869

This morning arose pretty late. Had a most very sick spell last night - Morning prayers pretty fervent but I do have very carefully to put myself under God's care now - I am so much tempted to impatience & rebelliousness against Him. Have felt very badly all the morning. Reading most of the morning. No special temptations but when Mr. Lea came on board we talked of some people a little evilly - Leary - Strong Carter &c. &c. Have eaten very little so far today.

Evening.

Went ashore about half past two very heavily clad for the season and found I had gotten hold of the warmest day of this year. Dined at the Revere at 3. Conversation there was I think harmless enough. Went from there to the Club and from the Club to Carrara where I talked with Spooner for a time - I am sorry that I there spoke of some of the young girls here unkindly. Returned to the Club - remained a few moments and then came back to the ship. The heat is intense and almost disarming -

Truth Sunday after Trinity
August 1st 1869

I slept late this morning. Morning prayers and service absent but the weather prevented church aboard. I have not prepared myself as carefully as I intended for the Holy Communion

to day - but I have been sick at times, and a good deal
 preoccupied by my rather distressful separation from my
 friends and to win hearty in the service of the Church, and
 once or twice felt as though the conditions for acceptable
 Communion were by God's grace fulfilled in me. Prayed earnestly
 about my special faults and present temptations - as for
 my loved ones. Yet immediately after leaving Church, as
 before it showed much irritability - also talking to
 Dr. Tracoun showed fretfulness and impatience con-
 cerning my ultimate lot when the ship was sold -
 Broke my resolution in dwelling upon these
 things at all. After my return I felt down hearted
 but by God's help I then did struggle, and have
 not yielded. Health not very good certainly not
 first rate - my pains in stomach still hold on
 Evening.

My low spirits cling very persistently
 down this evening - I struggled against them,
 I will not say in vain but, without much
 apparent success - and my thoughts in unguarded
 moments wandered continually back to those topics
 that provoke despondency, fretfulness and dulness
 in me. My temper is not herein good - and there
 is a long uphill fight before me - or I can leave
 to rejoice in divine temptations - for even in these
 small things my strength sadly fails me. After
 supper went for the first lieutenant and talked
 with him some time to keep my sad feelings out of
 my mind - I don't think I have spoken very
 ill-naturedly of any one - though in one or
 two remarks I might have avoided

Monday August 2nd 1869

This morning I rose rather late. I passed a bad restless night with severe pains in my stomach - Deep under great tribulation. Kimpes men Equarts, and I much less fearful and sorrowful for Woolventon. Went on board the "Boquais" after breakfast desiring to see Leach. had a long talk with all their officers especially the latter. Talked about various things in the Squadron and finally began to get uneasy again on the subject of going home. My fretfulness and irritability made themselves felt by me, but by his goodness I have not greatly yielded. My resolves & sternness of that subject which had with these feelings ~~was~~ ^{is} however broken.

Evening

McCrea dined with me today. My Monday devotions were somewhat troubled by physical causes I think - I could hardly control my mind at all. Do not recall any wrong speaking there. Went with Mr. Whis ship and thence ashore. I was not very talkative. I have said several times and very unnecessarily that I do not like Canton. The abundance of the heart which gave rise to this is evil. Have also broken my resolves by engaging conversation upon the subject of my going home. I am tempted to wish and even to keep myself sick in order to accomplish that end - Must pray for honesty of heart and act. The thought of God is not so constant in my heart. Worrying again about Mr. Whis. Evening.

Tuesday August 3rd 1869

Passed a very bad night - and was in much pain when I woke today - However said my morning prayers as well as I could - and read after breakfast. The flag ship made signal for me at 9.30

My pain continued up to the time I got aboard her but
 have since been diminishing - quite comfortable just now.
 Still have loved in speaking and thinking of my prospects
 for going home - I am afraid if I do not look out I shall
 be of disappointed - I have not been very downhearted.
 About W. I have had more faith - expectant faith.
 Evening -

A wet quiet day. I have noticed that my
 temper is very irritable though but little brought
 into contact with others. At my lunch ate moderately
 enough but my pain began after it again - Have been
 reading almost all the afternoon - Have successfully
 enough resisted occasional temptations to downheartedness;
 am not so much in the dumps as I was - at least I
 have not been to day. I have a good deal touched by
 Thackeray's Newcomes - how heart answers to heart;
 even in my limited experience there is much like to
 that which he tells me. Have been moderate and
 temperate and fancy I am less troubled this night
 than I was last. Have been in a more prayerful
 mood to day - and faith has been more perceptible.

Wednesday August 4th 1839.

This morning I awoke late having slept heavily -
 Have been a little heavy all forenoon. Aft to speak
 truth and quickly still. No special temptations but
 when I went on deck to walk - thought of my prospects
 and of Wolverton in my daydreaming way. Broken
 resolve again. Noonday - sitting earnest. No remembrance
 of my thoughts in dressing - Affection in my language
 4. P.M.

I ate moderately at my lunch. After lunch
 Childam & Phelan from the *Enciso* called upon me. Had
 a talk with them. Going home - thought but going
 home is the topic everywhere now. A little inclined to de-

pression again thinking about W. but this was
dispelled by being prayed against. Not a great deal
troubled just at present about my prospects.
Evening.

Went ashore & up to the club - thence to the
ministers. Saw Miss Oglesby and Ludlow - a rather
funny encounter I thought - Facked some while
during which Ludlow left the room. No harm in what
I said. Walked leisurely down to the settlement -
Thinking of - what in the world did I think of - Miss O
Junafin and that funny scene I think - Read
for a while in the club - and after some hesitation I
concluded to return to the ship. Have been reading the
Newcomer during the evening. Thought considerably
of what Miss O. told me that W. had called there
the day he got his orders. The rascal, continually blaming
about his fatigue and the amount of work he had to do,
never came on board me the whole time. I am inclined
to be wrathful but cui bono. Frank's don't seem a
characteristic of his - he certainly gave me the impression
whether intentionally or no - that he had not been able
to get away from his ship - till the morning of departure.
Still I don't question his attachment to me - I have
only given him more than I got in return - a common
rough chance in life

Thursday August 5th 1869.

Woke up again in considerable pain this morning
more suffering in fact than I think I have yet
felt. Went early on board the flagship for duty.
Do not think that I said much that was wrong - ex-
cepting that I talked about going home &c &c - and
have so got a bit of a little more depressed - not.
Yet I do not find such definite causes of grievance as I
did - for Woburn I have less wish to see - my iso-

lation I do not so distinctly feel. The dullness is vague and intangible.

6.30 P.M.

Late heavily at lunch today. No today prayers attentive but not earnest - scarcely much my fault. Reading during the afternoon. Saw and Williams called upon me today. The latter telling stories of the Rices in Hakodadi; they certainly must be the meanest of the mean. I was amused and not displeas'd when this evil. Talking with Mr. Green after wards, I too spoke evilly - though I refrained from repeating the stories I had just heard. Spirits dull and I have thought and talked of invaliding home - Can a person be gay with a constant belly ache.

Evening.

Ate moderately at my supper. Read the Newcomes - Had the intention of going to call upon Mrs. Phelps but the rain began again. The last half hour thinking of Wadsworth - and his future prospects, temporal not spiritual - Have not troubled myself so much since my last writing. Pain occasionally severe.

Friday August 5th 1849.

Last night I suffered less pain than heretofore - and slept better - Wake depressed and discontented, and suffered myself to remain in that state. The same frame of mind has been constantly returning upon me during the forenoon. On board the *Providence* for a combi manual at 10. Prayed that I might be enabled to act justly - Conversations light and bantering but in no way wrong that I recall.

Evening.

Very dull and even sleepy during my maunday devotions - so that I dozed for a few

minutes while reading. Ete moderately for lunch. After lunch read the Newsome for a while. Went on deck a few minutes, saw a race between two English boats and talked a little while with Mr. Bradford. Went ashore at 4.30 saw Stewart a few minutes - Called at Mrs. Hephurns - stayed quite a while. Conversation harmless. Returned to the ship - took supper and again ashore to call upon Mrs. Phelps - My stomach is giving me less trouble today. I do not as I have said recall much of harm or evil speaking this afternoon. But the tension may still continue & scarcely checked to talk of my going home &c &c. Found out how Montebello came to be ashore while so busy with his journal. Can't say exactly how I acted his actions. I don't see that even as regarded the test of his affection for me I could find any fault - if he had told me anything of it. However I think it shows that his regard for me is not overpowering. It is natural to think that for a "dear dear" friend one would manage to squeeze out a few moments to say good bye even at the expense of a flirtation. The apparent lack of frankness grieves me most. It seems as though he were aware I would not be pleased at his neglect of myself. My duty though seems plain - "though the more I love you the less I be loved"

Saturday August 7th 1869.

This morning at my row usually late hour. My stomach was very painful and distracted my morning prayers. Had not very much time after breakfast before going to the Court Martial. I think if I remember aright I prayed before going - I know I did before writing the sentence of the last man. Robeson came on board with me at seven bells. Our conversation spoke of the Rices. I do not very well recall my conversation but

not think that outside of the mention of them I did wrong much.
Refrained from saying very much against them.

Evening.

Said secondary prayers after writing. It was, to be sure, late but the nearest I can do. Dined at same supper and went ashore - Stayed at the club a few moments, played a game of billiards with Obson and then went round & called upon Mrs. Reiss. Lapped with them taking little or nothing. The going ashore certainly had the effect of taking my mind off myself. I urged once upon speaking ill of others - but was kept from saying one thing so easily. Sometimes I wonder if considering the facility with which I at times fall with open eyes into this sin, God does not hear my prayers by keeping me from the desire to do so as a general rule. The utter weakness of my own endeavours - with the comparative rareness of hermits falls seems to me to point to this - my weakness - God's grace.

Eleventh Sunday after Trinity
August 5th 1869.

Passed a wretched night - violent pains in my stomach - preventing me from getting more than from 3 to 4 hours sleep. Very much played out in the morning. Prayers were affected by my sickness - Was able to go to church and pains have not been troublesome since. Attention in church was very bad - thoughts often vain and wandering. Walked home with Mrs. Reiss.

Dined there. Told her the scandalous stories about Robinson - Spoke once or twice rather slightly about Mr. Bailey who is not a nice man.

x x x

Quoted in my last night's reading Hebrews x these words - 'Having therefore boldness to enter into the habitation by the blood of Jesus, by a new and living

x x x x x

way which He hath consecrated for us through the veil that is to say His Flesh - let us draw near &c."

The means or channel whereby we draw near to God is here very explicitly stated to be the Flesh of our Lord, that part of His Nature which He shares with us and with us alone.

The means or channel whereby God comes most closely to us - most fully and perfectly bestows His grace is through the Flesh of our Lord Jesus Christ given for our spiritual sustenance in the Holy Communion.

So the Church believes and teaches; but many Christians deny this teaching concerning the Holy Sacrament though having in view the very words which to me and to the Church appear so explicitly to teach it.

Would it not be an additional argument for our position that as St Paul beyond peradventure teaches that we draw near to God through the Human Nature of our Lord - it is philosophically more consistent that through the same channel God draws near to us. That is that in the Holy Communion Christ's Body is really though spiritually received, and God's grace more specially imparted in the act of reception bestowing it.

Evening.

Have been quietly by myself all the rest of this afternoon - Said the prayers usually for Monday, and read the psalter and lessons for the Evening. After supper read the "Churchman" for a while. Some day dreaming but harmless (mostly - pardon me) I think.

Monday August 9th 1889.

This morning again rose late. Slept heavily during the night. Stomach painful during the first two hours. Sat on the Court Martial in the which I prayed Resolutions not to speak evil of others broken by coming

across the account of the Meade troubles in the world. What I said wrong was simply commenting upon the affair - unkind - no sympathy for the family thus rudely dragged before the world.

Evening.

McClea had invited Batcheller and myself to lunch with him. Etc and drank temperately and with sufficient regard to my health. Talk not wholly innocent. They spoke of many persons and in some ways very disparagingly - listened without disapproval with interest - with satisfaction. Went afterwards to the Quetta, saw Stewart but not the Captain. I think I drank rather too much on board the C. Have been on board ship the rest of the day read & finished the "Newcomer" & addressed myself. After supper read generally after it. Spoke again against Carter.

Tuesday August 10th 1869.

This morning rose at 6. Had a better night's rest. I missed - morning prayers were perhaps earnest enough in intention - but subject of the vesper's destination that has marked some days past. After my breakfast had only time to shave before due at the Court. Prayed that we might be aided to be both honest in intent & correct in act. Refrained a little from speaking evil. Robinson came on and lunched with me during the recess of the Court.

Evening.

Went ashore lunched about a little and then took a horse my old horse and rode round the road - old familiar expression. Returned to the ship for supper - Barney Williams came on board and talked till 8. I assented to some things he said but was manful enough to speak of the Admirals' great kind up done. After he left I wrote some papers to mother.

Wednesday August 11th 1869.

I rose at my usual time. Again inclined to be depressed about going home &c. The Count Martial met at the posternous hours of 9, and my prayers were somewhat curtailed. Stayed a little while in the ward room of the Inquirer and then returned to my ship. No special faults today. Coming.

This afternoon at lunch I did not eat a great deal, nor drink at all to excess - got a little heavy and sleepy afterwards. Went on board the Onida to call upon Williams but did not see him - stayed with them for a little while talking - spoke of the Admirals' not giving Carter a carpet when he had English. Returned to the ship and soon went on shore. Rode out round the road; passed Miss Ogleby and did not join her. I am afraid my lack of attention is impolite - but really my riding is so poor and then I was not nicely dressed. Saw no one after my return and came off immediately to the ship - dressed and supped and called upon Mrs. Phelps. Conversation harmless I think - although we spoke of some persons.

Thursday, August 12th 1869.

This morning found myself very lazy when I awoke. Dressed leisurely and attended to my devotions. Was not expecting the Count Martial to accompany again and so found myself rather taken aback. Went on board the Inquirer at 10. After my return amused myself reading; suffering from very heavy sleepiness tonight - Mr. C. came on board at 11, talked a few moments. No special temptations today. Prayed for guidance about Count.

Coming.

I went on board the flag ship today wishing to see the Admiral who was not on board. Talked with Macerum & English a little while - after my return from them - read a little while and then went out to

286 = 210

ride on Mrs. Phelps horse who ran away with ^{me} and threw
me. I am afraid I tried to cover my natural shame at
such dealings with me by false excuses. Got the horse
back finally all night - Dined with Mr. Coe this
Evening - Conversation fortunately not turned up on persons
nor in any way impure or profane. Passed a very
pleasant evening - from which I am just returning.
Have smoked too much.

Tenth Sunday after Trinity
August 15th 1889

This morning I rose late after a very heavy
slumber under the influence of opiates. Mood dull and
despondent all the morning - and in church what between
my depression & the excessive heat - attention was very poor.
Came down from church with Dr. Macconn - he told me
he would see the admiral tomorrow and advise my returning
home as speedily as possible - this month. I was very
glad of this. Ate and drank sufficiently moderately at
dinner - still I was very sleepy afterwards - and have
done nothing all the afternoon.

Monday August 16th 1889

Sick again last evening. Rose about my usual
time this morning - but postponed my reading until after
breakfast. Temper short. No special temptations, I having
stayed quietly in my room.

7 P.M.

Read for some time after supper. Became con-
vinced by my Monday reading that I had splot too
much because so presumptuous in a fancied claim I
had upon God in virtue of my long and earnest
continued prayers for H. that I had (and forgot that
only the all sufficient atonement of our Lord Jesus
enabled me to expect anything for myself, still more
for others. Repented my fault, and by God's grace will

try to amend it. Went ashore a little earlier than usual & called upon Mrs. Heard and at our Ministers'; no one at home. Talked for some time with Mr. H. I do not recall anything wrong in conversation to-day. A little down hearted and depressed, and thinking of that dear absent friend, whom I have lately lost with anxious fears lest he fall again - forgetful of the God who is able to make him stand.

Evening.

Went ashore immediately after writing, called & spent the evening at the Reiss'. Except the mention of our newly arrived Consul, nothing wrong was said about any one, and as regarded him the talk was neither unjust nor ill natured. He certainly is not a credit to the United States.

Tuesday August 17th 1869

Rose at my ordinary time this morning. Said my prayers before but read after breakfast. No special temptations in the forenoon. The doctor being sent for and board the flag ship brought us back some news that rather upset me and distractedly watched by my woeful prayer and reading. Aft. heartily at lunch. Once then had had a visit from Mrs. Heard and have been reading. Heavy and sleepy as usual after my lunch.

Wednesday August 18th 1869.

The intense heat of the past few days has been quite overpowering to me. This morning rose late but attended to all my devotions before breakfast. Went on board the flag ship at 10. I have fallen into some very sad fancies - especially in the indifferent way in which I acted toward some of the officers of the *Arctique*. Fletcher particularly and one or two of the Engineers - This is probably the last time that I shall see them upon the station.

Went ashore after lunch at which I ate moderately - and inquired about the fare to Europe. Rather taken aback by the prices. I don't see how I am to accomplish the journey unless I can in some way raise more money. Lounged the evening away in the Club - Came aboard about six. Took my tea &c - Went ashore after supper & called at the Phelps - Mrs P. not in - none but men - again failed in hoping proper guard over my speech though the most part of the conversation was harmless enough.

Thursday August 19th 1869

Arose as usual - Went ashore at 10 - Have been a good deal depressed all day - Went on board Mr. Cress's ship at 11.30 and stayed & lunched by invitation. Nothing very wrong in our conversation. After my return aboard glanced over a novel and said my noonday prayer - Went ashore again, met Mr. Cress, played some billiards - read a little while. Exceedingly close weather - spirits & whole tone very depressed - I fear wickedly so - it is a little hard to keep up - yet I know it can't must be done.

Friday Evening August 20th 1869.

We had & almost a typhoon - quite a violent cyclone at least today - One of my first pieces of news was that the ship was dragging - at which I became exceedingly impatient - During the morning I was for a long time until the increasing force of the gale called me up on deck. Noonday prayer was thereby disturbed - Have not had much conversation with any one, what I had harmless. Have eaten and drunk moderately - Reading all the time that I have not been on deck.

Saturday August 21st 1869
Evening

This morning arose at about my usual time. Had to write a letter to Sam Ash but got dreadfully sleepy and had to give it up. Attended to my noonday prayers &c. After lunch stealed upon Bradford. Went ashore immediately afterwards and sold Brown once at a native. Coming back I met Bradford again who came off to the ship. - I do not think that I have said much wrong in my conversation today - we spoke a bit of all true but scarcely ill-natured on my part.

Monday August 30th 1869

I thought I would intermit my self examination for a time but it does not pay. This morning I rose late draped leisurely talking time for my prayers. Robson came on board from the Admiral with some orders. Read newspapers - attended to my noonday devotions. Much distressed and grieved about W. Having to write to him brought him more markedly to my mind - Went ashore rather earlier this afternoon. Talked a little while with one Osborne, conversation mainly harmless - The ship is to be sold tomorrow if any one wishes to buy. I am apprehensive but not greatly disturbed in the matter. I feel a good deal the violation of my present position and hope that it may soon please God to send me hence - His ones three years are drawing within close the warmth is felt.

Tuesday August 31st 1869.

Passed a bad night - was very dull with a headache this morning - The ship was not sold. I don't know how I feel - indifferent more than anything else having not yet quite given up my hopes that I shall get home in any event. Talked to visitors politely though heavily - During

my leisure was reading a novel. It is not for me to concern myself about the future; only to spend this day well and not to grieve. I recall no evil speaking that I have done. Not so much depressed - have thought but little of Woodruff.

Fifteenth Sunday after Trinity. 1869
September 5th

Have been up in bed. Have reproached myself with the sin of drinking & smoking to such a degree as to affect my health and so fetter all devotion of spirit. Very drowsy and depressed these past days. This morning the same and exceedingly irritable in addition. Received the Holy Communion with feelings entirely dead, unable to pray intelligibly to myself - before God. No special temptations except to irritability to which I yielded. Am intending to ask for a medical survey. My expectations attendy Chamber.
Evening.

I gave up some time this afternoon to my devotions, and my mind gradually became more calm and devout - When I went ashore I was feeling quite happy. Attended service - attention only fair excepting to the sermon. After church went round to Mrs. Hepburn's when I spent the evening. I do not recall much nor any gossip or scandal spoke of Woodruff - what I have heard of him recently does not much please me - and he does not show any amount of affection for me. I am hurt - and grieved both - by him. The company he seems to have chosen - good fellows certainly don't do me justice with for his conduct in California.

Monday September 6th 1869.

This morning rose in good season and was not cramped in my devotions. Went on board to see the Admiral but found him just going to the *Monacaey*. Talked with them for a while in the ward-room - nothing wrong that I recall. Noonday prayers distracted - and my mind again upset by the comparative claims of Quez and California. After my lunch again seized by heavy sleepiness which continued up to near four o'clock. Went again ashore - saw Stearns who questioned me about the ship. Did I answer him quite fairly? Saw afterwards the three other Captains at Carrolls - had a short chat with them. Called upon Read told me a good deal about the old classmates who had succeeded - rather gossipy I fear but not very wrong I hope. I said nothing.

Tuesday September 7th

Rose very late this morning and did not get on board the flag ship until nearly 10.30. Saw the Admiral for a little while - talked somewhat on duty saw some of the fellows and then went to a survey on board the *Monacaey*. Mind a good deal agitated at the time of my noonday prayers - attention divided both praying & reading. Stearns and his friends came on board - talked with them - nothing very wrong. After they left called aboard the flag ship saw McCrea and the Admiral -

Wednesday September 8th

This morning rose again a little late. Went on board the *Monacaey* in order to see McCrea about some business. Attempted to read Guizot's History of Civilization but failed in attention. Walked on deck for some time - very nervous and my mind harassed by indecision concerning my choice of route homeward. Noonday prayers similarly affected.

After my lunch sat down and took a deliberate survey of the situation - praying God's guidance - and seeking to settle my mind. Robeson came on board, we had a talk. Went ashore & took a ride - Read afterwards in the Club - Came on board and have been reading thinking or talking all the evening - Nothing very wrong in my conversation - though I said one or two things slightly disparaging about others.

Thursday September 9th 1869

Rose at my usual rather late hour today.

Thought about W. with Fulwigs offiqe and annoyance which I endeavourd to suppress and against which I prayed Got the battery successfully out of her. Attended to a survey on board the Chevalot. Came on board the Adventure - Stopped alongside the Massachusetts and then said Goodbye. I spoke once a little slightly of another.

II Evening - 11

My mind was not so harrassed at my nooday prayers as has so often been the case lately. At lunch I ate with sufficient moderation. After lunch I had to write a good deal of official matter and in the midst of it received orders for several of our officers and among them my own to return home. Not much elated by these though the feeling of satisfaction has grown upon me. Talked with various people on shore. Came off to supper and then went ashore again - met E.G. Read; got of course upon old times. I am sorry to hear that he talks a good deal of scandal - in a gossippy way - I am a sharer in the matter - mainly by tacit encouragement somewhat by gossiping myself.

Sunday September 10th 1869.

I woke up this morning with a tendency to soft and sensual thoughts. Was much hurried during the morning as is often the case with me now a days. Went out to see the Admiral and asked him about my prospect of going by Suez. A little excited about the matter today. Schoonmaker & Robeson lunched with me drank and smoked too much & could not calm my mind after it; my temper has been irritable today and seems to have a decided tendency that way of late. More so an old Jap. Provoked but unpardonable. Irritable when duty is to be attended to - and have spoken a little ill of others.

Have now due me on the books \$222.00

I desire to have due me on

		Debit	Credit
June 1st	\$260	\$135	125
July 1st	295	150	145
Aug 1st	330	165	165

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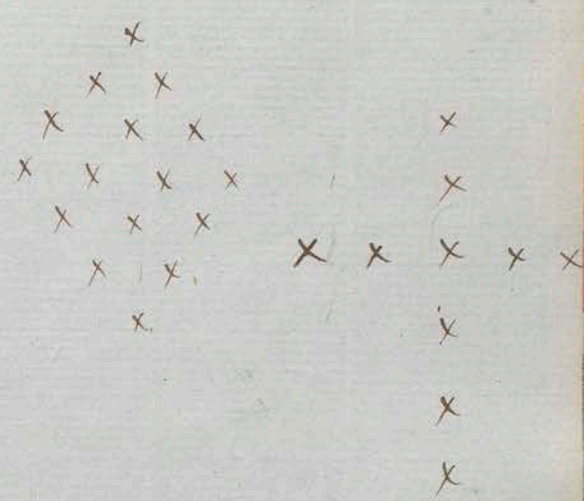
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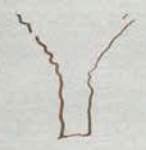
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